



EDUCOOT

Level
2

LIFE SKILLS

Student Worksheets

TOPICS

- Health
- Home
- Out & About
- Finance
- Career
- Technology
- Animals
- Ireland
- Education

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Note to the Tutor / Teacher

These worksheets include reading, writing, numeracy and technology, with a strong focus on reading.

For all writing tasks, it is suggested that students plan, draft and edit their writing. Students should always proofread their own work. Students should use white lined paper for all handwritten tasks and clearly label and number pages. When working on the computer, students should be using a spellchecker in a word processing program. The teacher / tutor should decide which written tasks must be handwritten and which must be word-processed.



Where there are suggestions for using the computer, there is a symbol like this on the left. Encourage students to bookmark helpful and interesting sites that they want to revisit.

Students should create their own folders on the computer and save all their work in their folders.

There is a mapping of some learning objectives at the end of this document.







1. Practice Health Questionnaire

Health

Fill this in:

This document is intended to provide basic health information.

Patient details

Name: _____ Date of birth: _____

Place of birth (country & city): _____

Home phone: _____ Mobile: _____

E-mail: _____

Next of Kin (name, contact phone no. & relationship):

What is your main spoken language? _____

Do you smoke? Yes No

Do you have parents, brothers or sisters who have had any of the following before the age of 60 years?

Heart disease Yes No

Stroke Yes No

Diabetes Yes No

Thyroid disorder Yes No

Cancer Yes No

Any other important family illness _____

Thank you for completing this form.



2. Food Groups

Health

Tick the food groups in these meals

Combination Food	Grains Group	Dairy Group	Protein	Fruit & Veg	Other
Lasagne					
Cheese & Salad Roll					
Fruit Smoothie					
Eggs on Toast					
Chicken Soup					
Veg Curry & Rice					
Fish & Chips					
Chicken and Vegetables					
Beef Stir Fry					
Roast and Vegetables					



3. Calorie Menu Plan

Health

Read the Vegetarian: 2200 Calorie Menu Plan below and write the food groups that the highlighted words belong to.

BREAKFAST

- Blueberry pancake
- 1 cup fortified soy milk

Snack

- Mix nuts + pumpkin seeds
- 1 cup sliced apple

LUNCH

- Veggie Burger • Broccoli Salad (1 cup chopped broccoli + 1 cup baby spinach + black beans)
- 1 cup fortified soy milk



SNACK

- 1 cup halves strawberry/blueberries
- Rice Pudding made with soy/almond milk + raisin

DINNER

- Mediterranean wrap (2 small whole wheat pita + 2.5 tbsp hummus + baked beans + spinach and tomato + grilled eggplants)
- 2 cup lentil soup
- 1 cup fortified soy milk

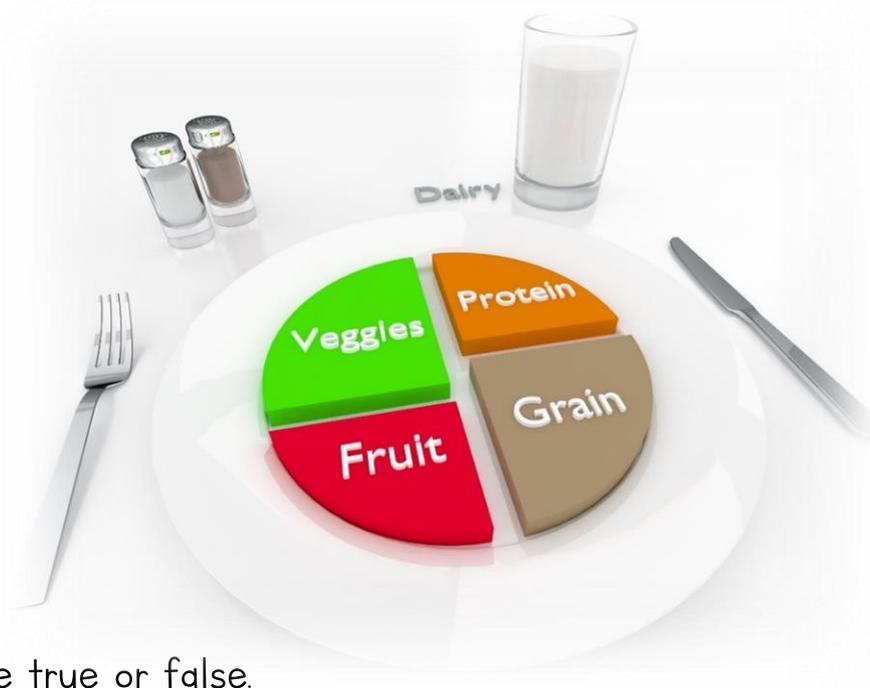
Calorie Breakdown: 2232 kcal

Does this menu plan include all food groups? Explain.

4. My Food Plate

Health

Look at the plate below:



a) Write true or false.

- i. You should eat more proteins than grains. _____
- ii. Half your diet should consist of fruit and vegetables.
- iii. You should eat more grains than proteins.
- iv. You should eat more dairy than vegetables.
- v. There are four food groups shown below.

b) Give an example of one food in each group:

- i. Protein _____
- ii. Fruit _____
- iii. Vegetables _____
- iv. Grains _____
- v. Dairy _____



c) Look at the healthy eating plate online.

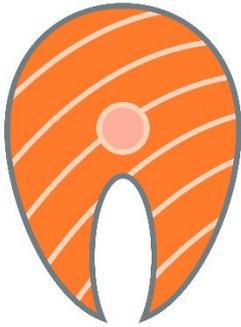
5. Food Label (and Percentage)

Health

a) Read the food label and the RDA's.

ENERGY

142 KCAL
per 100 g



FAT
6.34 g

PROTEIN
19.84 g

VITAMIN B6
0.818 mg

VITAMIN B3
7.860 mg

PHOSPHORUS
200 mg

salmon

FAT
44 – 78 GRAMS

PROTEIN
56 GRAMS PER DAY (AVERAGE WOMAN)
46 GRAMS PER DAY (AVERAGE MAN)

VITAMIN B6
1.5 MG/DAY IN WOMEN AND 2 MG/DAY IN MEN

VITAMIN B3
16 – 18 MG

PHOSPHORUS
700 MG

b) What percentage of your RDA is reached if you eat this meal?

- i. Fat _____
- ii. Protein (for average man) _____
- iii. Vitamin B6 (for men) _____
- iv. Vitamin B3 _____
- v. Phosphorus _____

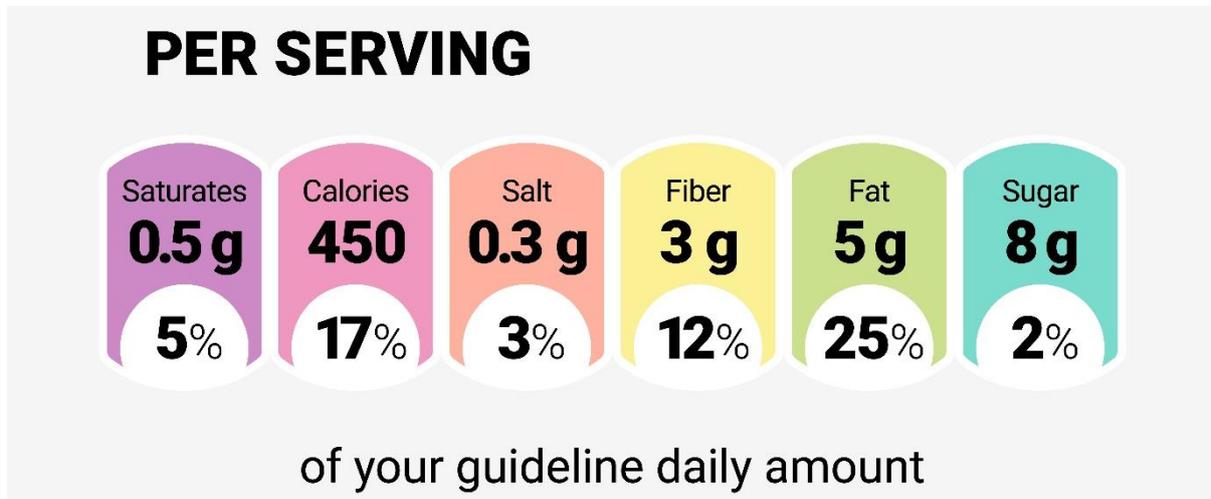


¹ Recommended Daily Allowances

6. Nutritional Information



Read the nutritional information of a meal:



What is the RDA for each of the following? (Do the sums!)

a) Saturates

b) Calories

c) Salt

d) Fibre

e) Fat

f) Sugar

7. Writing the method

Health

Look at the picture and write the method for making this potato bake: Plan, draft and edit your writing.



*Write another recipe, using images and labels only, as above. It's OK if you can't draw well!

8. Name that fruit!

Health

Write the letters.



a) strawberry

b) kiwi fruit

c) lychee

d) cranberries

e) black cherries

f) watermelon

g) pomegranate

h) coconut

i) pineapple

j) peach

k) red grapes

l) clementine

m) guava

n) red cherries

o) bananas

p) melon

q) blueberries

r) papaya

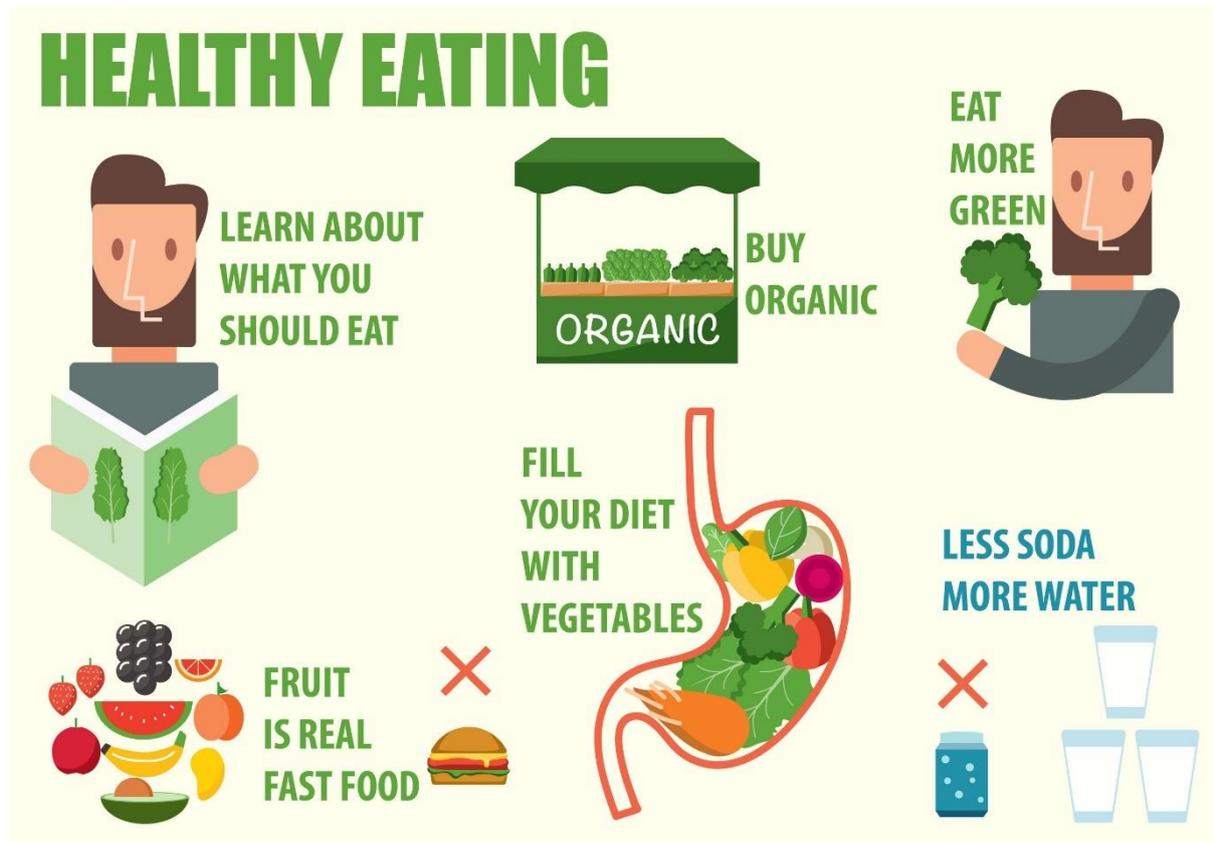
s) passionfruit

t) fig

9. Healthy Eating

Health

Read the diagram.



Answer the questions:

a) Where could you learn about what you should eat?

b) Where can you buy organic food?

c) How can you introduce more 'greens' into your diet?

d) What kinds of 'fast foods' are healthy?

e) How much of your daily diet should consist of fruit and vegetables?

f) How much water should you drink?

10. Sugar

Health

You don't need added sugar!

Complete the sentences.

calories, harmful, hormones, raises, children, liver,
nutrients, decay, brain, insulin



a) Added sugar contains no essential _____

b) Sugar is bad for your teeth. It also causes tooth _____ by feeding the harmful bacteria in the mouth.

c) Sugar contains a lot of _____

d) Added sugar is high in fructose, which can overload your _____. For people who are inactive, large amounts of fructose from added sugars get turned into fat in the liver.

e) When people eat a lot of sugar, it can cause resistance to the hormone _____, which can contribute to many diseases.

f) Because of the _____ effects of sugar on the function of insulin, it is a leading cause of type II diabetes.

g) Because of its effects on _____ and the brain, sugar has fat-promoting effects.

h) Because it causes massive dopamine release in the _____, sugar is highly addictive.

i) Sugar is a leading contributor to obesity in both _____ and adults.

j) It's sugar, not fat, that _____ your cholesterol and gives you heart disease.

*Find out online how much sugar is in your favourite sweet food.

Product: _____ Grams of sugar: _____



11. Making Coffee

Health

Look at the diagram. Complete the sentences:



- To make a Latte, I add milk foam and _____ milk.
- To make an Americano, I use water and _____.
- To make a _____, I use chocolate and espresso.
- I use steamed milk in _____ different coffees.
- You can find whipped cream in a _____.
- I would order _____.

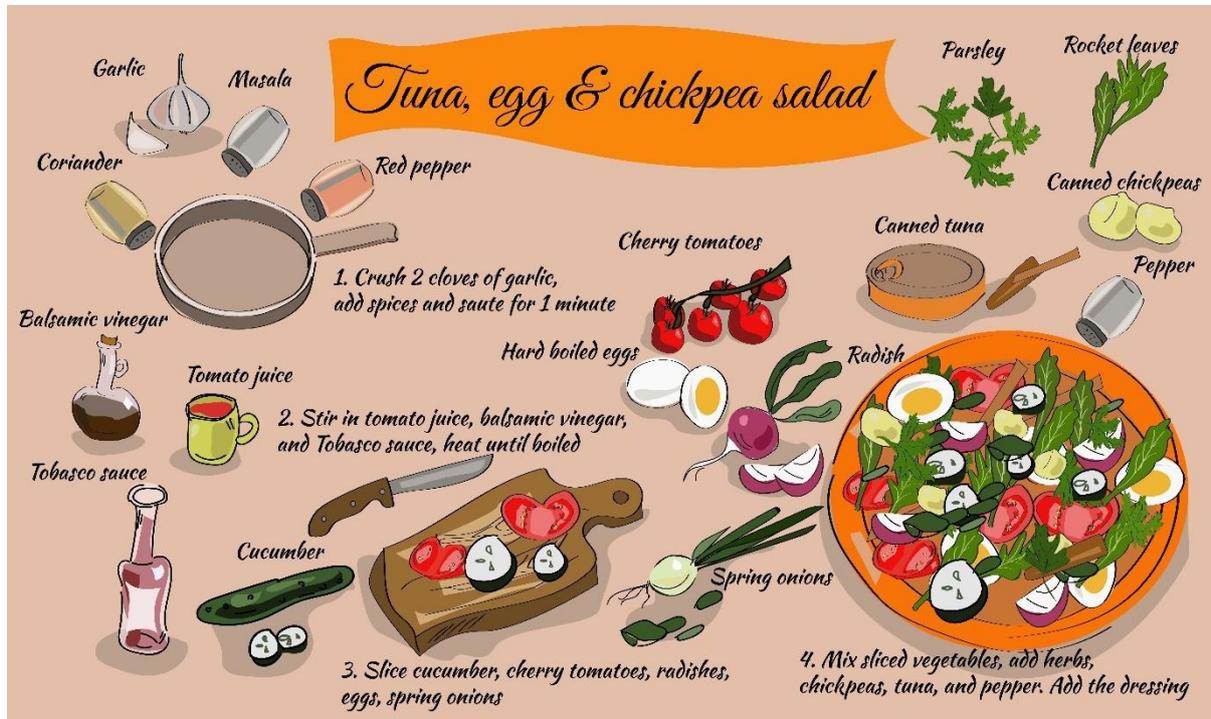
*Find a coffee shop in Ireland with a Facebook page. Print it.



12. A Healthy Salad

Health

Read the recipe.



a) Do you think this is healthy? Say why or why not.

b) How many different ingredients do you need?

c) Which ingredients are herbs?

d) What is masala?

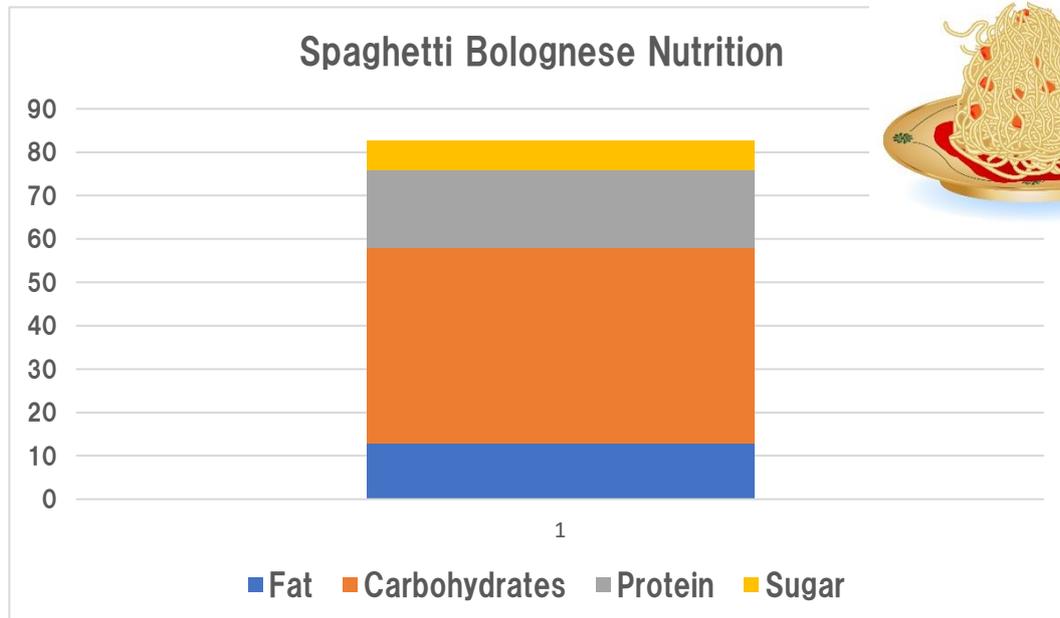
e) What is the main ingredient in Tabasco sauce?

f) Does this meal contain all food groups? Explain and give examples.

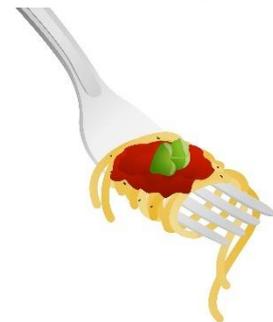
13. Nutritional information

Health

Read the graph below and complete the sentences:



- a) The highest food group included in this meal is _____
- b) The meal contains more _____ than fat.
- c) This meal contains about _____ grams of sugar.
- d) There is less _____ than protein.
- e) This meal contains about _____ grams of carbohydrates.
- f) This meal is _____ because _____
- g) The numbers go up in _____



14. Cooking abbreviations

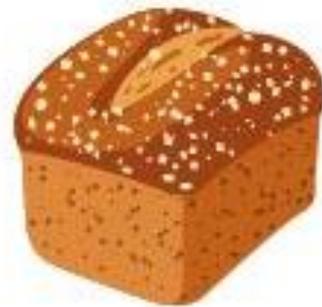
Health

a) What do these abbreviations stand for?

Abbreviation	Stands for
C, c	
g	
T, tbsp	
kg	
L, l	
lb	
ml	
t, tsp	
°C	
pt	
±	

b) Read the list of ingredients to make whole-wheat bread. Highlight all the abbreviations.

- 2 c whole wheat flour
- 1/2 c bread flour or all-purpose flour
- 1 packet / 7 g instant yeast
- 2 T honey
- 1 t salt
- 1/4 L milk, heated to about ± 50° C
- 2 tbsp olive oil
- 1 egg



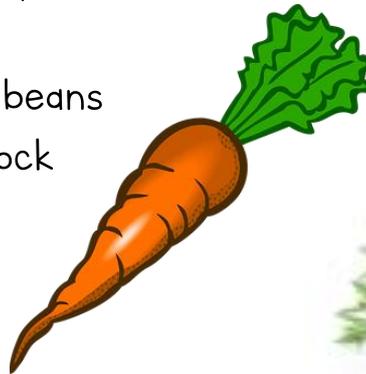
c) Write another abbreviation and its meaning:

15. Making healthy vegetable soup (Ratio)

Health

a) Look at the ingredients.

- 2 sticks of celery
- 3 carrots
- 2 large leeks
- 2 cloves of garlic
- 1 sprig of fresh rosemary
- 2 rashers of smoked streaky bacon
- olive oil
- 1 x 400 g tin of cannellini beans
- 1 litre organic vegetable stock
- 75 g baby spinach or kale
- 100 g frozen peas
- sea salt
- freshly ground black pepper



b) If this recipe serves four people, adjust the ingredients so that it will serve six.

- _____ celery
- _____ carrots
- _____ large leeks
- _____ cloves of garlic
- _____ sprig of fresh rosemary
- _____ rashers of smoked streaky bacon
- olive oil
- _____ cannellini beans
- _____ organic vegetable stock
- _____ baby spinach or kale
- _____ frozen peas
- sea salt
- freshly ground black pepper



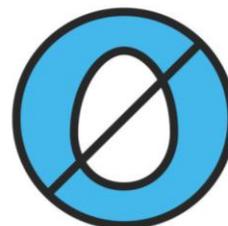
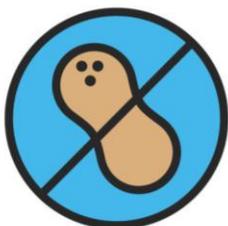
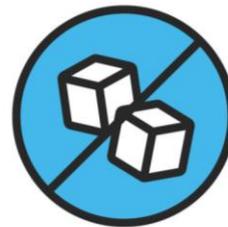
16. Different diets

Health

Write the letters by the symbols. Look up words you do not know, using an online dictionary.

