

# LESSON 1

**TOPIC: GENDER**  
**SUB TOPIC: WHO AM I?**  
**LESSON 1: WHAT IS GENDER?**

**SUBJECT: SPHE**

**CLASS LEVEL: 1ST/2ND CLASS (6-8 YEARS OLD)**

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## **LEARNING OBJECTIVES:**

This lesson explores how gender does not have to influence the things children like or the activities they do.

**Strand:** Myself

**Strand Unit:** Self-identity

**Strand:** Myself and Others

**Strand Unit:** Relating to Others

## **LESSON OBJECTIVES:**

- Develop a clear understanding of the term 'gender'.
- Explore what children like and dislike based on gender.
- Show an understanding of self-questioning by discussing the difference between girls' and boys' choices.
- Recognise that boys and girls can like whatever they want to, it doesn't matter what gender they are.

# LESSON PLAN



## INTRODUCTION:

- Introduce the word 'Gender' to the class. Does anyone know what it means? Does anyone know what gender they are?
- Ask the question: Do boys and girls like the same thing? Ask the children to discuss in pairs for a few minutes and then tell the class what they talked about.
- Go through the slides of the USB presentation 'Let's meet children from across the world!' this is Laura, she likes to... this is Carlos he loves to... etc.
- At the end of each like/dislike that you read out, ask the children to put their thumbs up or down for if they also like or dislike the thing.
- As you work through the slides get the class to discuss why the children on the slides might like or dislike something. Sample question: Why do you think x likes football/dolls/chocolate?

statements to the list at this stage that are gender neutral.

- At intervals of the activity, you can ask questions: Can a boy/girl like x? Why? Why not? Do boys/girls like the same thing? Why? Why not?
- Show the slide of the girl playing baseball Ask the class questions about the picture: Do they agree or disagree that this is what girls like doing usually? Why/why not do they agree/disagree?

## Activity Time!

- Photocopy the 'All About Me' activity sheet for this lesson and hand one out to each child in the class.
- Tell them to fill in an answer for each question and to draw a picture of themselves underneath their answers.
- Ask if any of the children would like to share their answers with the class.



## DEVELOPMENT:

- Ask the class: What do boys/girls like?
- Write a list of the children's answers on the Interactive Whiteboard (IWB) or a big sheet of paper

## Game Time!

- Put a hula hoop at either end of the classroom. One for 'agree' and one for 'disagree'. [If you don't have any hula hoops you could use rope or cones or sheets of paper to mark squares or circles].
- Tell the children to stand in their chosen hula hoop if they agree or disagree with each statement they are going to read.
- Read out each of the answers that the class has written on the IWB – I like \_\_\_\_\_. You may add extra



## CONCLUSION:

- Ask the children what they have learned in today's lesson.
- Get the children to help you to write up the answers and draw pictures on the IWB or a large sheet of paper.

## Reflection Time!

- Reflect on what the children wrote or drew on the board.
- Think about what was learned today: What does gender mean? What do boys and girls like? Do they like the same things? Do you still think the same now as you answered at the beginning of the class?
- Reflect on the answers and remind the children that it doesn't matter what gender a person is, they can like or do whatever they want to.

# LINKAGE AND INTEGRATION FOR THIS LESSON:

## MATHS

**Skills:** Children will be sorting, categorising and grouping

## **DIFFERENTIATION:**

- Use mixed ability groups during activities.
- Allow the children to express themselves in ways they feel they are able to, for example some children might like to write their answers while others might want to draw their answers.
- Give children extra time to finish activities if they need it.

## **ASSESSMENT:**

- The children will self-question and self-assess using a Thumbs Up/Down method and the hula hoop game.
- The children will critically assess the answers they gave at the beginning of class when reflecting on their learning at the end of the lesson. They can choose whether to change or expand their answers.
- The teacher can assess the oral and written answers given during the lesson and the completed 'All About Me' activity sheets.
- The teacher can assess the learning of the class and individuals during reflection time.

## **RESOURCES:**

- IWB/flipchart/big sheet of paper
- Whiteboard markers/pens
- USB Presentation
- Two hula hoop rings
- Photocopies of the 'All About Me' worksheet

**RESOURCE: ALL ABOUT ME ACTIVITY SHEET**  
**GENDER 1ST/2ND CLASS – LESSON 1**

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## **ALL ABOUT ME**

My name is:

I think boys are:

My favourite colour is:

I think girls are:

My hobbies are:

I like being a boy/girl because:

When I am happy I like to:

When I grow up I want to be:

This is a picture of me:

# GENDER: WHO AM I?

## LESSON 1 What is gender?



A young girl with dark hair tied in a ponytail is sitting at a desk in a classroom, writing in a notebook with a blue pen. She is looking directly at the camera with a slight smile. The background is blurred, showing other students in a classroom setting.

# WHAT DOES GENDER MEAN?



# EXPLORING OUR LIKES AND DISLIKES...

Do boys and girls like the same things?

# Let's meet children from across the world!



## This is Laura

- She lives in Ireland
- She is seven years old
- She likes to ride her bicycle
- Her favourite food is chocolate
- She loves to sing

**Do you like any of these things too?**

**Thumbs up or down!**



# Let's meet children from across the world!



## This is Carlos

- He lives in Bolivia
- He is eight years old
- He loves to play violin
- His favourite food is grilled chicken
- He likes to dance traditional dances

**Do you like any of these things too?**

**Thumbs up or down!**

# Let's meet children from across the world!



## This is Nita

- She lives in India
- She is six years old
- She loves school
- Her favourite colour is blue
- Her favourite sport is skipping

**Do you like any of these things too?**

**Thumbs up or down!**

# Let's meet children from across the world!



## This is Paul

- He lives in Canada
- He is five years old
- His favourite sport is swimming
- He likes drawing
- His favourite colour is pink

**Do you like any of these things too?**

**Thumbs up or down!**



# GENDER

DO YOU  
AGREE OR  
DISAGREE?



# The hula hoop game

**Girls Like:**

**Boys Like:**

# All About Me

My name is:

I think boys are:

Draw a picture of yourself!

My favourite colour is:

I think girls are:

My hobbies are:

I like being a boy/girl because:

When I am happy I like to:

When I grow up I want to be:



# What have you learned?

**Share with your class and help your teacher write the answers on the whiteboard!**

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**REFLECTION  
TIME...**

**GENDER**