- A. Gluten Free
- B. Low Carb
- C. Vegetarian
- D. Nut Free
- E. Keto
- F. Raw

- G. Mediterranean
- H. Dairy Free
- I. Vegan
- J. Gluten Free
- K. Paleo
- L. Egg Free

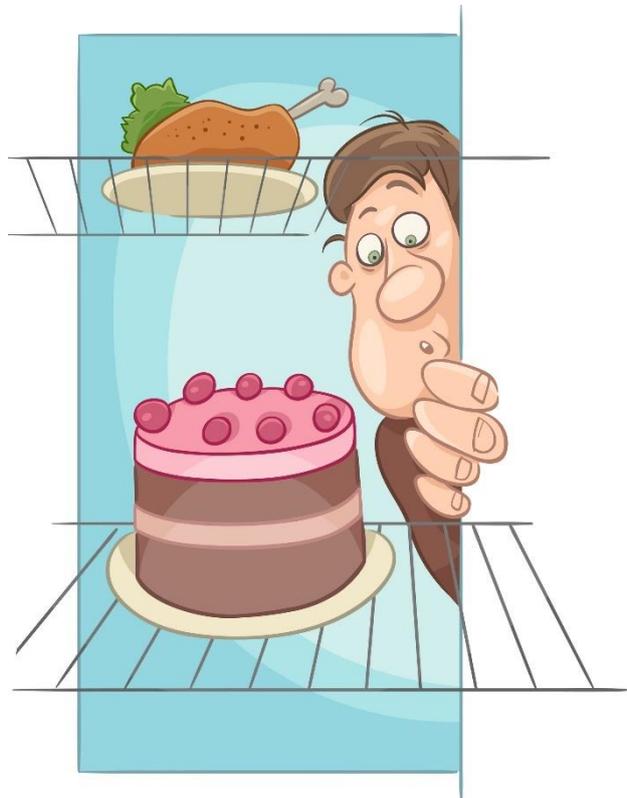


17. Nutrition facts (Abbreviations)

Health

a) Look at the information below:

Nutrition Facts	
Serving Size 1 bar (2 lbs)	
Servings Per Package 1	
Amount	% Daily Value
Calories 4600	
Fat 260 g	400 %
Saturated 160 g + Trans 0 g	800 %
Cholesterol 200 mg	120 %
Sodium 1400 mg	40 %
Carbohydrate 960 g	320 %
Dietary Fiber 40 g	
Sugars 840 g	
Protein 120 g	
Vitamin A 0 %	Vitamin C 0 %
Calcium 320 %	Iron 80 %



b) Highlight the abbreviations in the text above. Write the abbreviations for these words.

- i. grams _____
- ii. percent _____
- iii. pounds _____
- iv. milligrams _____

c) Find a food label and highlight the abbreviations. Explain what the abbreviations stand for.

18. Ten Ways to Create an Active Lifestyle

Health

Complete the sentences:

**lifestyle, days, flexible, list, activities, Reward,
slowly, write, active**

- a) Find something you really enjoy to be more _____
Being active should not mean dreading doing it!
- b) Be realistic so that any activity fits into your schedule and _____
- c) Make a commitment and _____ down what you want to do. You can share this with family and friends.
- d) Start _____. Pick one change, like walking more, and make it a habit.
- e) Be consistent.
- f) Stick with it: It takes about 21 _____ for a behaviour to become a habit.
- g) Be _____: Sometimes you may need to change your plans to be active.
- h) Be creative and try different _____.
- i) Make a _____ of options.
- j) _____ yourself when you make positive changes!



19. Walking Works Wonders

Health

Match the paragraphs and headings.

The key to fitness is consistency. Start by picking a walk that fits into your schedule! Make your walk a top priority and aim for walking at least five days a week.

WALK for transportation

Research shows that walking 10,000 steps a day is all it takes to reduce stress, improve health and reduce the risk of disease. With a pedometer, it's fun (and easy!) to see how quickly your steps add up!

WALK for fun

Using your legs instead of a car is one of the most best ways to fit fitness into your day. Try walking to the shop, the post office or the restaurant. Walking in park can be great too!

WALK outside

Walking with friends or family members or the dog can be good fun! You can combine activity with companionship with friends. It can be a good time to connect with family or a way to keep your pets strong and healthy. It can also be a relaxing 'me' time to think or listen to music.

WALK regularly

With the right clothes and shoes, you can walk in any weather. Even in the Irish rain! Use sidewalks and paths. Wear a high-vis jacket when it is dark.

WALK 10,000 steps a day

Walk around the house or around the office. You can walk around the house during TV ads, and walk around the office during lunch time.

WALK inside

*Draw a mind map showing how you can do more walking!



20. YOGA: Fitness for the Whole Body

Health

Yoga is an ancient system of personal development encompassing mind, body and spirit. Take a class and see for yourself why yoga is often called the fountain of life!

YOGA for strength

Yoga helps strengthen muscles in all areas of your body, but especially your back.

YOGA for flexibility

Yoga's gentle pace means your body can become flexible and strong at the same time.

YOGA for balance

Yoga teaches balance in body and mind.

YOGA for energy

Yoga can give you physical and mental energy. Yoga stimulates the flow of oxygen into your lungs and the flow of blood throughout your body.



YOGA for stress reduction

Yoga can help you deal with the stress you have in life.

Write the KEY words from the text above. Choose 10 words that will sum up the text.



21. Health & Fitness Weekly Calendar

Health

Fill this in and keep track of your progress. Plan, draft and edit your writing.

Date:	Healthy diet?	Exercise?	Other?
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			

How did you get on?

22. Football abbreviations

Health

Write these out in full:

a) FIFA

b) UEFA

c) goalie

d) ref

e) pp

f) HT

g) FT

h) E.T.

i) Sub



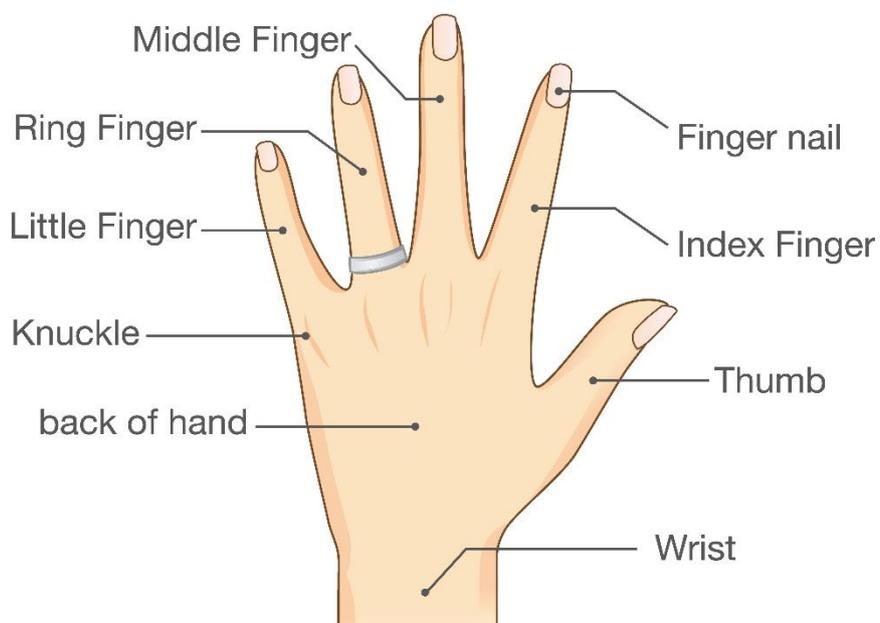
*Online, find the price of a ticket to a football match that is coming up. Refine your search. Price: _____



23. Body parts

Which of these body parts can be found from your shoulder to the tips of your fingers? Tick them.

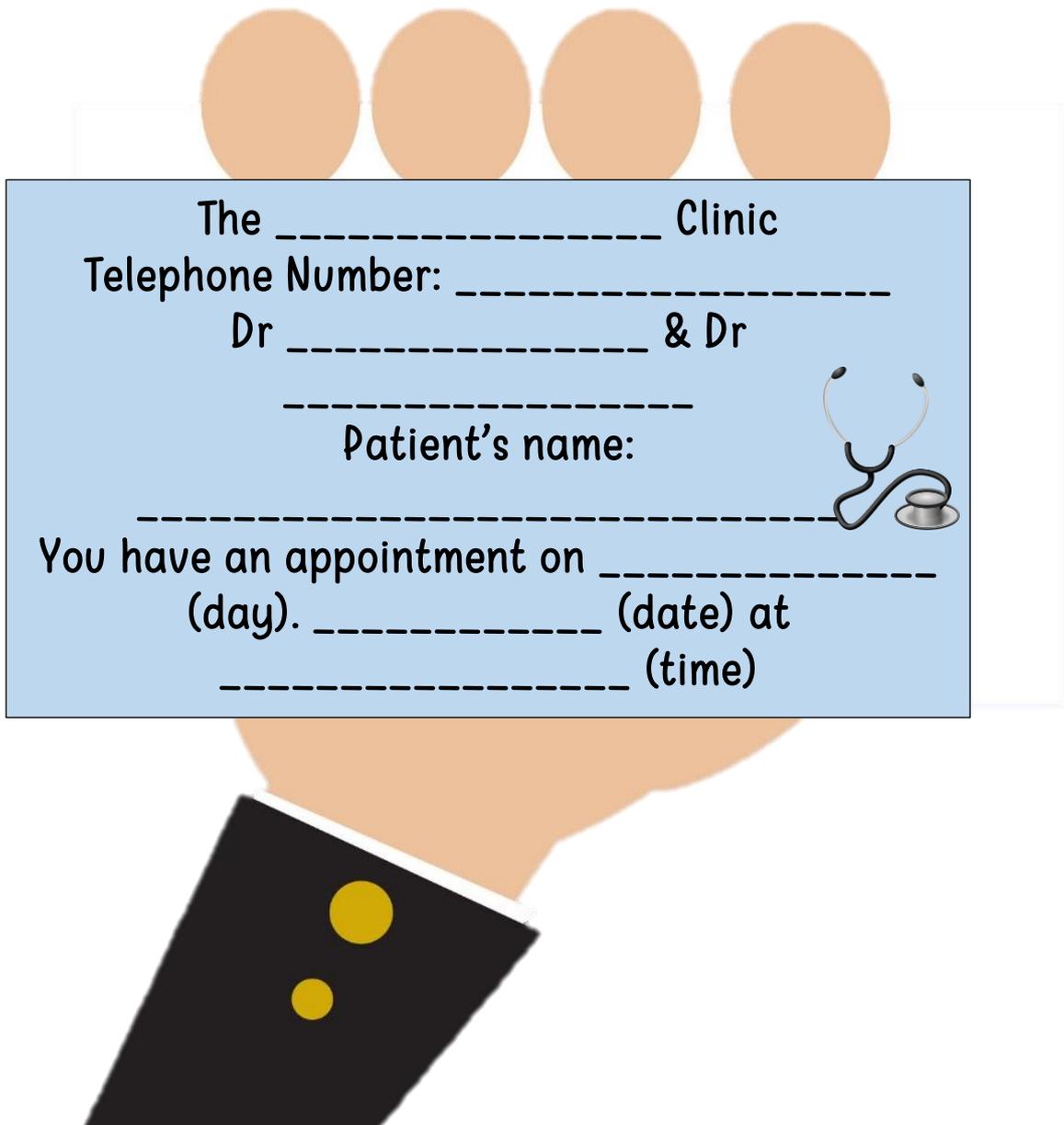
- | | | |
|--------------------------------|------------------------------------|------------------------------------|
| <input type="checkbox"/> ankle | <input type="checkbox"/> feet | <input type="checkbox"/> muscle |
| <input type="checkbox"/> arm | <input type="checkbox"/> fingers | <input type="checkbox"/> nail |
| <input type="checkbox"/> back | <input type="checkbox"/> flesh | <input type="checkbox"/> neck |
| <input type="checkbox"/> beard | <input type="checkbox"/> foot | <input type="checkbox"/> nose |
| <input type="checkbox"/> blood | <input type="checkbox"/> hair | <input type="checkbox"/> shoulders |
| <input type="checkbox"/> body | <input type="checkbox"/> hand | <input type="checkbox"/> skin |
| <input type="checkbox"/> bone | <input type="checkbox"/> head | <input type="checkbox"/> stomach |
| <input type="checkbox"/> brain | <input type="checkbox"/> heart | <input type="checkbox"/> teeth |
| <input type="checkbox"/> cheek | <input type="checkbox"/> hip | <input type="checkbox"/> throat |
| <input type="checkbox"/> chest | <input type="checkbox"/> knees | <input type="checkbox"/> thumbs |
| <input type="checkbox"/> chin | <input type="checkbox"/> knuckles | <input type="checkbox"/> toes |
| <input type="checkbox"/> ears | <input type="checkbox"/> legs | <input type="checkbox"/> tongue |
| <input type="checkbox"/> elbow | <input type="checkbox"/> lip | <input type="checkbox"/> tooth |
| <input type="checkbox"/> eyes | <input type="checkbox"/> moustache | <input type="checkbox"/> veins |
| <input type="checkbox"/> face | <input type="checkbox"/> mouth | <input type="checkbox"/> wrist |



24. Making an Appointment



I am not feeling well, so I made an appointment to see the doctor. I received the following information: My appointment is on Friday 8th December 2017 at 3.30 p.m. at the Woodford Clinic. My appointment is to see Dr Conor. The other doctor at the practice is Dr Fintan. The telephone number I can call if I want to change or cancel the appointment is: 772064. The cost for a basic appointment is €45. Summarise this information using the appointment card below.

An illustration of a hand holding a light blue appointment card. The hand is shown from the wrist up, wearing a dark blue sleeve with two yellow buttons. The card has a white border and contains the following text and graphics:

The _____ Clinic
Telephone Number: _____
Dr _____ & Dr _____
Patient's name: _____
You have an appointment on _____
(day). _____ (date) at _____
_____ (time)

A small graphic of a stethoscope is positioned to the right of the "Patient's name:" line.

25. Check the medication

Health

Consult the label or package inserts of a common medication and write the information: (Look up words you don't know!)

a) Name/brand: _____

b) Use (condition or symptom):

c) Directions for use: dose (amount), frequency

d) Total period of time for use: _____

e) How soon to expect improvement, and action to take if no improvement occurs:

f) Warnings/contraindications for use:

g) Possible side effects and what to do:

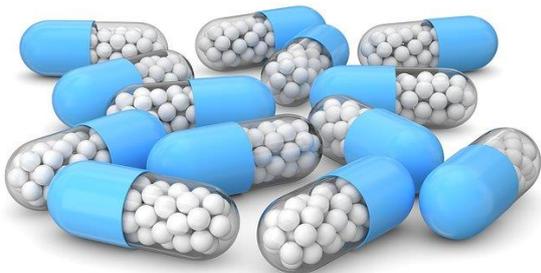
h) Serious reactions to watch for and report:

i) Activities or substances to avoid:

j) Instructions in case of overdose:

k) Storage and other information:

l) Expiration date: _____



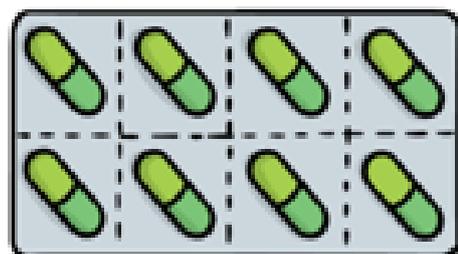
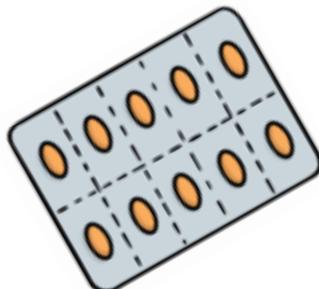
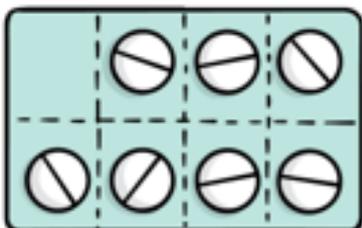
*You can staple the medication label / insert onto this worksheet.

26. Some medical terminology

Write the letters. Use an online dictionary.

- ___ 1. Palpitation
- ___ 2. Recurrence
- ___ 3. Analgesic
- ___ 4. Benign
- ___ 5. Carcinogen
- ___ 6. Cyst
- ___ 7. Dermal
- ___ 8. Edema
- ___ 9. Prognosis
- ___ 10. Ingestion
- ___ 11. Lesion
- ___ 12. Malignant
- ___ 13. Remission

- a) A bruise
- b) A closed, fluid-filled, or semisolid sac embedded in tissue
- c) A substance that causes cancer
- d) Abnormal accumulation of fluid in the cells, especially just under the skin or in an organ such as the heart
- e) Disappearance of the signs and symptoms of a disease
- f) An assessment of the future course or outcome of a disease
- g) Noncancerous; harmless
- h) Pounding or racing of the heart
- i) Referring to the skin
- j) The return of a disease.
- k) Cancerous; tending to become worse or invasive
- l) Pain reliever
- m) The act of swallowing something through eating, drinking, etc.

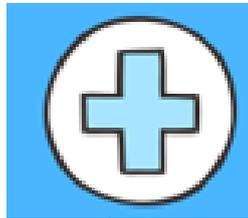
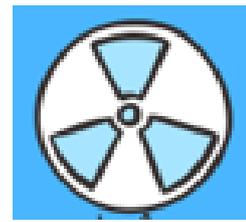


27. Healthcare signs

Health

Identify the hospital departments. Check your spelling!

ONCOLOGY, AMBULANCE, RADIOLOGY, OPHTHALMOLOGY, NEUROSURGERY,
DERMATOLOGY, CARDIOLOGY, LABORATORY, SURGERY



28. Your stress levels

Health

Identify Your Stress Level and Your Key Stressors

How many of the symptoms of excess stress in the list below do you experience frequently? _____

Yes No **READ CAREFULLY**

- ___ ___ 1. Are you easily startled or irritated?
- ___ ___ 2. Are you increasingly forgetful?
- ___ ___ 3. Do you have trouble falling or staying sleep?
- ___ ___ 4. Do you continually worry about events in your future?
- ___ ___ 5. Do you feel as if you are constantly under pressure to do something, e.g. at home or at work?
- ___ ___ 6. Do you frequently use tobacco, alcohol, or food to help you relax?
- ___ ___ 7. Do you often feel as if you have less energy than you need to finish the day?
- ___ ___ 8. Do you often have stomach aches or headaches?
- ___ ___ 9. Is it difficult for you to find satisfaction in simple life pleasures?
- ___ ___ 10. Are you often disappointed in yourself and others?
- ___ ___ 11. Are you worried about being liked or accepted by others?
- ___ ___ 12. Have you lost interest in seeing family and friends?
- ___ ___ 13. Are you concerned that you do not have enough money?

Experiencing some of the stress-related symptoms or answering “yes” to a few questions is normal. However, if you experience a large number of stress symptoms or you answered “yes” to a majority of the questions, you are likely experiencing a high level of stress. Take time out to develop effective stress-management techniques.



29. Symptoms of Stress

Health

Are you stressed? Tick any symptoms you have.

Emotional symptoms of stress

- Becoming easily agitated
- Feelings of frustration
- Moodiness
- Feelings of being overwhelmed
- Feelings of being out of control
- Having difficulty relaxing
- Unable to quiet the mind
- Feeling bad about yourself
- Low esteem, lonely, worthless
- Depressed
- Avoiding others

Physical symptoms of stress

- Low energy
- Headaches
- Upset stomach, including nausea
- Aches and pains
- Tense muscles
- Chest pain
- Rapid heartbeat
- Insomnia
- Frequent colds and infections
- Nervousness and shaking
- Ringing in the ear

- Cold or sweaty hands and feet
- Dry mouth
- Difficulty swallowing
- Clenched jaw
- Grinding teeth

Cognitive symptoms of stress

- Constant worrying
- Racing thoughts
- Forgetfulness
- Disorganisation
- Inability to focus
- Poor judgment
- Being pessimistic
- Seeing the negative side only

Behavioural symptoms of stress

- Changes in appetite
- Procrastinating
- Avoiding responsibilities
- Increased use of alcohol, drugs
- Nervous behaviours
- Nail biting
- Fidgeting
- Pacing

If you think you have stress, consult your local G.P. and work on these areas of your life:

THE SIX BEST DOCTORS



SUNSHINE



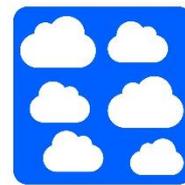
WATER



REST



EXERCISE



CLEAN AIR



DIET

30. Getting good sleep

Health

These strategies can help you get a better night's sleep. Tick off any that you try:

- ____ 1. Go to bed at the same time every night (time: _____), and get up at the same time every morning (time: _____).
- ____ 2. Exercise daily, but not too close to bedtime.
- ____ 3. Don't eat a large dinner.
- ____ 4. Don't use caffeine in the late afternoon or evening.
- ____ 5. Don't drink alcohol after dinner.
- ____ 6. Eat a light snack before bedtime.
- ____ 7. Write out a list of worries or a to-do list for the following day; then allow your mind to tune out stresses and distractions.
- ____ 8. Don't eat, study, or watch television in bed.
- ____ 9. Relax before bedtime with a book, music, or some relaxation exercises; give yourself time to wind down slowly from your day's activities.
- ____ 10. If you don't fall asleep in 15–20 minutes, get out of bed and do something boring until you feel sleepy. Do the same if you wake up and can't fall asleep again.



*Draw an infographic showing how to get healthy sleep!

31. Writing about it

Health

Writing about our lives can improve physical and mental health. In your own writing, experiment on your own and see what works best.

Complete the sentences:

computer, affecting, only, minutes, thinking, explore, worry, years, poem, going, place



a) Find a time and _____ where you won't be disturbed, e.g. before you go to bed.

b) Try to write for a minimum of 15 _____ a day.

c) Once you begin writing, keep _____

d) Don't _____ too much about spelling or grammar.

e) You can write in a notebook or you can type on a _____

f) You can write just important words, or a story, or a _____ Just express yourself!

g) Things you can write about:

- Something that you are _____ or worrying about too much
- Something that you are dreaming about
- Something that you feel is _____ your life in an unhealthy way
- Something that you have been avoiding for days, weeks, or _____

h) Let go and _____ your feelings and thoughts.

i) The writing is for you and for you _____. The purpose is for you to be completely honest with yourself.

*Write something! A poem, a list, a story, whatever you like! Plan, draft and edit your writing. Type it, save it and print it.



32. Developing Spiritual Wellness

Health

Name ONE way in which YOU could try each of the following:

a) Take time out. Spend some quiet time alone with your thoughts and feelings.

b) At least once a day, turn your phone off, and focus on your immediate experience.

c) Spend time in nature.

d) Experience art, architecture, or music: Spend time with a work of art or architecture or a piece of music.

e) Be creative, e.g. sing, draw, paint, play a musical instrument, sculpt, build, dance, cook, garden, practise a hobby, etc.

f) Meditate and do yoga regularly.



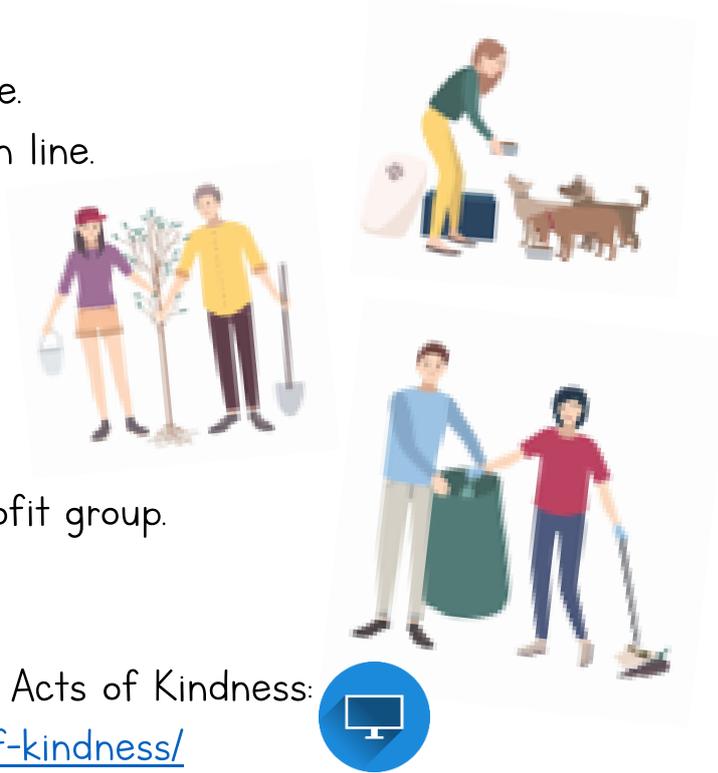
* Do something to develop your awareness this week!

33. Reaching Out

Health

These activities involve reaching out to others, and can improve our own well-being. Tick the ones you will try this week!

- Share writings that inspire you, e.g. poems, quotations from literature, songs, etc.
- Practise kindness. Practise small acts of personal kindness for people you know as well as for strangers.
- Compliment a friend.
- Send a card or note to someone.
- Let someone go ahead of you in line.
- Pick up litter.
- Help someone with packages.
- Say please and thank you.
- Smile.
- Perform community service.
- Become a volunteer, e.g. non-profit group.
- Mentor a youth.
- Visit seniors in a nursing home.



Look at the website: 103 Random Acts of Kindness:

<http://www.bradaronson.com/acts-of-kindness/>



Write a few more acts of kindness you could try out. Write neatly!



34. How to apologise

Our health and well-being depend on healthy relationships. Sometimes, it is necessary to say sorry when we have made a mistake. An apology is a statement that has two key elements:

- It shows your remorse over your actions.
- It acknowledges the hurt that your actions have caused to someone else.

Try these steps next time you need to apologise:

STEP 1: EXPRESS REMORSE

Say "I'm sorry," or "I apologise." And be sincere and authentic.

STEP 2: ADMIT RESPONSIBILITY

Next, admit responsibility for your actions or behaviour, and acknowledge what you did. Example: "I know that I hurt your feelings yesterday when I snapped at you."

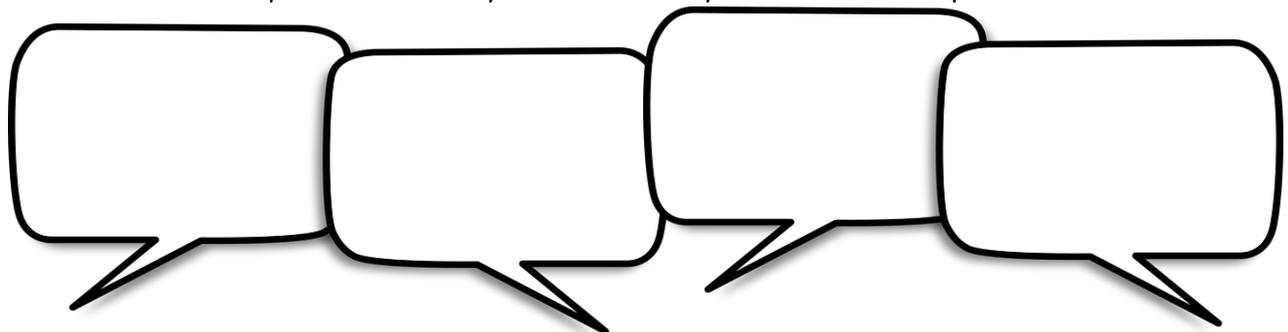
STEP 3: MAKE AMENDS

When you make amends, you take action to make the situation right. Example: "If there's anything that I can do to make this up to you, please just ask." Do not make empty promises.

STEP 4: PROMISE THAT IT WON'T HAPPEN AGAIN

Explain that you won't repeat the action or behaviour. Reassure the other person that you're going to change your behaviour. Example: "From now on, I'm going to manage my stress better, so that I don't snap at you again..."

Write an example of what you could say for each step:



Four empty speech bubbles are arranged in a horizontal line, intended for the student to write an example of what they could say for each of the four steps of an apology.



35. Healthy humour

Health

Complete the sentences:

relax, helps, Humour, people, health, diseases, human, energy



- a) A sense of humour is one of the most important _____ qualities.
- b) Humour is good for your physical _____.
- c) Laughter can improve your resistance to _____ by increasing infection-fighting antibodies in your body.
- d) Laughter can also help your muscles to _____.
- e) _____ helps you to release stress and to keep an optimistic attitude.
- f) The positive feelings you get when laughing will increase _____ for your brain and your body.
- g) Humour _____ to strengthen your relationships.
- h) Humour can bring _____ closer together and increases happiness.
- i) Try to keep your smile, your humour and your optimism, even when times are tough.

*Watch a comedy skit on YouTube. Type into YouTube exactly what you are looking for!





1. Cleaning the Living Room

HOME



Derek got up this morning and looked around his home. It was a mess. There were dirty dishes in the sink, clothes lying on the floor, and everything was dusty. Friends were coming to spend the weekend with him! He couldn't let them see his home like this! There was only one thing to do. Clean it up.

He started by picking up the dirty laundry and put on a load of washing. Then he filled up the sink with hot, soapy water and washed the dishes. He felt better already. After this, he opened the windows and dusted all around his home. He vacuumed the floors then, and finished off with mopping the floors.

He went into the spare room where his friends would be sleeping. He tidied it and made sure it was spotless. He put clean bedding on the beds.

Derek felt more relaxed. Why had he been putting off for so long? Now he could look forward to his friends coming over.

Using verbs² only, make a list of things that Derek did, putting them in order from first to last.

² Verbs are doing words, e.g. cleaned, walked, watched, sat, etc.

2. Reading into a picture

HOME

Look closely at the picture. Answer the questions. Plan, draft and edit your writing.



a) Do you think this is a home or an office? Give reasons.

b) Who do you think lives here?

c) What time of day is it?

d) What might the interests be of the people who use this space?

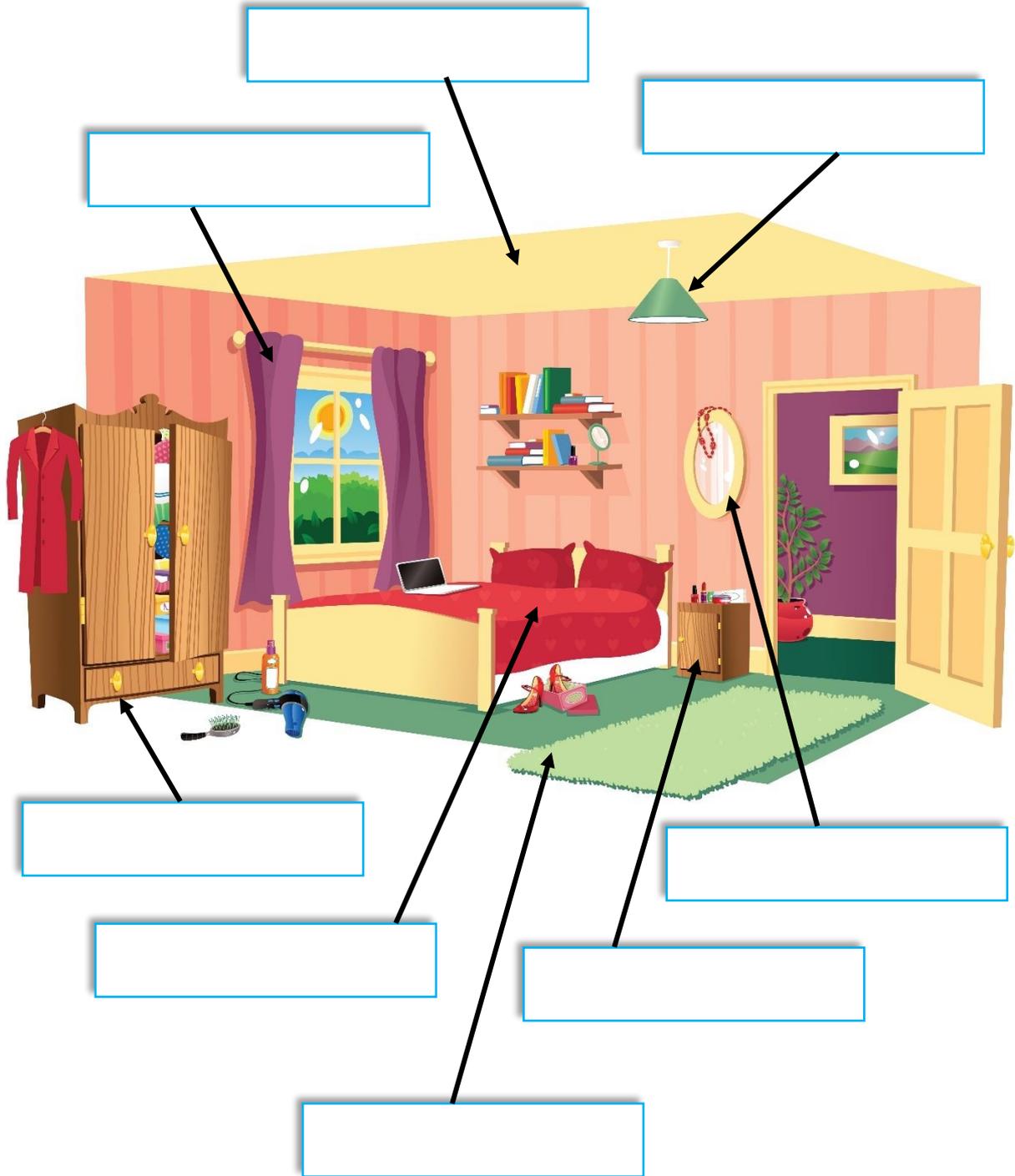
e) What do you think the adults are talking about?

f) What else do you observe from the picture?

3. Bedroom

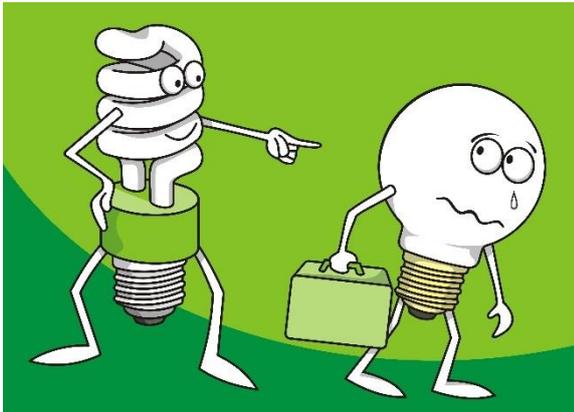
HOME

Label the bedroom.



4. Switch off!

HOME



Taking care of your home is not only keeping it clean. Some things you do can help the environment. They can also save you money, for example, saving electricity.

Here are some tips. Tick those that you already practise and put an X

by those you don't:

- Turn off the lights when you are not in the room.
- Use energy-efficient light globes.
- Adjust the thermostat in your house; use a timer.
- Close the curtains.
- Close the doors of rooms not being used.
- Wait for full loads before you switch on the washing machine or dishwasher.
- Unplug unused electronics.
- Take shorter showers.
- Wash laundry in cold water.
- Hang dry your laundry.
- Keep your fridge and freezer at their ideal temperatures.

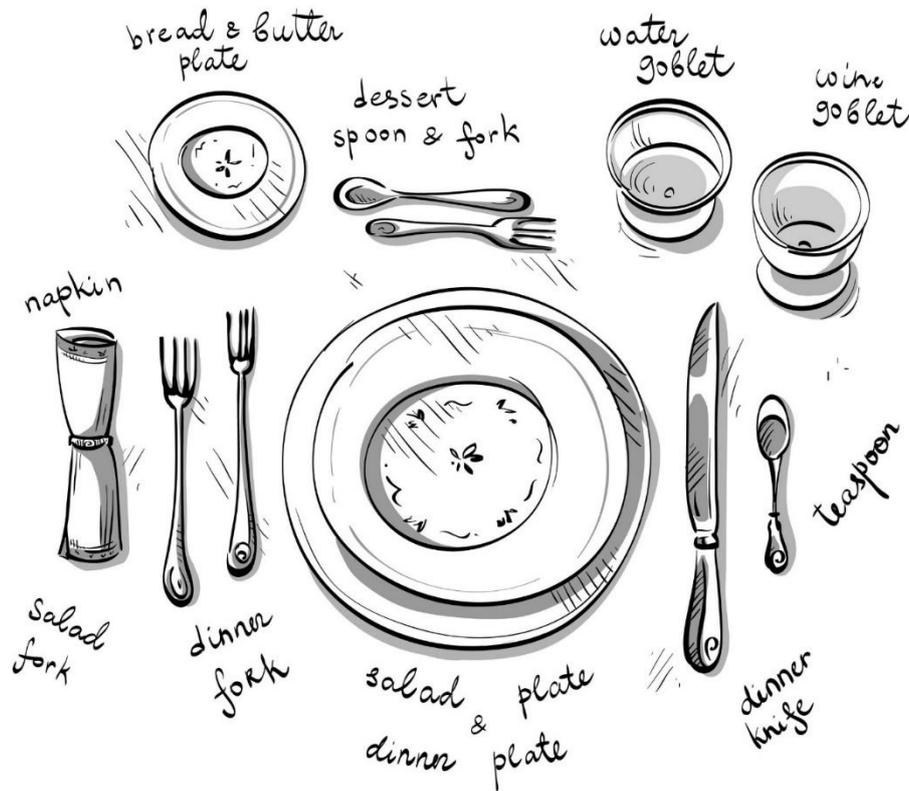


Look at the tips you marked with an X. Write down things you will do from now on to save electricity:

5. Setting the table

HOME

Look at the diagram below and complete the sentences using suitable words:



- The teaspoon is _____ the dinner knife.
- The dessert spoon is _____ the bread plate and water goblet.
- The dinner plate is _____ the salad plate.
- The teaspoon is _____ the wine goblet.
- This meal will be served _____ water and wine.
- The butter is placed _____ the bread plate.
- Write about a special meal you have had, e.g. a Christmas dinner, a family dinner, etc. Plan, draft and edit your writing.

6. Food Safety Quiz

HOME

Fill in the correct answer to each question and then discuss:

___ 1. The temperature of the fridge in your home should be

- a. 10 degrees Celsius
- b. 5 degrees Celsius

___ 2. When you have leftover cooked meat, the food should be

- a. cooled to room temperature, then put in the fridge
- b. put in the fridge immediately after the food was served

___ 3. The kitchen sink drain should be sanitised

- a. every day
- b. every year

___ 4. A chopping board must be

- a. wiped clean with a damp cloth
- b. washed with soap and hot water and then sanitised



___ 5. When you make burgers, you should cook them so they are

- a. rare
- b. well-done

___ 6. You should clean your kitchen counters with

- a. hot water and soap, then bleach solution
- b. hot water and soap, then sanitiser

___ 7. When dishes are washed in your home, they should be

- a. left to soak in the sink for several hours
- b. washed right away with hot water and soap in the sink



___ 8. When you handle raw meat, you should clean your hands with

- a. water and a towel
- b. soap and warm water

___ 9. Meat, poultry, and fish products should be defrosted by

- a. setting them on the counter.
- b. microwaving.



*Try a food safety quiz online!



7. Living room

HOME

Write the correct letter in each circle.



- A. sofa
- B. picture
- C. window
- D. office
- E. staircase
- F. speaker
- G. table
- H. carpet

Name another 5 objects you can see in this living room – label them from I and write on the picture:

- I. _____
- J. _____
- K. _____
- L. _____
- M. _____

*Describe your living room. Plan, draft and edit your writing.

8. Home Safety

HOME

Ensure that your home is safe! Circle the correct word in each sentence.

- a) Rugs and **curtains / carpets** are skid-proof.
- b) Bathtubs have handrails and **nonslip / plastic** mats.
- c) Floors are kept clear of objects that can cause **walking / tripping**.
- d) Floors are kept clear of conditions that can cause **slippage / dirt**, e.g. heavy wax coating.
- e) Stairs are maintained in a **dangerous / safe** condition.
- f) **Stairs / Sofas** are well-lit at night.
- g) Stairs have **secure / wooden** handrails.
- h) Stairs are kept clear of all **children / objects**.
- i) There are working smoke alarms throughout the **home / kitchen**.
- j) Smoke alarms are regularly **switched off / checked**.
- k) All **electrical / new** appliances are in good working order.
- l) Fires are put out before people go to **bed / watch TV**.
- m) The residence is equipped with **oxygen / carbon monoxide detectors**.
- n) Electrical outlets are used **correctly / incorrectly**, not overloaded.



substances are **stored / eaten** correctly.

- o) A **fire / flood** escape plan has been established.
- p) **Firemen / Residents** know how to avoid excessive smoke inhalation and what to do if their clothes catch fire:
- q) Medications are stored out of reach of **children / adults**.
- r) Cleaners, pesticides, and other dangerous and ingestible

9. Personal Safety Checklist

HOME

Are you doing all you can to protect yourself. Tick those statements that are true for you.



___ My home has good lighting.

___ Doors are secured with effective locks.

___ All unused doors and windows are securely locked.

___ I always lock all windows

and doors when I go out.

___ I have good lighting outside.

___ Keys are hidden in a secure, nonobvious place.

___ I do not give anyone the opportunity to duplicate my keys.

___ The front door has a peephole.

___ I do not open my door to strangers.

___ I ask to see ID or call to verify that repair and utility workers are legitimate.

___ My answering machine message does not imply that I live alone or am not home.

___ Everyone in the household knows how to call for help.

___ My neighbours and I have a system for alerting one another in case of an emergency.

___ I participate in a neighbourhood watch program.

10. Different documents at home

HOME

At home you are likely to read many types of documents! Read the definitions and identify the types of documents.

a) Directions for making a meal

b) Electronic mail

c) Daily / Weekly publication, containing news & articles

d) Itemised statement of money owed for goods or services

e) Nutritional information found on a food product

f) Request to be present or take part in something

g) Advertisement intended for wide distribution

h) A handbook, often with instructions

i) A collection of web pages on the Internet

j) Place where a person or company can be found

k) Write a paragraph about your least favourite type of reading at home. Plan, draft and edit your writing.



11. Home decorating (Perimeter and area)

HOME

Work out the following problems. Show your working out.

a) The perimeter of Lorraine's garden is 46 m. If the length of the garden is 7 m, what is the width of the garden?

b) Kevin wants to tile his apartment. What is the area to be tiled if the dimensions of his apartment are 12 m by 7 m?

c) Eva is carpeting her bedroom. The room is six metres long and 4.5 metres wide. If the carpeting costs €10.99 per square metre, how much will the carpeting cost?

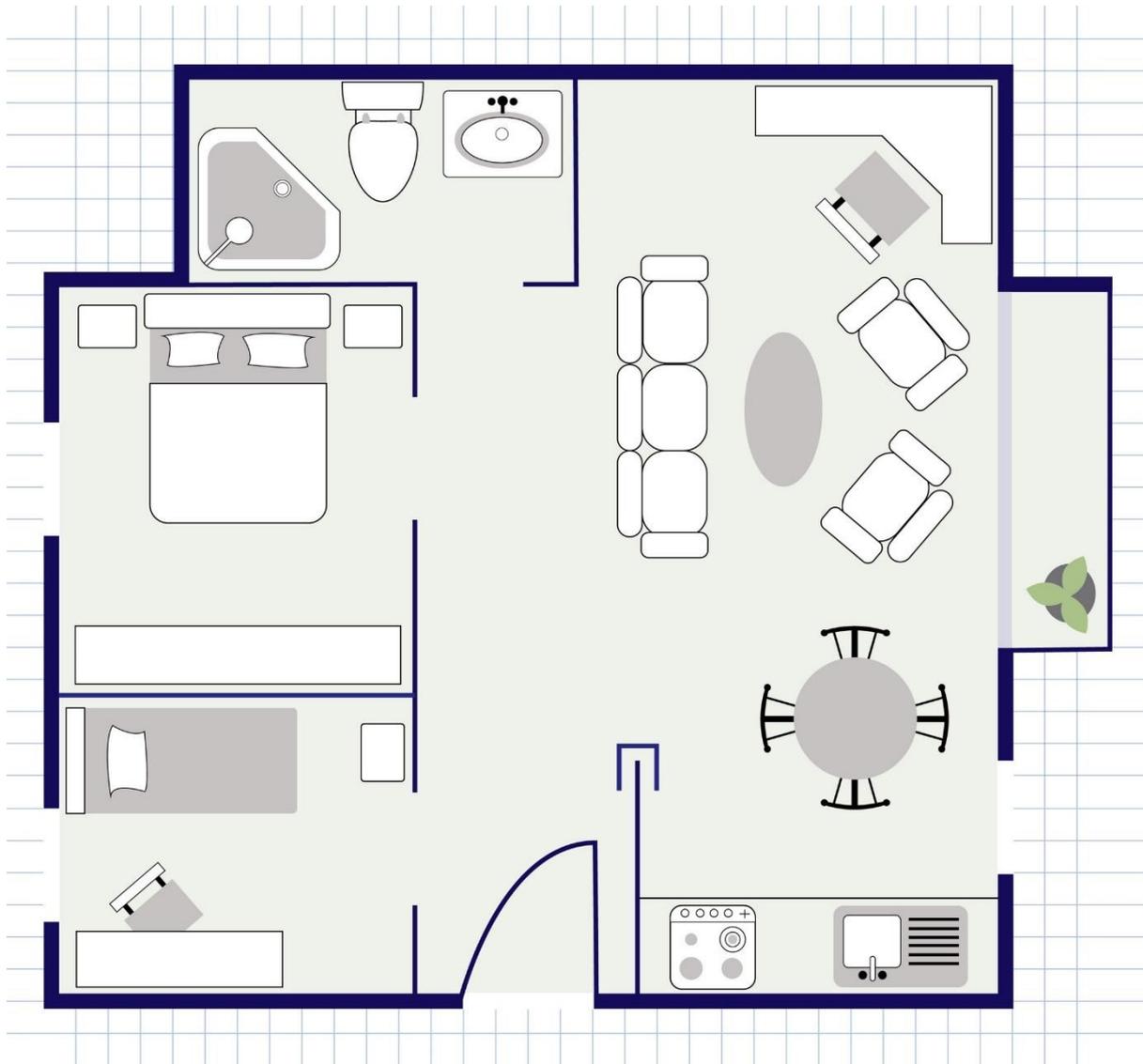
d) Darren has a rectangular vegetable garden that is 5 m long and 12 m wide. One bag of fertiliser can cover 6 metres squared. How many bags will he need to buy to cover the entire garden?



13. House plan

HOME

Label this house plan using as many of the words as you can. You can also add your own.



- bathroom
- dining room
- kitchen
- single bedroom
- window
- basin
- sofa
- sink
- back door
- cupboard
- garage
- living room
- front door
- doorway
- master bedroom
- desk
- hallway

*Draw a plan of your classroom. Plan, draft and edit your writing.

14. Household chores (Basic word problems)

HOME

Solve these problems. Check your answers.

- a) It took twenty - seven minutes to clean up the kitchen, which is twelve minutes shorter than it took to clean the living room. How long did it take for the two rooms to be cleaned together?



- b) I have four bags of cleaning cloths and each bag contains six cloths. If I use one cloth per week, how many weeks will the four bags last?

- c) I made five litres of ice-cream, and I am storing the ice-cream in five-hundred-millilitre tubs. How many tubs will I use?

- d) It cost me four thousand one hundred cents to hire a steam cleaner for one day. If I hire the steam cleaner for three days, how much will it cost me, rounded to the nearest euro?



- e) If Sean's electric bills cost him about €2 per day, how much would he spend on electricity over the course of three years, assuming that the costs don't rise?

15. Litres (Measurement)

HOME



A litre is about as much as 4 cups. It is 1000 millilitres.

Do these hold more or less than one litre? Circle the correct



more less



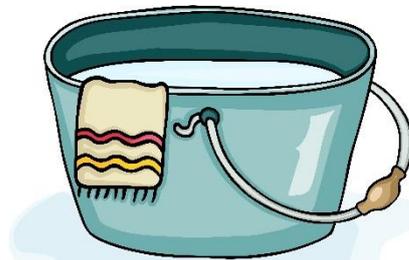
more less



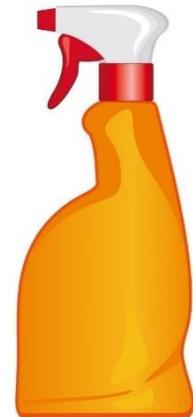
more less



more less



more less



more less



more less



more less



more less

16. More measurement

HOME

Write how many units for each.

a) $\frac{1}{2}$ kilogram = _____ grams

b) $\frac{1}{4}$ kilometre = _____ metres

c) $\frac{1}{10}$ hour = _____ minutes

d) $\frac{3}{4}$ litre = _____ millilitres

e) $\frac{1}{5}$ centimetre = _____ millimetres

f) $\frac{1}{2}$ metre squared = _____ centimetres squared

g) $\frac{1}{4}$ minute = _____ seconds

h) $\frac{1}{8}$ day = _____ hours

i) $\frac{9}{10}$ gram = _____ milligrams

j) $\frac{2}{5}$ metre = _____ millimetres



k) Now, write all the fractions and units as decimal numbers. The first one is done for you.

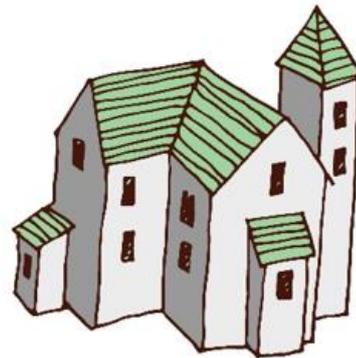
0.5 kg

17. Types of homes

HOME

Unscramble the words below to find different types of homes that people live in.

- a) rtamnaept _____
- b) ibcna _____
- c) tent _____
- d) heuso _____
- e) hosnwoteu _____
- f) mnmniudcooi _____
- g) doyrmtior _____
- h) avrncaa _____
- i) tlsreeh _____
- j) oserhaufm _____
- k) obgnwula _____
- l) ursteheeo _____
- m) snnaimo _____
- n) agtocte _____
- o) uth _____
- p) urty _____
- q) ncarh _____
- r) aesohotub _____
- s) tacels _____
- t) ioglo _____



- u) Write a paragraph, describing your ideal home. Plan, draft and edit your writing.

18. House for Rent

HOME

You are looking to rent a house. Read the advert.



- Quiet and peaceful area
- 20-minute drive from the town
- 5-minute walk to bus stop
- 1 kitchen, 1 living room, 1 dining room, 3 bedrooms and full bathroom upstairs, guest loo downstairs
- Garden in front of house
- Walled back garden
- Off-street parking
- Rent: €650 per month

The advert does not contain all the information you need. Write seven important questions you would ask the estate agent. Plan, draft and edit your writing.

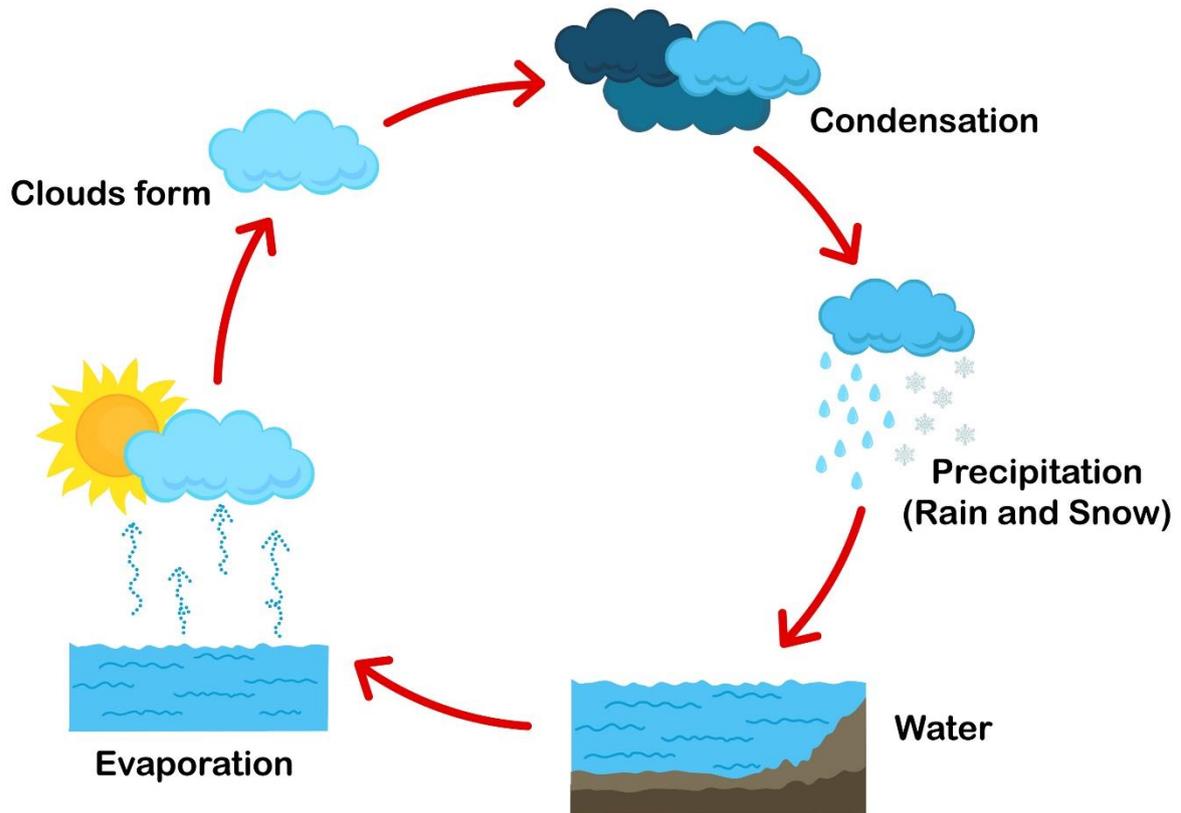


*Online, look at houses for sale or rent in your area.

19. The Water Cycle

HOME

Look at the diagram below and describe the water cycle. Plan, draft and edit your writing.



20. Saving water

HOME

Skim-read the text. Which of these are good habits? Use a tick for the good habits and a cross for the bad habits.

- We have installed a low flush toilet.
- We take long hot showers and let the water run before showering.
- We let the water run while brushing our teeth.
- We keep cold water available in the fridge to drink and avoid running the tap constantly.
- We use recycled rain water to water our plants.
- We usually take short showers, and do not fill the bath if we take one.
- We drink cold water from the tap and let the water run while doing so.
- We wash even small loads in the washing machine, and do not adjust the water levels.
- We close dripping taps properly and fix leaking ones immediately.
- We wash our hands while letting the tap run.
- We only use the dishwasher when there is a full load of dishes to wash.
- We wash our car using a hose and liquid soap.
- We fill the sink when washing our dishes.



Sum up the text, using one sentence:

21. Water conservation

HOME

Read the text carefully. Look up words you do not know.

Why should we save water?



Of all the water in the world, only 3% is fresh water. Less than one third of 1% of this fresh water is available for use by humans. The rest is frozen in glaciers or polar ice caps, or is deep within the earth, beyond our reach.

As our population increases, more and more of us are sharing this limited resource. The more water we consume, the less there is available for the environment. So, it is important that we

use water wisely and do not waste it.

Reducing the amount of water that goes to waste at home helps protect the wildlife that lives in rivers and wetlands, while cutting the energy needed for treating and pumping water for domestic use. In times of drought, it is particularly important to know how to save water at home. Conserving the water we have minimises the effects of water shortages and helps build a better defence against future drought years. If we save water now, we are helping to ensure a water supply adequate for future generations.

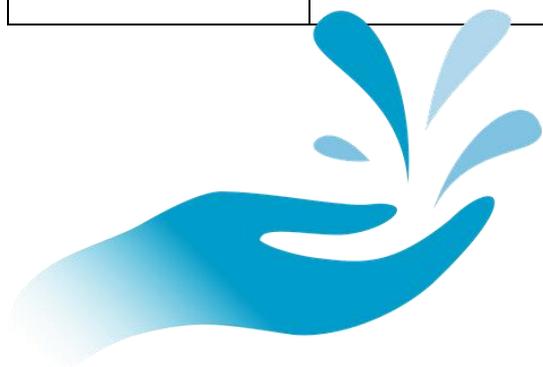
Using at least one point from the text above, design a 'Save Water' sticker to encourage others to conserve water. Plan, draft and edit your writing. Keep it neat.

22. Water use investigation

HOME

See how much water you use in one week. Print one of these pages for each day of the week.

How you use water	Approx no. of litres	No. of times	Total amount of water used
Taking a shower	27		
Taking a bath	80		
Flushing a toilet	9		
Washing face, hands, cleaning	4		
Getting a drink	1		
Washing clothes by hand	15		
Washing clothes in a washing machine	80		
Washing dishes by hand	7.5		
Washing dishes in the dishwasher	30		
Washing car with a bucket	7		
Washing car with a hose	15 litres per minute		
Watering the garden with a sprinkler	9 litres per minute		
		Total amount used	



23. Verbs in cooking

HOME

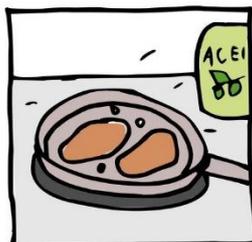
A verb is a word used to describe an action, state, or occurrence, and it forms the main part of the predicate of a sentence, such as **hear, become, happen, sleep, watch, is.**

Write sentences about cooking in the kitchen, using these verbs. Plan, draft and edit your writing. Use at least ten:

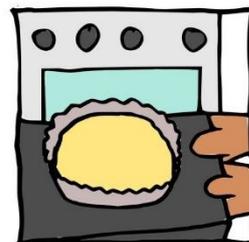
add, bake, beat, blend, boil, burn, carve, chill, chop, cook, cover, cut, dice, freeze, grate, grill, knead, marinate, mash, mix, peel, pour, rinse, roast, sauté, season, simmer, slice, sprinkle, steam, stir, taste, thaw, whisk



cook



fry



bake



1. Pets

Write the correct letters above the pets:



- A. This pet could be found in an aviary. It is about 18 cm long.
- B. This pet is an amphibian.
- C. This pet is a reptile, which means it is cold-blooded. It has a longish tail.
- D. This pet's baby is called an owlet.
- E. This pet hibernates in winter and is nocturnal.
- F. This pet is a black and white canine.
- G. This pet is a rodent with a bushy tail.
- H. The full word for this pet is a budgerigar.
- I. This pet breathes through its gills.
- J. This feline is stretching.

*Write a list of things that you have to do for your pet every day.
Plan, draft and edit your writing.

2. Bird Feeders

ANIMALS

Find and highlight all the plurals³ in the text below:

- Do you feed birds in your garden? One of the most common ways to feed birds is with a bird feeder. Bird feeders are easy to use. When they are empty, you simply refill the feeder.
- Some tips for using your birdfeeder:
- Place your feeders where you can see them.
- It may take a while for the birds to figure out that food is available. So, keep going with the feeding once you have started.
- If you want to attract more species, offer more variety in the food that you offer.
- A high-quality seed mix and peanuts are the standard, and will suit many bird species.
- You can add other foods such as mealworms, fat balls, suet cakes, kitchen scraps and dried or fresh fruit.
- When giving scraps, ensure that nothing has a high salt content.
- Provide fresh water too.
- Bird feeders must be cleaned regularly to prevent the spread of diseases.
- Learn to recognise all the species that visit!
- Take part in the nationwide Garden Bird Survey run by Birdwatch Ireland.



³ Plurals are 'more than one'; the plural of goose is geese

3. Feeding birds (Fractions)

ANIMALS

Read the word problems and work out the answers.

- a) Gerry has 3 bags of birdseed. He wants to put the birdseed into four birdfeeders equally. How much of the bags will go into each feeder?

- b) Leon puts $3\frac{1}{5}$ cups of sunflower seeds and $1\frac{3}{5}$ cups of mixed seeds into his bird feeder. How many total cups of bird seed are in the feeder?

- c) Cara's bird feeder holds $\frac{9}{10}$ of a cup of birdseed. Cara is filling the bird feeder with a scoop that holds $\frac{3}{10}$ of a cup. How many scoops of birdseed will she put into the feeder?



5. Word problems

ANIMALS

a) There are eighty-six species of bird in the zoo. The zoo got another fifteen species from South America, and another three species from Africa. How many species of birds does the zoo have now?

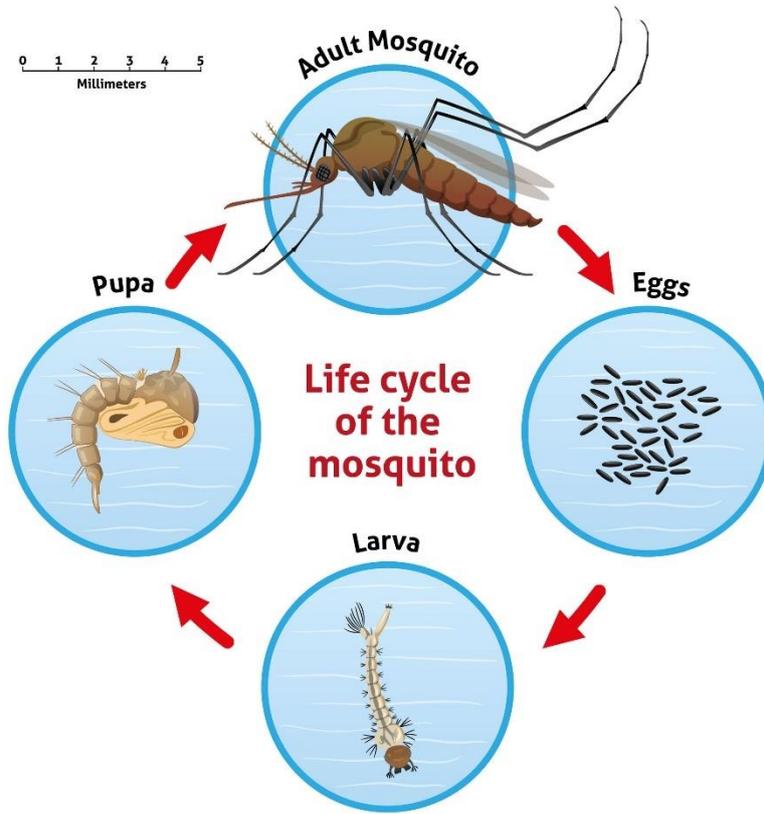
b) I spend €1.89 on tinned dog food every day. Twice a month, I also buy one bag of dry food; each bag costs €24.99. How much do I spend on dog food in one year?

c) Amy is going on holiday for four nights. She is placing her two cats and two dogs in the Pet Motel while she is away. It costs €17.50 per cat, per day and €19.80 per dog, per day. If she gets 10% discount, what is the total cost Amy will pay to board her pets?



6. Reading a diagram

Look at the life cycle of the mosquito below:



Write the stages:

- ➔ _____
- ➔ _____
- ➔ _____
- ➔ _____

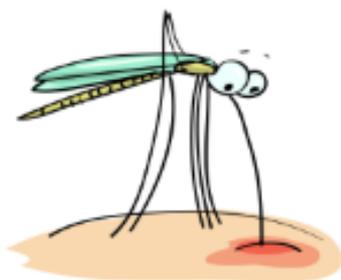
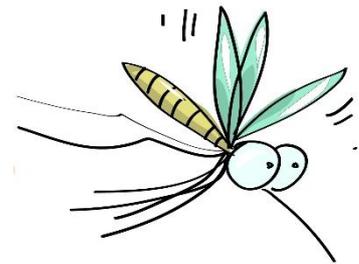
Complete the sentences:

The pupa develops into a _____

The mosquito lays _____

The larva develops into a _____

The eggs hatch into _____



Look online to see how you should treat a mosquito bite. _____ (Make sure the website is trustworthy!)



7. Building a kennel

ANIMALS

Fido needs a kennel!

Materials Needed Unit Price Total Cost

2 x sheets plywood €9.95 each _____

1 box roofing shingles €12.45 _____

1 box roofing nails €1.89 _____

4 x box small nails €1.49 _____

2 x 3-metre boards €3.89 each _____

TOTAL _____



a) What is the total cost of materials to build the doghouse?

b) Rounding to the nearest euro, what is the estimated cost of materials to build the doghouse?

c) What skills would help you build a doghouse?

d) If there was a 15% increase in prices, how much would each material cost? What would the new total be?

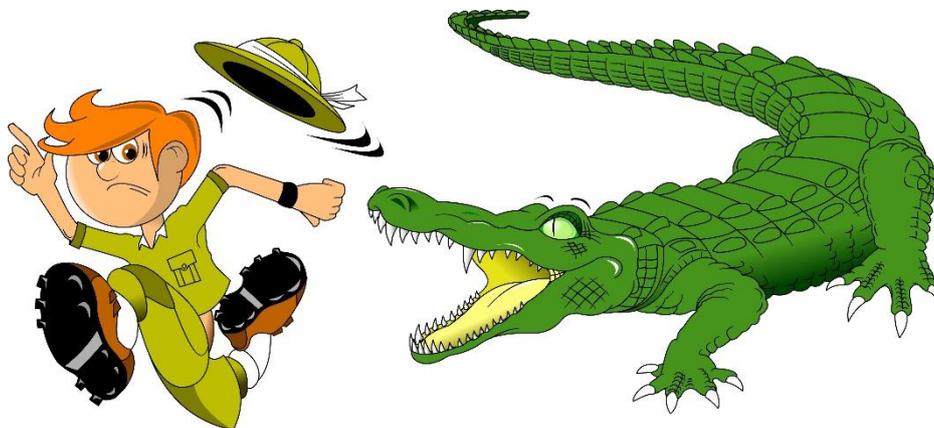


8. Animals of the world

ANIMALS

Which animals have you seen?

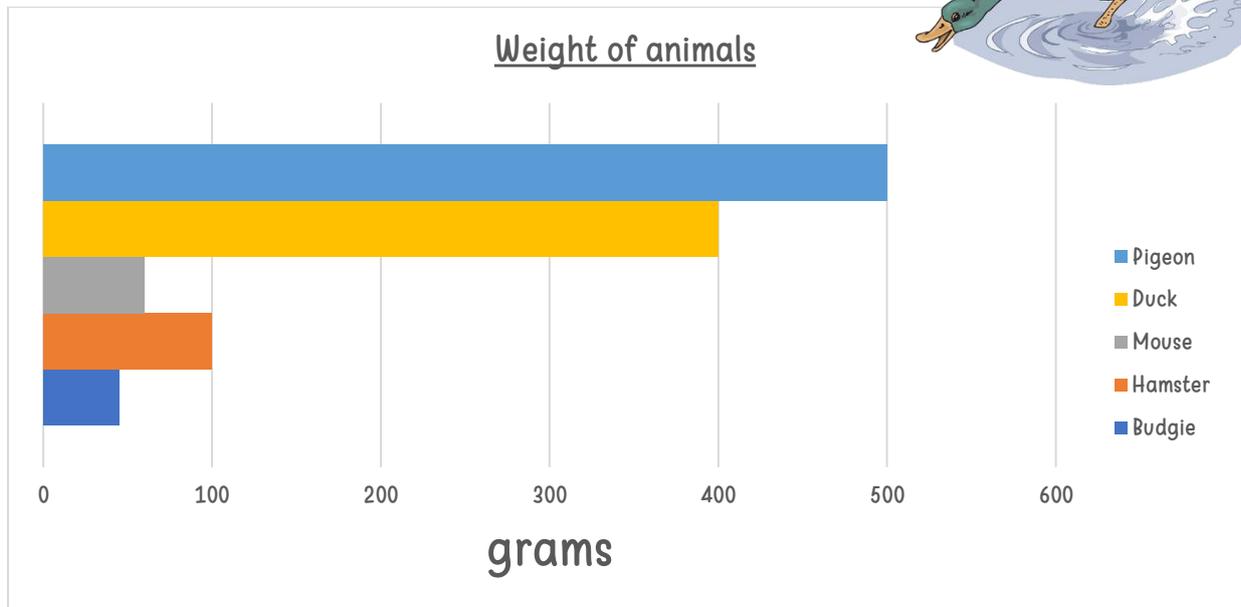
- | | | |
|-------------------------------------|---------------------------------------|-------------------------------------|
| <input type="checkbox"/> alligator | <input type="checkbox"/> hamster | <input type="checkbox"/> rhinoceros |
| <input type="checkbox"/> ant | <input type="checkbox"/> hippopotamus | <input type="checkbox"/> rooster |
| <input type="checkbox"/> bear | <input type="checkbox"/> horse | <input type="checkbox"/> scorpion |
| <input type="checkbox"/> bee | <input type="checkbox"/> kangaroo | <input type="checkbox"/> seal |
| <input type="checkbox"/> bird | <input type="checkbox"/> kitten | <input type="checkbox"/> shark |
| <input type="checkbox"/> camel | <input type="checkbox"/> leopard | <input type="checkbox"/> sheep |
| <input type="checkbox"/> cat | <input type="checkbox"/> lion | <input type="checkbox"/> shrimp |
| <input type="checkbox"/> cheetah | <input type="checkbox"/> lizard | <input type="checkbox"/> snail |
| <input type="checkbox"/> chicken | <input type="checkbox"/> lobster | <input type="checkbox"/> snake |
| <input type="checkbox"/> chimpanzee | <input type="checkbox"/> monkey | <input type="checkbox"/> sparrow |
| <input type="checkbox"/> cow | <input type="checkbox"/> octopus | <input type="checkbox"/> spider |
| <input type="checkbox"/> crocodile | <input type="checkbox"/> ostrich | <input type="checkbox"/> squid |
| <input type="checkbox"/> deer | <input type="checkbox"/> otter | <input type="checkbox"/> squirrel |
| <input type="checkbox"/> dog | <input type="checkbox"/> owl | <input type="checkbox"/> swallow |
| <input type="checkbox"/> dolphin | <input type="checkbox"/> oyster | <input type="checkbox"/> swan |
| <input type="checkbox"/> duck | <input type="checkbox"/> panda | <input type="checkbox"/> tiger |
| <input type="checkbox"/> eagle | <input type="checkbox"/> parrot | <input type="checkbox"/> toad |
| <input type="checkbox"/> elephant | <input type="checkbox"/> pelican | <input type="checkbox"/> tortoise |
| <input type="checkbox"/> fish | <input type="checkbox"/> pig | <input type="checkbox"/> turtle |
| <input type="checkbox"/> fly | <input type="checkbox"/> pigeon | <input type="checkbox"/> vulture |
| <input type="checkbox"/> fox | <input type="checkbox"/> porcupine | <input type="checkbox"/> walrus |
| <input type="checkbox"/> frog | <input type="checkbox"/> puppy | <input type="checkbox"/> weasel |
| <input type="checkbox"/> giraffe | <input type="checkbox"/> rabbit | <input type="checkbox"/> whale |
| <input type="checkbox"/> goat | <input type="checkbox"/> rat | <input type="checkbox"/> wolf |
| <input type="checkbox"/> goldfish | <input type="checkbox"/> reindeer | <input type="checkbox"/> zebra |



9. Animal weights (Reading a graph)

ANIMALS

Look at the graph and answer the questions.



a) What is the difference in weight between the heaviest and lightest animals?

b) Which animal weighs four hundred grams?

c) Does a mouse weigh more or less than a hamster?

.....

d) How many different animals were weighed?

e) How much does the pigeon weigh?



f) As a group, draw up a graph, showing the students' favourite animals. You can do it in Excel, as a group.

10. Bird, mammal, fish, reptile or amphibian?

ANIMALS

Classify the following either as bird, mammal, fish, reptile or amphibian. Look up animals online if you need to!

- a) salamander _____
- b) swan _____
- c) tortoise _____
- d) monkey _____
- e) wagtail _____
- f) salmon _____
- g) bat _____
- h) robin _____
- i) toad _____
- j) python _____
- k) squirrel _____
- l) frog _____
- m) tuna _____
- n) lizard _____
- o) swallow _____
- p) sea snake _____
- q) goose _____
- r) shrew _____
- s) sea bass _____
- t) mouse _____
- u) deer _____



11. Odd one out

ANIMALS

Circle the animal that is the odd one out in each row. Give a reason why it is the odd one out.

(a) hermit crab (b) scorpion (c) lobster (d) rattlesnake

(a) polar bear (b) fish (c) cat (d) beaver

(a) cow (b) dog (c) cat (d) black bear

(a) goldfish (b) snail (c) turtle (d) armadillo

(a) cow (b) horse (c) polar bear (d) sheep

(a) boar (b) elephant (c) rhino (d) walrus

(a) zebra (b) leopard (c) tiger (d) coral snake

(a) zebra (b) anemone (c) jellyfish (d) squid

(a) tadpole (b) frog (c) shark (d) angelfish

(a) cat (b) fox (c) rabbit (d) fish

14. Flora and fauna of Europe

ANIMALS

Draw coordinates on the image below. Choose eight animals or plants. Write the coordinates and names of animals/plants.



A. _____

E. _____

B. _____

F. _____

C. _____

G. _____

D. _____

H. _____

15. Plurals

ANIMALS

Find all the plurals in the text. Highlight or underline them.

There are nearly 10,000 different kinds of birds, and they come in all sizes. The smallest is the hummingbird and the largest is the ostrich.

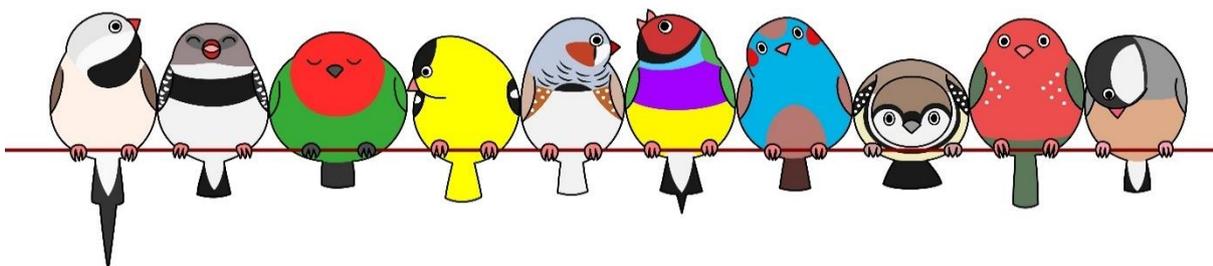
Birds can be grouped by the places they live, by things they eat, or by the shape of their feet, beaks, or wings. Birds can be found nearly everywhere in the world. Some birds eat only insects, others eat just fruit and seeds. There are also birds which eat meat and fish.

Birds have some characteristics in common. All birds have feathers, to help them with flight, to carry water to the young, or to keep them warm. All birds have two legs and two wings, although there are a few birds that cannot fly like the penguin and ostrich.

Most of a bird's body is made of feathers and hollow bones. They do not weigh very much, and this helps them with flight while using their wings. They also have very strong muscles which allow them to fly for long periods of time.

All birds have a beak or a bill, which does not include teeth. The beak is adapted for different uses such as for eating grains, skimming the surface of water, scavenging, eating fruits, or feeding from the nectar of flowers.

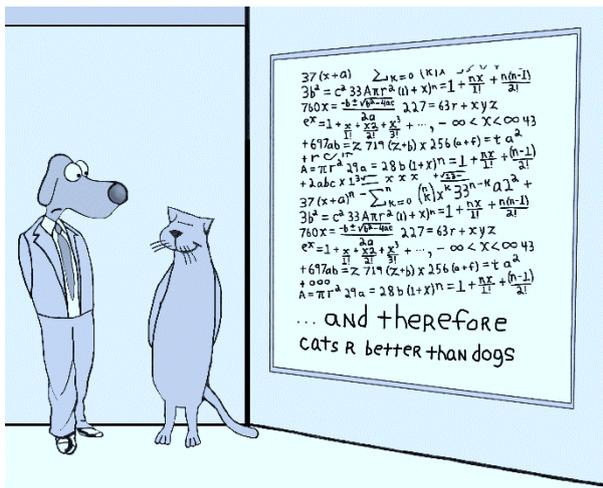
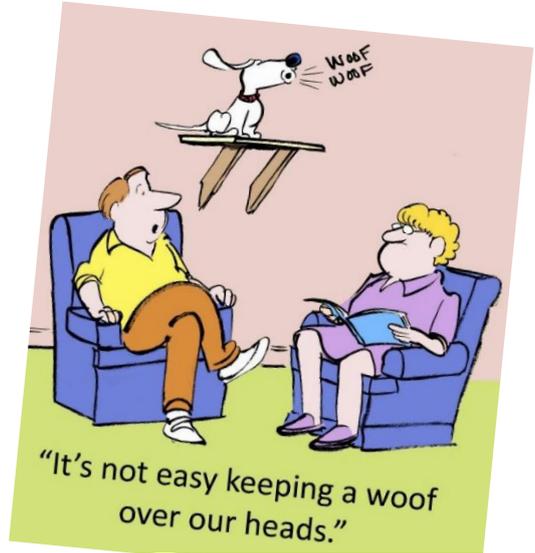
All birds are warm-blooded, and have backbones, just like mammals. Being warm-blooded means the birds can control their body temperature.



16. Discussion

ANIMALS

Talk about the images and captions below.



17. Collective nouns

ANIMALS

Complete these below. Circle 'a' or 'an' for each. :

murder, lodge, pride, knot, gaggle, crash, brood, leap, troop, school,
litter, army, pack, flock, dray, herd, pod, swarm

a) a/an _____ ants

b) a/an _____ beavers

c) a/an _____ bees

d) a/an _____ birds

e) a/an _____ kittens

f) a/an _____ cattle

g) a/an _____ chickens

h) a/an _____ crows

i) a/an _____ dogs

j) a/an _____ dolphins

k) a/an _____ fish

l) a/an _____ geese

m) a/an _____ leopards

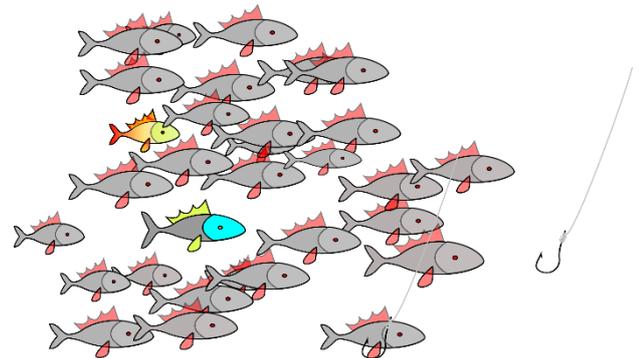
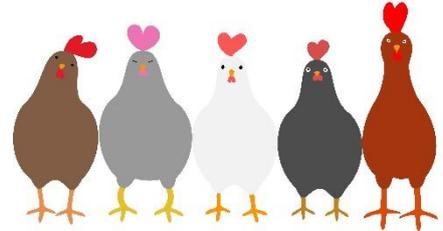
n) a/an _____ lions

o) a/an _____ monkeys

p) a/an _____ rhinoceroses

q) a/an _____ squirrels

r) a/an _____ toads



18. Cost of a pet

ANIMALS



If you wanted to get a kitten, consider the costs you would incur to get ready for your little creature.

Look up costs online and complete the table:



Things you need	Cost
Food bowl & Water bowl	
Kitten food	
Cat bed	
Litter tray	
Cat litter	
Scratching post	
Toys	
Vet for vaccinations	
Microchipping	
Getting cat spayed / neutered (a little later)	
Other	
TOTAL COST	

b) Work out what the cost would be to feed your cat good and healthy food every day.

Cats make super pets, but make sure you are willing to take to take care of all their needs!

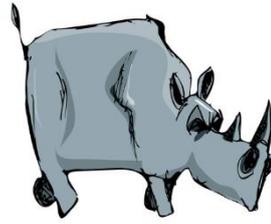


19. Dublin Zoo

ANIMALS

Look at the website: www.dublinczoo.ie

Find the information.



a) At what time does the zoo close on a Sunday in August?

b) What does a hippopotamus eat?

c) Name one place where the two-toed sloth lives.

d) For about how many hours per day does a sloth sleep?

e) What is the habitat of a star tortoise?

f) What is a tarantula?

g) What does a Humboldt's penguin eat?

h) Name one animal you can see on webcam.

i) Are there any farm animals at Dublin Zoo?

j) Name one of the endangered animals you can adopt.

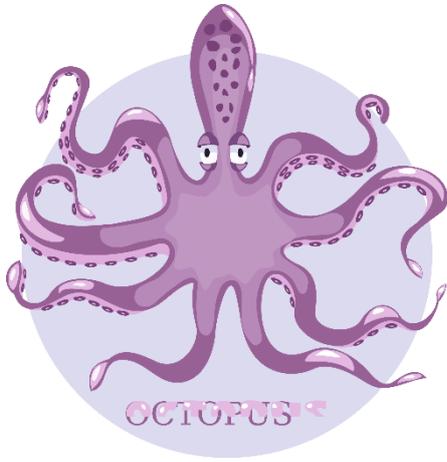
k) What is the email address for Dublin Zoo?



l) Write a fact file on an animal in Dublin Zoo. Use headings. Plan, draft and edit your writing.

20. The octopus (Scrambled words)

ANIMALS



An octopus is an amazing creature! It has three hearts, eight arms, and one huge, clever brain! add up to? Octopuses are very intelligent. They can learn new things just like us. They've even learned a few tricks to get them out of dangerous situations.

The scrambled words below are vocabulary words about an octopus.

Unscramble each word and write it on the line.

a) _____ t i e e g t l l n n

hint: smart; brainy

b) _____ m u a f c l o e g a

hint: ability to blend in

c) _____ r i b n e v e t a e r t

hint: animal without a backbone

d) _____ b e i s v i l

hint: in sight; able to be seen

e) _____ t e s o r d p a r

hint: animals that hunt other animals



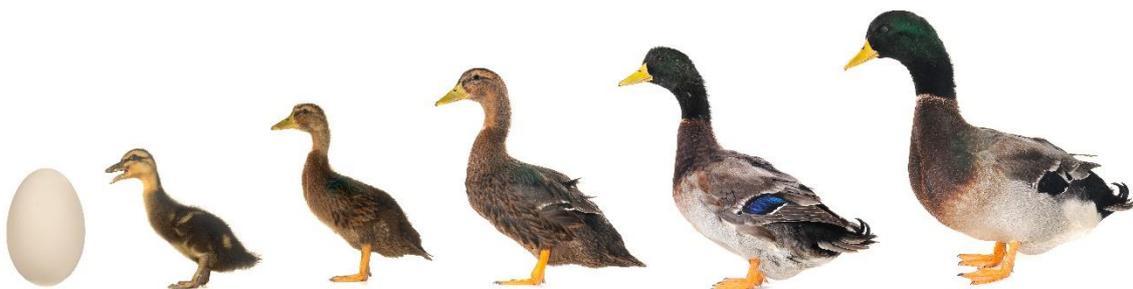
*Look online to find a video of an octopus.

21. Grouping animals

ANIMALS

Fill in the table below:

Animal	Covering	Food	Limbs	Tail	Size
human	skin, hair	plants, meat	2 arms, 2 legs	no	medium
duck					
deer					
crocodile					
frog					
crow					
fish					
snake					
fox					



22. Antonyms

ANIMALS

Antonyms are opposites, e.g. dark / light.

Fill in suitable antonyms.

- a) Tigers are **wild**, but dogs are _____
- b) Giraffes have _____ necks, but hippos have **short** necks.
- c) The parrot has a **strong** beak, but the swallow has a _____ beak.
- d) The peacock has a **huge** tail, but the chicken has a _____ tail.
- e) The birds are _____, but the zebras are **quiet**.
- f) The camel likes an **arid** habitat, but a _____ habitat is better for a penguin.



g) Write two of your own sentences, using antonyms.

23. Animal Cinquain

ANIMALS

Write about an animal, using the formula for a cinquain. Read the clues under the words to help you.

(1 word – animal)

(2 words that describe the animal)

(3 words expressing action)

(4 words telling how you feel about it)

(sum up with 1 word)

Proofread your cinquain for spelling and punctuation.



24. Hidden animals

ANIMALS

Scan the text for the names of animals! See if you can find the hidden animals in each sentence below. Draw a line under the name of the animal's name, and write it.



a) The man ate eggs for breakfast.

b) What shall I do, Greta? _____

c) I play music at midnight. _____

d) Helen is proving to be a very good student. _____

e) The groom will be arriving early. _____

f) Did you know, Bill, I once saved someone's life?

g) Daniel came late to his computer class. _____

h) Before we go hiking, we need a map and a compass.

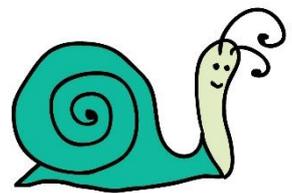
i) Please allow four to six days for delivery. _____

j) He took her on a trip to New York. _____

k) She likes almonds and pistachios.



l) He hammers nails into the wood.





Life Skills

1. Types of employment – Name the person who.....!

CAREER

- a) Somebody who plays an instrument _____
- b) Someone who grows crops _____
- c) Somebody who fixes teeth _____
- d) A person who serves food _____
- e) Someone who fixes cars _____
- f) Somebody who catches criminals _____
- g) A person who plays sports _____
- h) Someone who stars in a movie _____
- i) A person who sings songs _____
- j) Somebody who helps sick people _____
- k) Somebody who flies aeroplanes _____
- l) A person who does experiments _____
- m) Somebody who teaches _____
- n) A person who helps a doctor _____
- o) Someone who delivers mail _____
- p) Somebody who helps sick animals _____
- q) Somebody who puts out fires _____
- r) Someone who digs for metal ore in the ground

- s) Someone who cooks food _____
- t) A person who paints pictures _____
- u) A person who protects a country _____
- v) Someone who cleans buildings _____
- w) A person who makes computer games _____
- x) A person who goes to outer space _____
- y) A person who tells us the news _____



2. Occupational Outlook

CAREER

Think about the career you would love to have. Answer the questions.

1. What is the occupation or the career you chose?
2. What appeals to you about the job you selected?
3. What is the nature of the work required of the employee?
4. What are the working conditions?
5. What is the education or training that is required or the occupation/career?
6. What might you expect as a starter salary?
7. Is there an opportunity for advancements?
8. Do you thing this job will provide the lifestyle needed for your future, including retirements? Why or why not?
10. What related occupations might appeal to you?

Career Plan

At this time, my career goal is to _____

The education I need is _____



3. Work Values

CAREER

Consider each of the work values listed below and assign each of them a number. Talk about it in your group then. (1, 2, or 3) according to their importance.

1 = Not important 2 = Important 3 = Very important

- _____ Advancement: I would like a job where I can get promotion.
- _____ Adventure: I would like to be able to take risks.
- _____ Change and Variety: I would like to have job duties that change with time.
- _____ Creativity: I would like to create new ideas, works, or structures.
- _____ Environment: I would like to help improve the environment.
- _____ Family: I would like to be free to make time for family.
- _____ Fast Pace: I would like to work at a fast pace, in a setting with high activity.
- _____ Compassion: I would like to help other people and improve their well-being.
- _____ Helping Society: I would like to help improve the world.
- _____ Independence: I would like to decide for myself what to do and when to do it.
- _____ Influence: I would like to be able to change how people think.
- _____ Job Security: I would like to have the assurance of a steady job.
- _____ Knowledge: I would like to pursue truth or knowledge.
- _____ Nature: I would like to have contact with nature (animals, plants, water).
- _____ Outdoors: I would like to work outdoors.
- _____ Physical Challenge: I would like a job with physical demands and challenges.
- _____ Power: I would like to be able to manage and direct others.
- _____ Public Contact: I would like to have a lot of contact with the public.
- _____ Recognition: I would like a job where I am rewarded for my successes.
- _____ Responsibility: I would like to be relied on to fulfil important obligations.
- _____ Salary: I would like to earn a high salary.
- _____ Stability: I would like to have job duties that do not change much over time.
- _____ Status: I would like to have prestige and admiration from my community.
- _____ Teamwork: I would like to work closely with others.
- _____ Tranquility: I would like a job without a lot of stress.
- _____ Travel: I would like to travel frequently.
- _____ (other-specify)



*Type up a list of the most important work values. Add an image to match your values. Proofread, save and print your list.



4. Using context to work out meaning

CAREER

In the context of looking for employment, which of these words might an interviewer use? Tick them.

- address
- sleep patterns
- citizenship
- age
- application
- friends' names
- certification
- team player
- hobbies
- education
- county
- date of birth
- weight
- salary
- dependents
- skills
- Facebook status
- primary school
- money in your bank
- employee
- contract
- employer
- experience
- surname
- height



- political views
- goals
- occupation
- first name
- relationship status
- communication
- high school
- criminal record
- previous boyfriends / girlfriends
- next of kin
- strengths & weaknesses
- religion
- phone number
- job position
- previous experience
- quit
- PPS number

5. Interview Questions

CAREER

In pairs, practise these interview questions:



1. Tell me about yourself:

2. Why did you leave your last job?

3. What experience do you have in this field?

4. Do you consider yourself successful?

5. What do you expect to be paid?

6. Are you a team player?

7. How long do you expect to work for us if hired?

8. Have you ever been asked to leave a job?

9. What irritates you about co-workers?

10. What is your greatest strength?

11. Tell me about your dream job.

12. Why do you think you would do well at this job?

13. Do you have any questions for me?

14. What motivates you to do a good job?

15. Give me an example of an important goal that you set in the past and tell me about your success in reaching it.

16. What do you consider to be your greatest weaknesses?

17. What is the last book you read

6. The Job Application



Fill in the form. Plan, draft and edit your writing.

Application For Employment

Please print or type. The application must be fully completed to be considered. Please complete each section, even if you attach a C.V..

Personal Information

Name _____

Address _____		City _____	County _____	Postal Code _____
Phone Number _____	Mobile Number _____	Email Address _____		
Are you an Irish citizen? Yes <input type="checkbox"/> No <input type="checkbox"/>		Have you ever been convicted of a crime? Yes <input type="checkbox"/> No <input type="checkbox"/>		

Position

Position you are applying for _____	Available start date _____	Desired pay _____
Employment desired <input type="checkbox"/> Full Time <input type="checkbox"/> Part Time <input type="checkbox"/> Seasonal/Temporary		

References

Name	Title	Company	Phone

Signature Disclaimer

I certify that my answers are true and complete to the best of my knowledge.

Name (Please Print) _____	Signature _____
Date _____	

7. Writing a Cover Letter

CAREER

Read the statements and write true or false.

- a) A strong cover letter should accompany your C.V. _____
- b) A cover letter is more important than a C.V. _____
- c) In the cover letter, focus on the skills that you have that the company is looking for. _____
- d) The cover letter could be a way to grab the reader's attention. _____
- e) A cover letter is a place to highlight your weaknesses. _____
- f) In your cover letter, you can state why you would be good at the job. _____
- g) Your cover letter should look completely different to your C.V. – different paper, different font, etc. _____
- h) Check that your cover letter has no grammatical or spelling errors. _____
- i) Contact details are not included in your cover letter. _____
- j) Your cover letter should be a minimum of four pages long. _____
- k) Keep your cover letter brief and to the point. _____



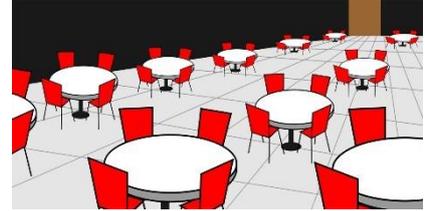
*Write a cover letter. Plan, draft and edit your writing.

8. Proofreading a cover letter

CAREER

Proofread the cover letter. Mark it!

Mr Kevin Taylor
Bellfield Restaurant
Oak view street
Bellfield



Dear Mr Taylor

I am writing to apply for the Restaurant Manager position as advertised. I have more than 20 years of experience working in the restaurant industry in a managerial role.....

In my role as a Restaurant Manager, I was an efficient, enthusiastic, + strong leader. I have trained staff and met sales goals. I was a valuable member of the team.

The Bellfield Restaurant would benefit from my skills in the following areas:

A KEEN EYE FOR EXCELLENCE AND HIGH LEVEL OF STANDARDS

Strong work ethic

Leadership skills

A positive attitude even under stress!!! 😊

I believe that the Bellfield Restaurant will be a great success for many years to come. My skills + experience would be a valuable asset.

It would be a privilege to discuss this position in more detail. I would be happy to come by whenever it is most convenient for you. Thank you for your time, and I am looking forward to hearing from you.

Sincerely,

Katie Manning

Katie Manning

9. Career quotes

CAREER

Complete the quotes using these words:

don't, Choose, application, bar, pretend, career, people, job, boss



a) Accomplishing the impossible means only that the _____ will add it to your regular duties. ~ Doug Larson

b) We pretend to work because they _____ to pay us. ~ Anon

c) Many people quit looking for work when they find a _____ ~ Anon

d) A lot of fellows nowadays have a B.A., M.D., or Ph.D. Unfortunately, they _____ have a J.O.B. ~ "Fats" Domino

e) The closest to perfection a person ever comes is when he fills out a job _____ form. ~ Stanley J. Randall

f) The difference between a job and a _____ is the difference between forty and sixty hours a week. ~ Robert Frost

g) Oh, you hate your job? Why didn't you say so? There's a support group for that. It's called everybody, and they meet at the _____ ~ Drew Carey



h) _____ a job you love, and you will never have to work a day in your life. ~ Confucius

i) People who work sitting down get paid more than _____ who work standing up. ~ Ogden Nash

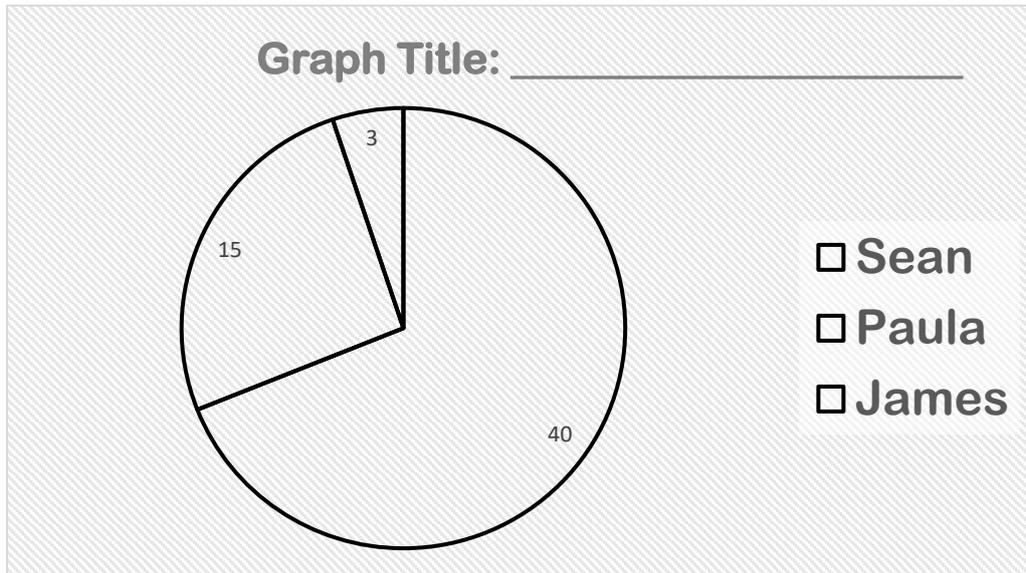




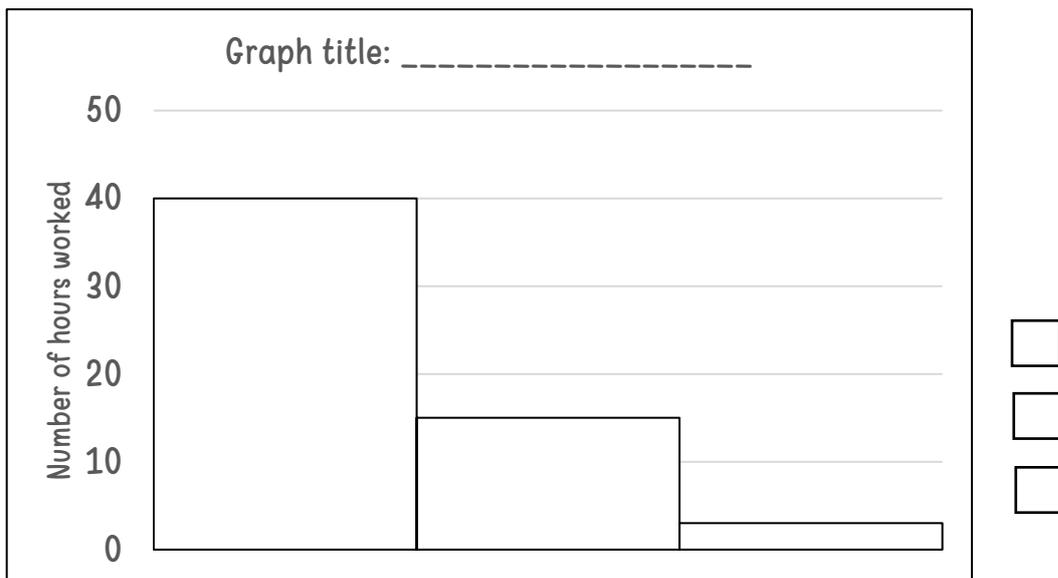
10. Working hours

CAREER

This is a pie graph showing how many hours each person worked this week:



- Add a suitable graph title.
- If Sean worked three hours, Paula worked fifteen hours and James worked forty hours, use colours or patterns to complete the graph and key.
- Complete the graph below, using the same information.



11. Profession scramble

CAREER

Unscramble the list of people's names to find out their profession.

The first one is done for you.

Anna C. Coutt accountant

Ray Creets _____

Tim Niser _____

Roy Tenat _____

Art Rein _____

Chet Incani _____

Sami C. Thin _____

Regie Nen _____

Vic E. Teedt _____

Bee W. Smart _____



Make up one of your own.

MINISTER, ENGINEER, TRAINER, DETECTIVE, SECRETARY, WEBMASTER, MACHINIST,
TECHNICIAN, ATTORNEY

12. Strange occupations!

CAREER

Try and guess first what these people do for a living; some are quite obvious!

a) Wood Pattern Maker

b) Prosthodontist

c) Face Feeler

d) Professional Cuddler

e) Professional Line-stander

f) Duck Master

g) Professional Iceberg Mover

h) Ostrich Babysitter (South Africa)

i) Hippotherapist

j) Professional Bridesmaid

k) Ocularist

l) Waterslide Tester



13. Occupation wordsearch

CAREER

Find these words:

accountant	broker	dentist	mechanic	salesman
actor	burglar	doctor	musician	soldier
actress	butcher	editor	nurse	tailor
athlete	carpenter	engineer	pharmacist	teacher
author	chauffeur	farmer	pilot	veterinarian
baker	chef	firefighter	poet	waiter
banker	clerk	fisherman	policeman	waitress
barber	coach	judge	politician	watchmaker
beautician	craftsman	lawyer	sailor	

N L F Y E F Y C Y W C H E F Q I Q O C R
 J A R I A S E S A M Z E H Q P E X H L E
 B S I R C T R T S M R L K G K E V Q E T
 R U M R E R C U M E G D U J H W O Z R H
 J E T L A H U U N T R B U R G L A R K G
 R R H C M N S E N R E T N E P R A C M I
 D T F A H I I A F R O N I C B R P L E F
 A O K P C E T R E F A L O A T E O Y C E
 B E C I H N R T E M U A I O W K L A H R
 R A A T U A I V R T C A L A P N I N A I
 E N K O O A R E H H E I H X S A T A N F
 A N C E W R H M V O P V P C R B I M I S
 Z C G W R S B E A U T I C I A N C S C S
 A D K I I P O L I C E M A N S C I T E E
 R E H F N L H Y R V I Y P O U R A F D R
 O N A M S E L A S O Q S L O E H N A I T
 L T B R O K E R Y T H D T B E B G R T C
 I I T X J G H R V D I T R P P T D C O A
 A S R E H C A E T E U A U B A C T O R C
 T T Z G A P S T R S B B V A R E Y W A L



14. Safety signs at work

CAREER

What do these signs mean?



*Invent your own safety sign. Design your sign on the computer, save it and print it.

15. Successful or not

CAREER

Read through the magazine text below.

SUCCESSFUL PEOPLE	UNSUCCESSFUL PEOPLE
Read every day 	Watch TV every day 
Compliment 	Criticize 
Embrace change 	Fear change 
Forgive others 	Hold a grudge 
Talk about ideas 	Talk about people 
Continuously learn 	Think they know it all 
Accept responsibility for their failures 	Blame others for their failures 
Have a sense of gratitude 	Have a sense of entitlement 
Set goals and develop life plans 	Never set goals 



Write three differences between successful and unsuccessful people, using your own words.

16. Handyman

CAREER

Skim-read the job ad below and write a list of skills and values required for this job:

HANDYMAN REQUIRED



We are looking for a reliable handyman to undertake, upkeep and repair the interior and exterior of our educational facility. Our facilities must be in excellent condition for our students and staff, in order to maintain our educational integrity.

The right candidate will have excellent technical knowledge and will be well-organised with strong general repair skills. A keen eye for detail and physical stamina are essential requirements.

You will have proven experience as a handyman, including experience with hardware tools and electrical equipment. You will have a basic understanding of electrical and plumbing systems.

You will also have good basic math skills, attention to detail, an ability to solve problems and be a good communicator.

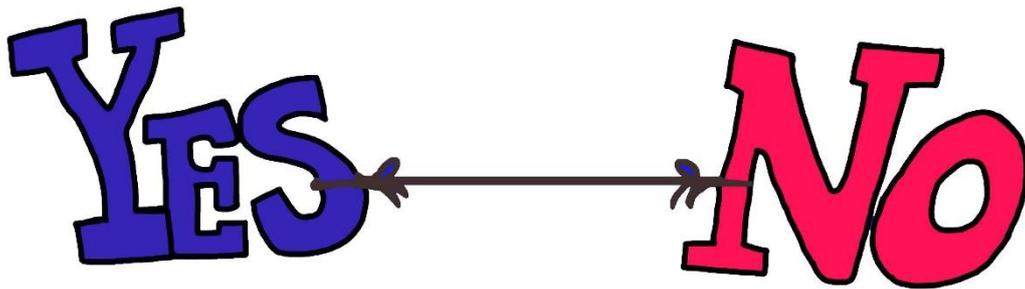
*Look for available jobs on the Internet.



17. Guess the occupation

CAREER

- a) Choose an occupation: _____
- b) Work in pairs.
- c) Your partner must ask questions to try and guess the occupation you have chosen. You may only answer yes or no. See how many questions it takes for your partner to guess the right answer!
Then swap.
- d) Did you partner guess correctly? _____
- e) How many questions did your partner ask? _____



- f) Write three good questions to ask:

18. Proper and common nouns

CAREER

Read the sentences. Circle the proper nouns and underline the common nouns.

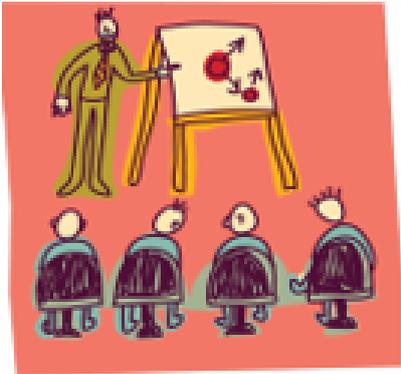


- a) Sinead asked Kyle to not quit his job.
- b) I have a new position at Google in Dublin.
- c) I think that Alan is looking in The Irish Independent for a job in Limerick.

- d) That new shop is opening in the Main Street.
- e) The new tutor, Brenda May, is well qualified for the job.



- f) The career Josh intends to follow is teaching.



- g) Derek is off work over Christmas and the New Year.
- h) On Monday, Rose has an interview at the Regency Hotel.
- i) The movie was produced by an Australian called Rob Wilson.

- j) Do you know that Tom is retiring in March?
- k) After work, we went to the Savoy Cinema to see Ghostbusters.
- l) Betty is a teacher at St. Patrick's School in Louth, Ireland.

20. Adverbs

CAREER

Adverbs are words that tell you more about verbs, adjectives and other adverbs. Many adverbs end in *ly*.

She checked all the totals **carefully**.

He was on time **regularly** for work.



Complete these sentences, using adverbs.

- a) She writes the cheques _____
- b) The traffic was moving slowly.
- c) We waited _____ to see the boss.
- d) They talked _____ at the meeting.
- e) Jake talks _____
- f) The workers walked _____ into the factory.
- g) Sara completed all her work tasks _____
- h) He was driving _____
- i) The boss paid them _____
- j) She _____ helped her co-worker.

Write 2 of your own sentences about work, each with an adverb.

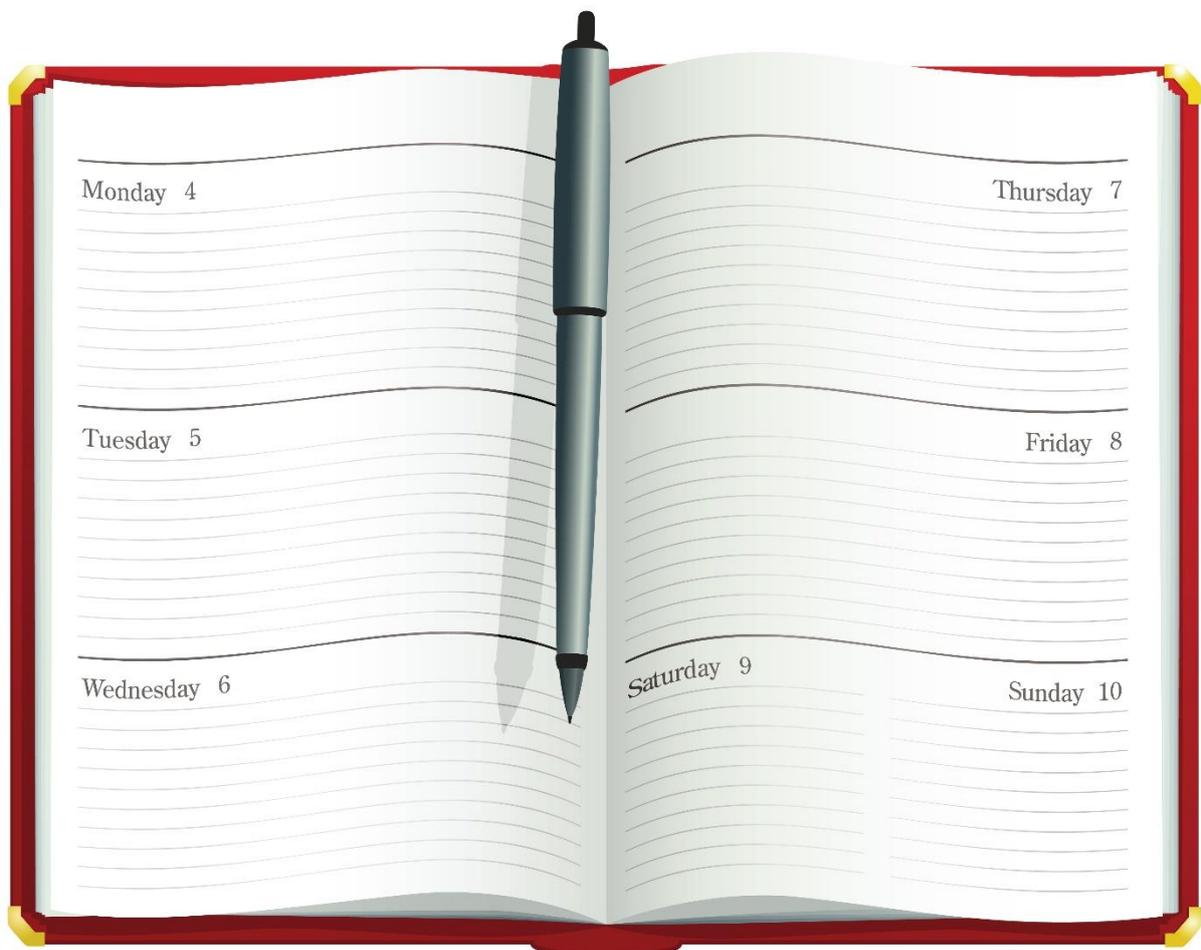


21. Diary

CAREER

Fill in the diary. Check if events are clashing. Plan, draft and edit your writing.

- On Thursday 7th, you have class from 9.30 a.m. to 2.30 p.m.
- On Monday 4th, you have a doctor's appointment at 3.30 p.m.
- On Tuesday 5th, you are working from 8 a.m. to 4 p.m.
- On Saturday, you are going shopping from 10 a.m. to 12 p.m.
- On Wednesday, you are working from 8 a.m. to 6 p.m.
- On Monday, you have class from 2 p.m. to 5 p.m.
- On Sunday, you are meeting your friends for lunch at 1 p.m.
- On Tuesday, it's Kim's 35th birthday.
- On Saturday, you are fetching a friend from the airport at 11.30 a.m.

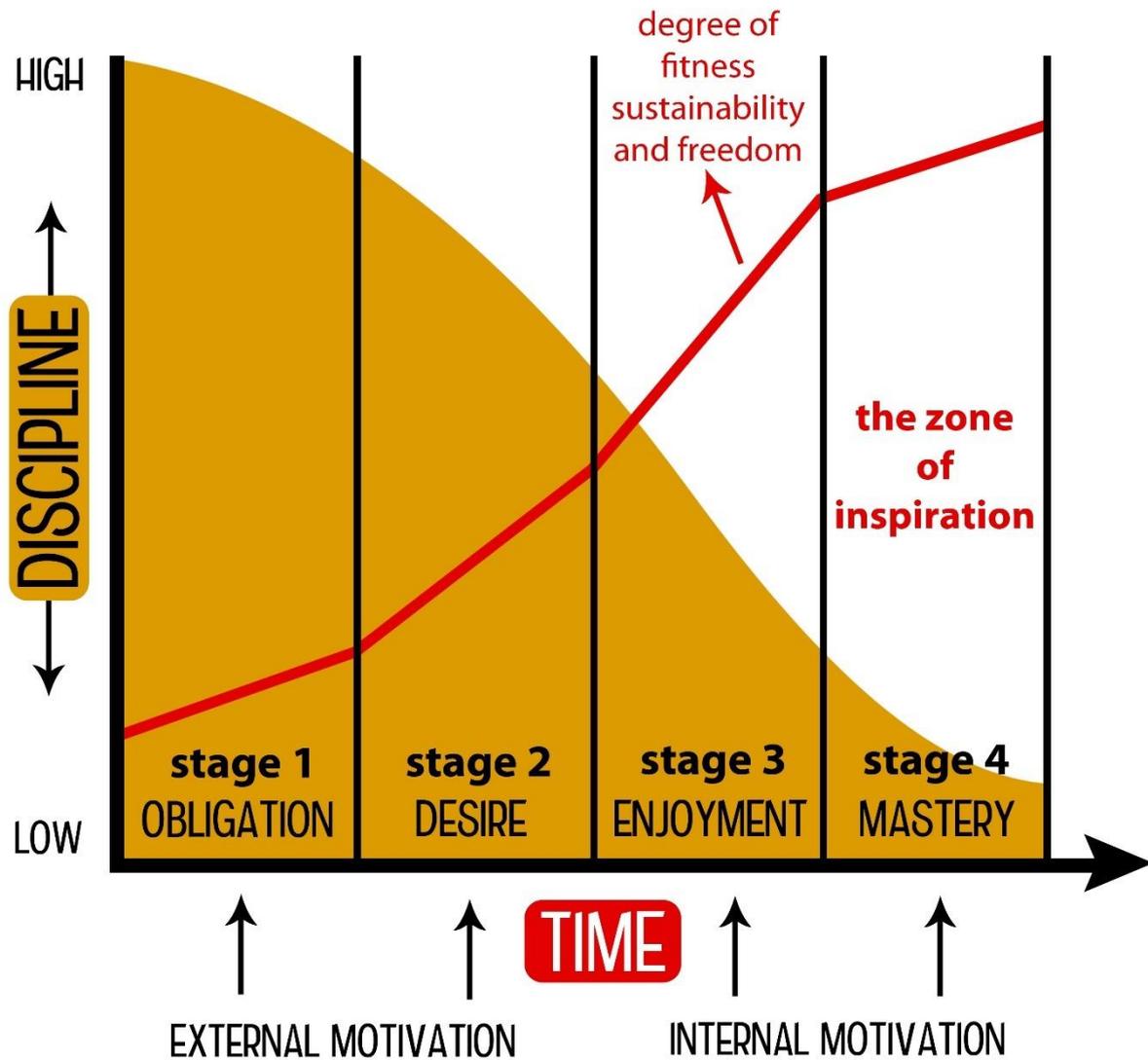


22. Motivation

CAREER

Look at this diagram on motivation. Discuss in your group. Describe a feeling you may have at each stage.

MASTERY OF MOTIVATION



STAGES	FEELING
Stage 1	
Stage 2	
Stage 3	
Stage 4	



1. What's your Attitude towards Money?

FINANCE

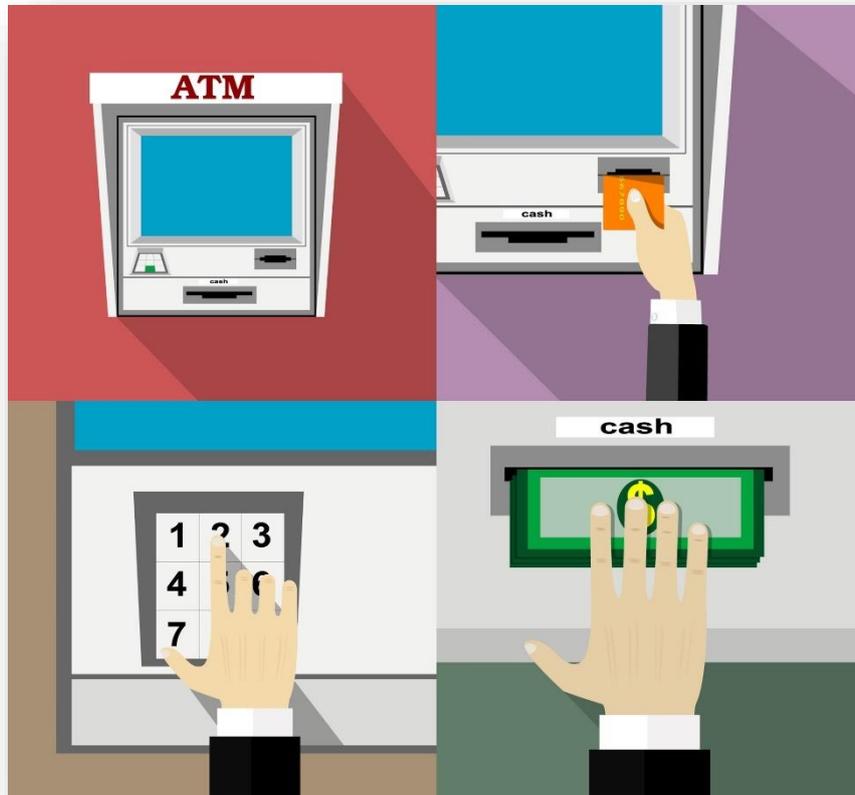
- a) I need more money than I can ever use. Yes No
- b) It bothers me when I discover I could have gotten the same thing for less somewhere else. Yes No
- c) I behave as if money were the ultimate symbol of success.
Yes No
- d) I show signs of nervousness when I don't have enough money.
Yes No
- e) I dream I will one day be fabulously wealthy. Yes No
- f) I find it difficult to part with money for any reason. Yes
No
- g) I worry that I will not have enough money to live comfortably when I retire. Yes No
- h) Money controls the things I do or don't do in my life.
Yes No
- i) When I was a child, money seemed to be the most important thing in my life.
Yes No
- j) I argue or complain about the cost of things.
Yes No



2. Using your ATM Card

FINANCE

Look at the picture. Answer the questions.



a) What does ATM stand for?

b) What is another name for an ATM?

c) In which step do you enter your PIN?

d) Can an ATM do more than just give cash?

e) How can you make sure you are safe when taking cash?

f) Can you draw as much money as you like from an ATM? Explain.

3. Paying Your Bills on Time

FINANCE

Skim-read the dialogue.

"I have a problem," Julie said to her friend, Brigid. She was opening a letter.

"I have too many debts to pay! The bills just keep coming in, and I don't know which way to turn. I'm scared to open my mail lately!"

"I'm sorry to hear that, Julie," Brigid said. "Maybe you don't have enough money coming in to cover all your bills."

"I have a good job but I am so unorganised! I think I have been ignoring things," said Julie.

Brigid replied, "Well, in that case, I will help you get organised. We will make a list of all the bills you must pay, see how much you can pay and then we can put together a plan to pay the rest."

"Are you sure you don't mind helping me?" asked Julie.

"Of course not! What are friends for? Let's get started!" said Brigid, smiling.

a) What problem does Julie have?

b) How did sharing help Julie with her problem?

c) What things can Julie do to improve her situation?



4. Paying Your Electric Bill

FINANCE

Look at this energy bill from Electric Ireland. Write the correct numbers (in red, on the bill) for each term.

Number to call _____ Invoice number _____ Meter Point Reference Number _____ Account number _____ To report emergencies _____ Meter Configuration and Usage Profile _____

Your account number ① **901234567**

To ask about this bill ② **Call 1850 372 372**
Open Mon - Sat 8am - 8pm

For emergencies or electricity interruptions ③ **ESB Networks call 1850 372 999**
Open 24 hours, 7 days a week
Please have the MPRN number ready

MPRN	10 XXX XXX XXX
DG	MC Profile
DG1	MCC01 1

④ MPRN 10 XXX XXX XXX

⑤ DG MC Profile

DG1 MCC01 1

⑥ Date of issue 12 Dec XX
Invoice Number 12345678



What maths sum can you do to check that the unit usage is correct? Show it below:

What maths sum can you do to check that the, standing charge amount is correct? Show it below.

Your Electricity usage Tariff Domestic						
meter num	current reading	previous reading	unit usage	unit price	unit type	Amount
XX	28047a	27047a	1000	0.1659	General	165.90
Total electricity charges						165.90
Standing charges and other items						Total €
Standing charge		60 days at €0.3379 per day				20.22
PSO Levy Oct/Nov						7.14
VAT		13% on €197.46				26.66

5. Pay slips

The Payment of Wages Act 1991 gives all employees a right to a pay slip which will show the gross wage and details of all deductions. A pay slip is essentially a statement in writing from the employer to the employee that outlines the total pay before tax and all details of any deductions from pay. It can be provided to you either in electronic format or in hard copy.

Look at the pay slip from **Irish Jobs** (www.irishjobs.ie) below:

Test Company Ltd		1234567E																			
Name																					
Number	Department		Frequency	PPS No.																	
			Period	Date																	
Payments	Units	Amount	Payments	Units	Amount																
Gross Pay	1.00	500.00	PAYE		57.60																
Premium Pay	1.00	88.00	USC		28.76																
			PRSI ee		18.44																
Cumulatives this employment		Revenue Detail		Pension Details																	
Gross	588.00	Basis	Cumul	Cum er	10.00																
PAYE	57.60	Tax Credit	60.00																		
USC	28.76	PRSI Class	A1																		
PRSI ee	18.44	Ins weeks	1																		
PRSI er	63.21	Cut-off	600																		
<table border="1"> <tr> <td colspan="2">Summary</td> </tr> <tr> <td>Total Gross</td> <td>588.00</td> </tr> <tr> <td>Allowed Deduction</td> <td>0.00</td> </tr> <tr> <td>Taxable Cross</td> <td>588.00</td> </tr> <tr> <td>Total Deductions</td> <td>104.80</td> </tr> <tr> <td>Non-tax Payments</td> <td>0.00</td> </tr> <tr> <td>Total Payment</td> <td>483.20</td> </tr> <tr> <td>Pay Method</td> <td>Cash</td> </tr> </table>						Summary		Total Gross	588.00	Allowed Deduction	0.00	Taxable Cross	588.00	Total Deductions	104.80	Non-tax Payments	0.00	Total Payment	483.20	Pay Method	Cash
Summary																					
Total Gross	588.00																				
Allowed Deduction	0.00																				
Taxable Cross	588.00																				
Total Deductions	104.80																				
Non-tax Payments	0.00																				
Total Payment	483.20																				
Pay Method	Cash																				



What do the numbers refer to?

- 1 _____ 2 _____ 3 _____ 4 _____
 5 _____ 6 _____ 7 _____ 8 _____
 9 _____ 10 _____

6. National minimum wage

FINANCE



An experienced adult employee for the purposes of the National Minimum Wage Act is an employee who has an employment of any kind in any 2 years over the age of 18.

However, the national minimum wage (NMW) does not stop an employer from offering a higher wage.

New rate in 2018: With effect from 1 January 2018, under SI 440/2017, the national minimum wage for an experienced adult employee will be €9.55 per hour.



Read the text and answer YES or NO.

- MNW stands for National Minimum Wage. _____
- The new rate from 2018 is higher than the rate in 2017.

- The employee must be over 21 years of age. _____
- The employee could be in the construction business. _____
- The new rate is €9.55 per hour. _____
- The new rate will apply from the 1 January 2017. _____
- The employee needs to be experienced to qualify for this.

- This SI (Statutory Instrument) is 450/2017. _____
- An employer will offer a higher wage sometimes. _____

7. What factors affect your income?

FINANCE

These factors can affect your income:

- The level of education, training, and experience you have
- The level of demand that exists for your type of work
- The number of others who have similar or better skills who can compete for the same job
- How good you are at what you do
- How long you have been working – experience / seniority
- Work habits, reliability
- The state of the economy
- Government legislation, e.g. minimum wage
- The region in which you work
- Success of the company for which you work
- Chance – being at the right place at the right time

What factors have affected your job search and/or income? List them clearly. Plan, draft and edit your writing.



8. Reading a graph

FINANCE

I went to the shop and bought a few items. Look at the graph and answer the questions.



- What was the cheapest item?
- Which was the most expensive?
- Which costs more – milk or jam?
- How much did the sausages cost?
- Which costs less – bread or cheese?
- How many items did I buy?

9. Personal finance

FINANCE

Consider your monthly expenses. Make some notes under each heading. Consider ways in which you can save money. Highlight these areas.

Home	Household bills
Loans	Transport
Insurance	Food
Medical	Entertainment
Personal care	Gifts
Savings	Other



*Look online for a personal budget template.



10. Five-Point Pledge

FINANCE

Can you make this financial pledge? Name one way in which you can do each of these things:

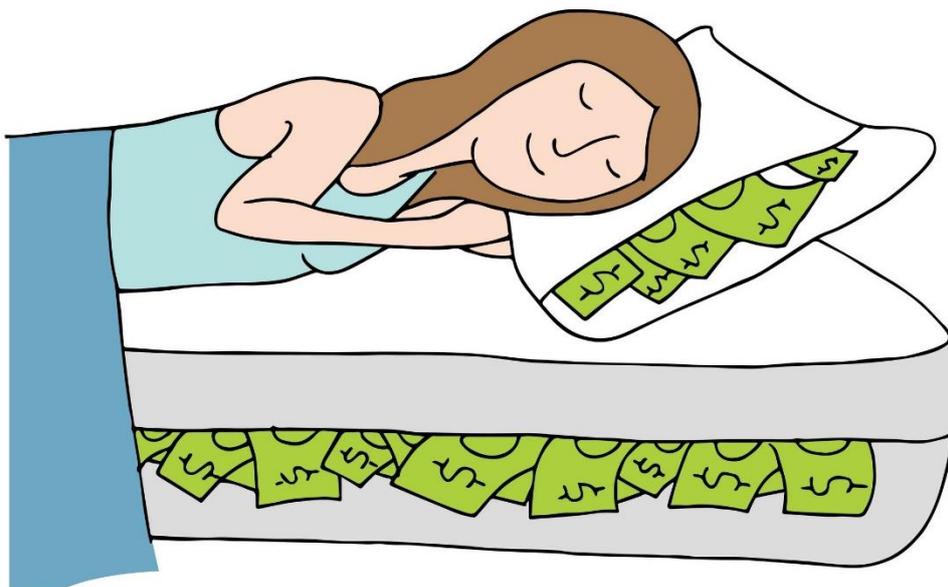
SAVE MONEY: If I don't already have one, I will open a savings account and add to it regularly.

CONTINUE TO LEARN: I will continue to educate myself on ways I can be financially literate and seek counsel before a financial disaster occurs.

PLAN AHEAD: I will continue to plan for my future, e.g. housing, holiday, education, retirement, etc.

HELP OTHERS: I will do my best to provide for my own needs. I will contribute to provide for the needs of others when possible.

SPEND WISELY: I recognise the difference between needs and wants. I will always take time to weigh my options when I spend with cash or credit.



11. Predicting

FINANCE

Read the start of one of Aesop's fables and predict what will happen next. Also predict the 'lesson' of this fable. Discuss your predictions in your group.

You can read the short story on the Internet:



<https://www.gutenberg.org/files/19994/19994-h/19994-h.htm>



THE TRAVELLERS AND THE PURSE

Two men were travelling in company along the road when one of them picked up a well-filled purse.

"How lucky I am!" he said. "I have found a purse. Judging by its weight it must be full of gold."

"Do not say 'I have found a purse,'" said his companion. "Say rather 'we have found a purse' and 'how lucky we are.' Travelers ought to share alike the fortunes or misfortunes of the road."

"No, no," replied the other angrily. "I found it and I am going to keep it."

Finish the fable. Plan, draft and edit your writing.

Lesson:

12. Saving money

A root word is a basic word to which affixes (prefixes and suffixes) are added. The root word is also a word in its own right. For example, the word **lovely** consists of the word **love** and the suffix -ly.

Read the text and write the root words for the underlined words.



i. Record your expenses. Keep track of all your expenses—that means every coffee, newspaper _____ and snack you buy. Ensure you know where every cent goes!

ii. Make a budget. Your budget should outline how your expenses measure up to your income—so you can plan your spending and limit overspending _____.

iii. Plan on saving money. Try to put away 10–15 percent of your income as savings _____, or as much as you

can!

- iv. Choose something _____ to save for. One of the best ways to save money is to have a goal. Examples: going on holiday, making home improvements, a new car, child's education, retirement _____, etc.
- v. Pick the right tools _____ to help you save. Choose an account that will give you the best interest.
- vi. Make saving automatic. You can sort this out at your bank, so that money goes into your savings account automatically _____.
- vii. Watch your savings grow! Check your progress every month. In this way, you can identify and fix problems quickly. It will also be good to see how well you are doing _____!

13. Advertising

FINANCE

Find a printed advertisement and answer these questions about the ad:

1. What is the product being advertised? _____

2. In what ways is this ad trying to influence you?

3. How is it trying to reach your emotions?

4. Are you being given all of the facts? _____

5. What does the advertisement NOT tell you about the product?

6. What does the fine print say?

7. Does this advertisement sound too good to be true?

8. Where did you find this ad? _____

9. Who or what is the source/author/creator of this information?

10. Is the information up to date? _____

11. What is the purpose of the information: to educate, to entertain, or to persuade you to buy something?

12. Is there contact information? _____

*You can staple the advert onto this worksheet.



14. Logos

FINANCE

Look at these logos and write a product or service they are advertising.



15. Advertising Tricks

FINANCE

a) Read the dialogue:

Mary: Does my hair look dry and dull?

Rob: Your hair looks fine!

Mary: I think I should buy this new shampoo. Look at this ad I found. Look at the woman's gorgeous hair!

Rob: There's nothing wrong with your hair!

Mary: But look at this picture of this super model. Look, her hair was dull before and now it's so shiny! I want hair like that.

Rob: You can't believe every claim you see in an ad. They use advertising tricks to get you to buy their products. The model in that picture would have had hours spent on her hair and even then, the photos would have been touched



up. Magazines, radio, and TV have lots of ads. The ads trap you into spending a lot of money you don't really need to spend.

Mary: I guess you are right.

b) Find an advertisement in a magazine and mark on the ad, all the advertising tricks that are being used.

c) Create your own advert for a product of your choice.



TECHNOLOGY

1. Finding information online

TECH



Do some research: The Origin of Valentine's Day.

a) How did Valentine's Day start?

b) Why do we exchange cards on this day?

c) How many Saint Valentines were there?

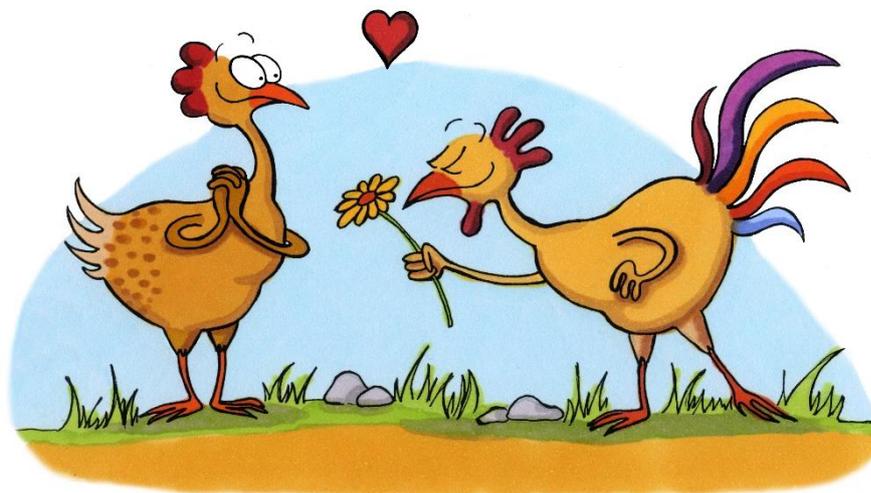
d) Why did Claudius II have Valentine arrested?

e) Whom did Henry V hire to write his Valentine's Day card to Catherine of Valois?

f) How many Valentine's Day cards are mailed each year?

g) In addition to the Ireland, what other countries celebrate Valentine's Day?

h) Name your favourite love song:



2. Using a measurement tool

TECH

Guess the average measurement and units for each of these products. Then, measure them and see how close your guesses were! Then estimate and measure objects in the classroom.



Mass:

Guess: _____

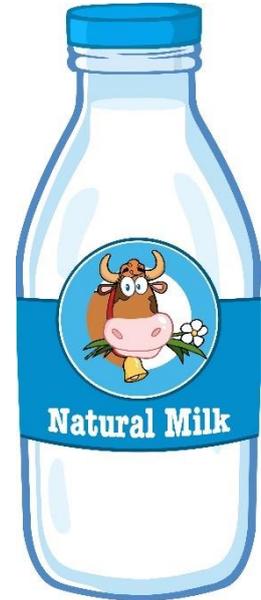
Measurement: _____



Perimeter:

Guess: _____

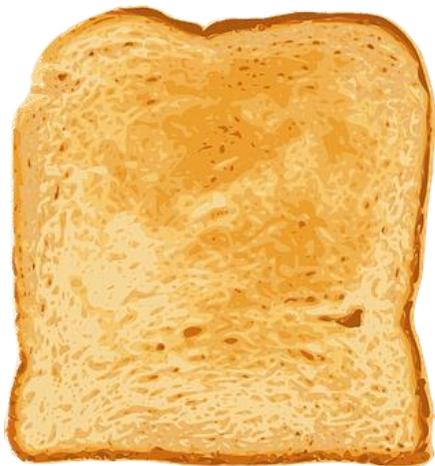
Measurement: _____



Capacity:

Guess: _____

Measurement: _____



Area:

Guess: _____

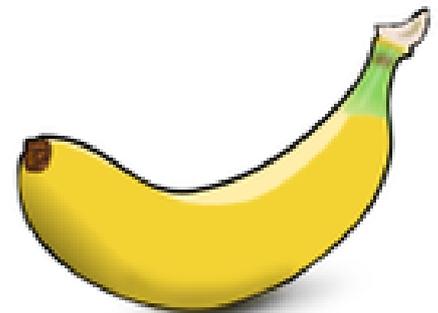
Measurement: _____



Volume:

Guess: _____

Measurement: _____



Length:

Guess: _____

Measurement: _____



3. Your digital footprint

TECH

Why does your online privacy matter? Read the information.

Your digital footprint is everything on the Internet that's about you. Your digital footprint includes your photos, audio, videos, texts, posts on friends' pages, etc.

The Internet is a great tool to communicate with family, friends, and people who have the same interests as you do.

We send messages, share pictures and videos, and join conversations on social networks.

But you must remember the risks. Once you have put something online, there may be no way to undo that.

Your digital footprint could be seen by anyone, anywhere in the world! Once something about you is online, it could be online forever.

Your privacy matters. You can protect it by sharing only things that you're sure you want to share. Knowing when to stay silent is the key to respecting other people's privacy and protecting your own.

Name some things that make up your digital footprint.

Why is your privacy at risk when you are online?





4. Personal information

TECH

What personal information might we want to keep private?

Complete the table below and add your own examples:

Examples of personal information	YES	NO	MAYBE
Your home address			
Your home telephone number			
Your full name			
Your mobile number			
Your email address			
Your email password			
Your usernames			
Your medical history			
Your banking details			
Your hobbies / interests			
Your photos and videos			
Your coursework			
Your holiday plans			
Other:			

5. Phishing

TECH

Complete the sentences:

ignore, unsafe, trick, information, steal, your, viruses, trust

- a) Phishing is when someone tries to _____ your information online.
- b) The _____ being stolen could be your login or account details.
- c) It could be someone pretending to be someone you _____ in an email, text, or other online communication.
- d) Phishing emails can link you to unsafe sites or send you _____ downloads and attachments.
- e) These phishing emails can also put _____ on your computer that use your contact list to target your friends and family with more phishing emails.
- f) Other scams might try to _____ you into downloading malware or unwanted software by telling you that there's something wrong with your device.
- g) Remember: A website or ad can't tell if there's anything wrong with _____ device.
- h) If you do not trust the email, attachment, advert or message, then _____ it!

Which of these screens looks like safe?



6. Technology abbreviations

TECH

Write the abbreviations for the following:

a) Automated Teller Machine _____

b) Computer-Aided Design _____

c) Carbon Copy _____

d) Compact Disc _____

e) Computer Generated Imagery _____

f) Central Processing Unit _____

g) Digital Camera Images _____

h) Digital Versatile Disc _____

i) Frequently Asked Questions _____

j) High Definition Television _____

k) Hypertext Transfer Protocol _____

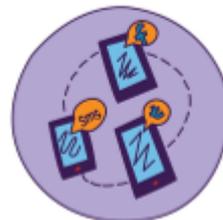
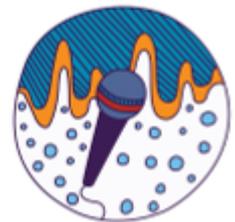
l) Information and Communication Technologies _____

m) Internet Service Provider _____

n) Peer to Peer _____

o) Uniform Resource Locator _____

p) Visual Display Unit _____





7. Checking safety

TECH

How will you know if emails, texts, links, attachments or websites are risky?

Choose a website to visit. Write the URL below:



Use this site to answer these questions:

- a) Does it include the indicators of a trustworthy site, such as badges? -----
- b) Does a site's URL match the name and title you're looking for?

- c) Are there any pop-ups? -----
- d) Does the URL start with https:// preceded by a green padlock?

- e) What's in the fine print? (That's where they put the sneaky stuff.) -----

Do you think this is a safe website? Say why / why not.

*When there is any doubt, rather err on the side of caution.

8. Dodgy email

TECH

Read the email and highlight the parts of the email that suggest that it may be a scam:

Subject: Great Opportunity my friend

From: robinteacher583@example.com



Dear Friend.

My name is Robin and I am an Irish teacher, teaching young children in Africa.

I am teaching a massive group of students and I believe that I make a lot of a difference in the lives of these children. Unfortunately, the government here has been overcharging me on my taxes. As you know, teachers are never meant to be paying this much tax because we are not being paid well. I am due to inherit a huge amount of money (over 5 million euro) and I don't want the government here to get it. When I get this money, I want to be able to help these children with food and shelter.

You have always been a good friend to me so I want to keep the money in your bank account until after the tax period. As a reward, I am willing to leave you 1 million euro. This is such a good deal and only for you my friend.

Please send me your complete bank details so I can put this money in your account.

Your good friend for ever,

Robin Smith



9. Reading instructions

TECH

Read and follow the instructions. You will need colours.



- Draw a small X in the bottom left-hand corner of the screen.
- On the bookshelf, on the top shelf, colour the third book from the left in yellow.
- On the keyboard, colour the key red in the top row, that is fifth from the right.
- In the bottom right-hand corner of the screen, write your first name, in small print, in green.
- On the bookshelf, on the bottom shelf, colour the middle book blue.
- Draw a smiley face on the coffee mug.
- Draw another sticky note on the top right-hand side of the screen, similar to the one on the left-hand side.
- Draw a square on the plant pot.

10. Social media icons

TECH

Identify the social media icons. Use arrows.

A photograph of a smartphone screen displaying a grid of app icons. The icons are arranged in two rows. The top row contains Facebook, Snapchat, Instagram, and Twitter. The bottom row contains Chrome, Gmail, Spotify, and Messenger. Eight black arrows originate from the icons and point to eight empty rectangular boxes with blue borders. The boxes are positioned as follows: one above Facebook, one above Snapchat, one to the left of Chrome, one to the left of Gmail, one above Instagram, one above Twitter, one to the right of Spotify, and one to the right of Messenger.



*Create your own icon for a common social media site, e.g. Facebook, Google.

11. Computer costs

TECH

Mark bought a laptop on sale for $\frac{1}{4}$ off the original price of €475.00. He got a further 10% discount as it was a display model. How much did Mark pay for the computer, if 23% VAT was added to the total?

Is this laptop above cheaper or more expensive than the one below? _____



12. Consumer research

TECH



Select an item that costs more than €100 that you would like to buy. Research and compare at least three brands using consumer information resources online and then the decision-making process.

Item researched: _____

Comparison:

Brand #1

Feature:

Brand #2

Feature:

Brand #3

Feature:

Decision Making Process:

Identify: _____

Brainstorm: _____

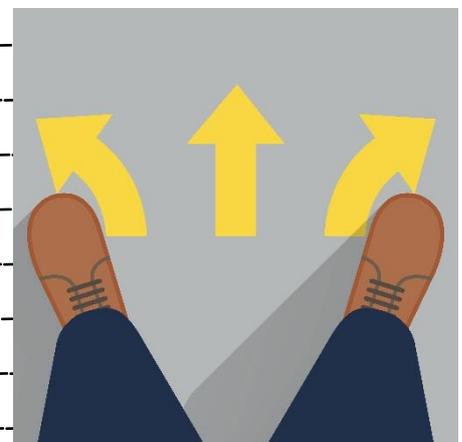
Explore: _____

Act: _____

Evaluate: _____

Decision: I would buy _____

Because _____



13. Search the web

TECH

Find information on the Internet. Make sure you use credible sources.



- a) How many calories should you be having every day? _____
b) Name three healthy meals.



- c) Name a benefit of drinking water.

- d) How much exercise should you be doing each week?

- e) What foods can help to reduce stress? Name at least three.

- f) How can you improve your diet?

- g) How many calories could you burn if you swim for an hour?

- h) Write the name and telephone number of a fitness centre near you.

INTERNET

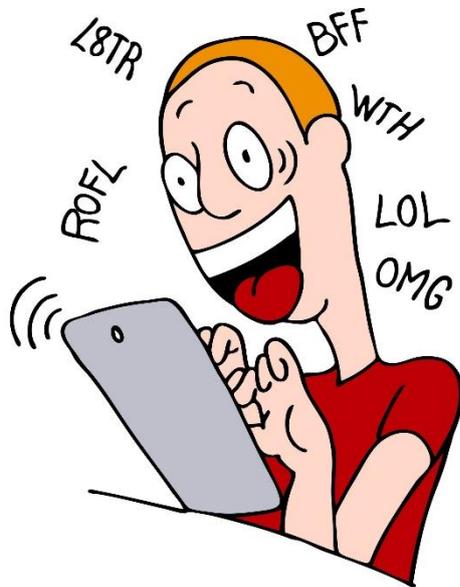


14. Text messages

TECH

Use shortened text to write these messages. Examples you could use:

l8r = later, 4 = for, u = you, ur = your, 2moro = tomorrow, @ = at, c = see, r = are, b4 = before, gr8 = great, y = why, b = be, 2 = to, nite = night, w8 = wait



a) Where are you?

b) See you later.

c) I'll be there before eight.

d) You forgot your bag.

e) I'm waiting for you at the shop. _____

f) I'm going to meet Declan at ten o'clock. I'll see you there.

g) Great! I will see you tomorrow. _____

h) Can you pick me up at five o'clock? Would that be OK?

i) Don't forget to call me. _____

j) Why are you sad? _____

k) What are you doing tonight? _____

15. Ted Talks

TECH



Go to the Ted Talks website: www.ted.com/talks

Choose a topic that interests you. Find a video that interests you and watch the whole video.

Fill in the table below:



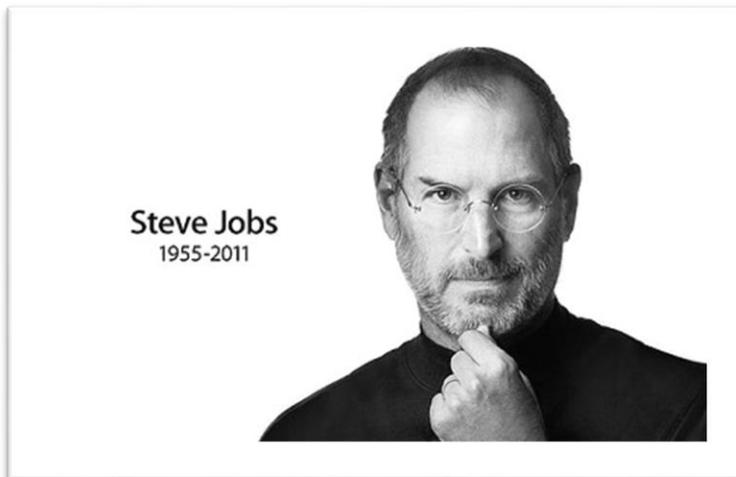
Title of the video	
Speaker's name	
Speaker's occupation	
Length of video	
Number of views	
What is the video about?	
What was the tone of the video?	
What do you think is the purpose of the video? (entertain, persuade, inform, etc.)	
Did you enjoy the video? Give reasons.	
Did the video provide food for thought? If so, what?	

TED Ideas worth spreading

16. Who was Steve Jobs?

TECH

Read the text. Create a timeline, based on the text.



Steve Jobs created the company, Apple. Some of their products include: iPads, iPods, iPhones, smartwatches and Mac computers. These things are now such an important part of the lives of millions of people.

Steve Jobs was born on February 24, 1955, in San Francisco, California. When he was young, he had an unusual hobby: he liked to take apart televisions and put them back together again. He was a very good student in school and even skipped a year. In 1972, when he was seventeen, he graduated from high school. He then began his studies in Reed College, in Portland, Oregon, but dropped out after six months. He was unsure of what he wanted to do.

Two years later in 1974, he travelled to India, and while there he learned about Buddhism.

After Steve Jobs returned to the United States, he found a job as a video game designer at a company called Atari, and two years after that, in 1976, when he was only twenty-one years old, he created his own company – Apple Computer – with his friend, Steve Wozniak. Steve Jobs later got married in 1991 and had four children. Unfortunately, doctors discovered that he had cancer in 2003 and in 2011 he died at the age of only 56.



17. Computer vocabulary

TECH

Complete the sentences:

attachment, blog, delete, document, download, ebook, email address, Inbox, keyboard, laptop, link, online, password, sign in



- a) I can send you a message if you let me know your _____.
- b) If you click on that _____, it will take you to a new website.
- c) I sent you an email this morning. Did you check your _____?
- d) How many hours a day are you _____?
- e) I bring my _____ computer to class.
- f) How do you upload and _____ files?
- g) Be careful when you decide to open an email _____. It may have a virus!
- h) I write about my learning experiences on my own personal _____.
- i) You can _____ any computer document or e-mail message that you don't want to keep.
- j) Oh no! I just spilled my coffee on my computer _____!
- k) I usually read _____s, instead of hard copies.
- l) You can _____ to your webmail account with your username and password.
- m) My friend sent me an email with an attachment called poster.doc – 'doc' means _____.
- n) My _____ is made up of letters and numbers and no-one would be able to guess it!

18. Your opinions

TECH

Read the sentences below. Circle the numbers that best express your opinions. Then, compare your answers with the group.

- 5 = I agree completely
- 4 = I mostly agree
- 3 = I'm not sure
- 2 = I mostly disagree
- 1 = I disagree completely



STATEMENT	YOUR OPINION
Going online is great entertainment.	1 2 3 4 5
Children should be learning computers from Junior Infants.	1 2 3 4 5
Chatting online to strangers is a waste of time.	1 2 3 4 5
Surfing the Internet is better than reading a book.	1 2 3 4 5
The Internet is a good study tool.	1 2 3 4 5
The Internet can be dangerous if you are not sensible.	1 2 3 4 5
Computers will replace teachers in the future.	1 2 3 4 5
Trying to find information online is difficult.	1 2 3 4 5
Computers are smarter than people.	1 2 3 4 5
Typing on a computer is easier than writing by hand.	1 2 3 4 5
Life would be impossible without computers.	1 2 3 4 5

19. Computer quiz

TECH



Answer the questions.

a) What does it mean to 'edit' a document?

b) What is the main function of the computer mouse?

c) What is a font? Name one.

d) What should you do before you 'paste' something onto a document?

e) Where can you find a 'Home Page'?

f) What is a password?

g) What is an icon? Give an example.

h) What can you save on your computer? Give 2 examples.

i) What could you find in your Trash folder?

j) What is an example of a search engine?

k) What is the opposite of 'shutting down' a computer?

l) Can a computer virus be damaging? Explain.

20. Learning hunt

TECH

Use the Internet to find these things. And then discuss in your group, the information you found.

Give yourself a time limit of 20 minutes to find all!



a) A type of rose _____

b) An antique car _____

c) A city in Canada _____

d) Name of a restaurant in Hong Kong _____

e) A romance movie from 2015 _____

f) A Spanish dog breed _____

g) A current headline in the news _____

h) A marsupial _____

i) The most popular board game in the world

j) A charity shop near you _____

k) An address from a house for sale in Hollywood, Los Angeles

l) The current temperature outside _____

m) The date of the Hindenburg disaster

n) The name of a park in Shanghai, China _____

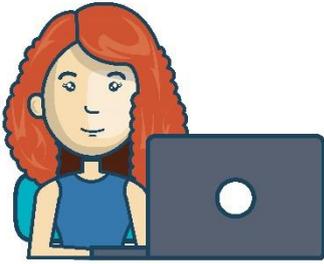
o) A natural remedy for a headache _____



*Compare the information you have with other members of the group!

21. Kindness online

TECH



Sometimes it is important to remind ourselves that behind every username and avatar there is a real person with real feelings, and we should treat them that way. Cyberbullying can happen to anyone at any age.

There are some ways in which we can help stop bullying and negative messages online. Tick the things we should do.

- Set a good example. Being a positive voice helps spread positive feelings all around.
- If others post nasty comments, respond to them, being equally nasty, to teach them a lesson.
- Don't comment on anything online, negative or positive.
- Be a friend. You should be friendly—both online and offline.
- If you find out that someone is being bullied online, let them speak up for themselves; don't get involved.
- Don't encourage bullying by giving it an audience. Don't "like" or respond to hurtful comments or posts.
- Report bad behaviour. Use online reporting tools.
- If someone bullies you online, react to them immediately by answering.
- Protect your passwords, and do not share them with others.
- Share with care. Be careful of what you share and with whom and keep extra sensitive information to yourself.

22. Emojis

TECH

Emojis are very popular, and can add meaning to your message. Choose and draw emojis for the messages below.



- a) I can't meet you. I'm studying today!
- b) I forgot about your birthday! I am so sorry!
- c) That movie made me cry!
- d) I'm feeling too sick to go out.
- e) You are so funny sometimes!
- f) I am having a stressful day at work!
- g) How are you feeling today? Show your feelings with an emoji!

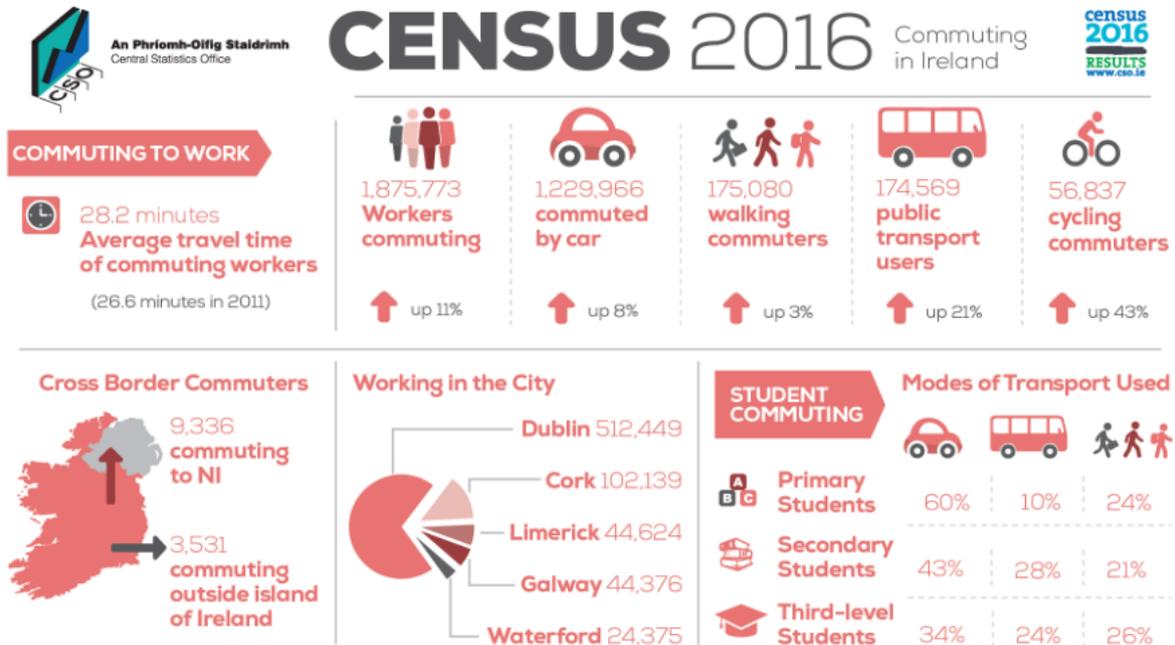


**GOING
PLACES**

1. CSO statistics

PLACES

Look at the statistics and answer the questions.



a) What is the average time it takes for people to get to work?

b) Which type of transport has increased most?

c) How many public transport users are there?

d) How many people work in the city of Limerick?

e) What is the most common form of transport for secondary students?

f) What percentage of third-level students use public transport?

2. Public transport safety

PLACES

Skim read the text below and write a few lines about the main messages.



Do you often travel by bus or train in Ireland? Travelling by public transport in Ireland is usually very safe. There are often CCTV cameras on buses and trains and in the stations. You can also take responsibility for your own safety.

When you are travelling by bus and train, always plan your journey in advance. Make sure you know where to catch your bus or train and where to get off. If you are travelling at night, check that you know the times of the last buses or trains. You don't want to be stuck somewhere without a means of getting home!

When you are using public transport, have your ticket ready. Keep your ticket safe while you are travelling, but avoid fiddling with your purse or wallet. If you have a handbag or backpack, make sure it is properly closed and that no-one can see your valuables, like your mobile phone.



Avoid travelling alone, if possible. If you are travelling at night, or in an area that is unfamiliar, try to get someone to meet. If you must travel alone, try to walk in well-lit areas, near other people. Walk confidently – try not to look lost or unsure.

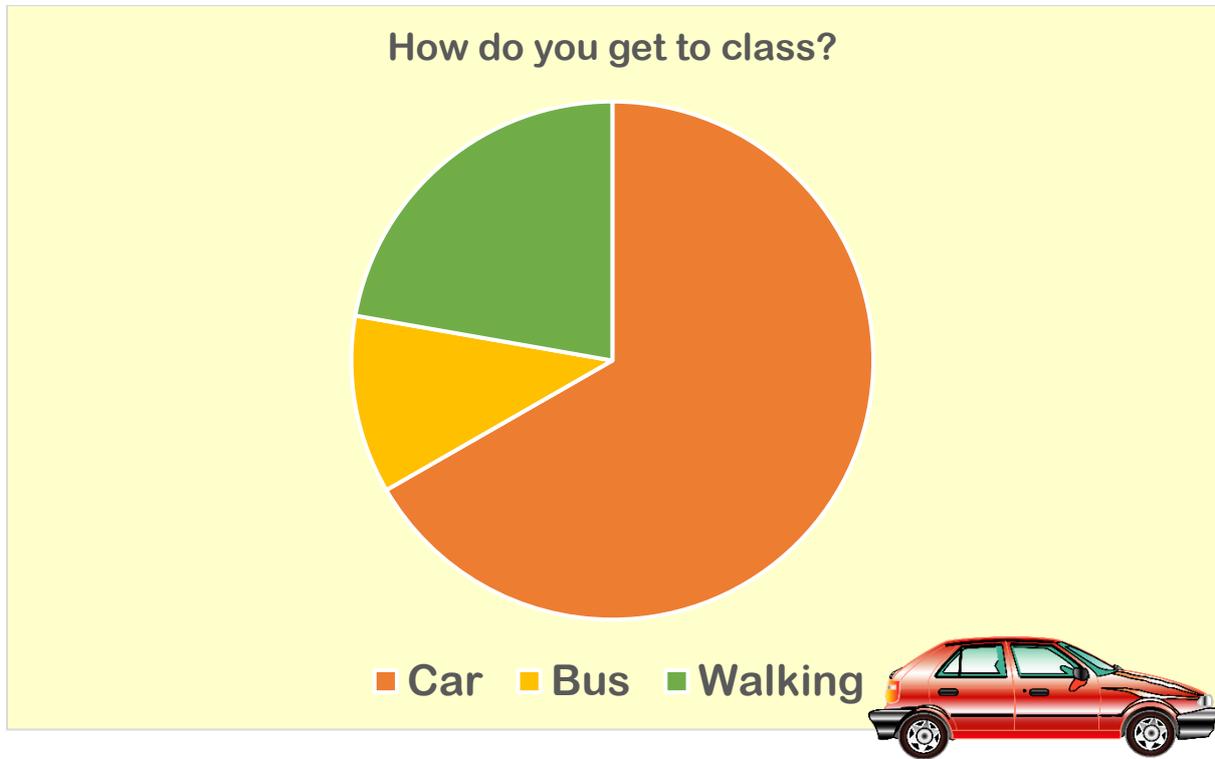


If you feel unsafe on the bus, sit close to the driver. If you are on a train, sit in a carriage where there are other people. Don't sit in an empty carriage. Always report suspect packages. If you see any unattended luggage or bags report them to a member of staff or a police officer.

3. Getting to class (Reading a graph)

PLACES

Look at the graph and write **yes**, **no**, or **don't know**.



- a) Most students get to class by car. _____
- b) This graph could have a title 'Types of transport'.

- c) More students go by bus than walk. _____
- d) This graph does not show 'Train' because no-one catches the train in our class. _____
- e) Less students go by bus than go by car. _____
- f) Twenty students were interviewed in this survey.

- g) This is a pie chart. _____

4. Transport words

PLACES

L S P E E D B O A T C A R J U O M C D A
 C O I S C L K S G K J A I I E D O A E T
 Y R C X U U T Q N E Y R R O L T T R G A
 F T A O A B H E L I C O P T E R O R R O
 C V F N M T M I K S A E N T D P R I A B
 V A E U E O B A U C L R A V L J C A B L
 Z N R F T O T B R E O O T A E E Y G Y I
 N U R A M A T I V I B R N M N E C E N A
 W C Y O V U O A V R N E O J I P L R Q S
 J R T E Y A T B O E T E B Q S Z E L Y J
 X U P L T O N T E B G O L F U C O A C H
 A I Z B R A O U C S E P N B O B S L E D
 T S K I M M P I H S U F M L M F V L K S
 R E C T F I L K R O F O I V I X C G U N
 A R U R I A T O H Q T X H L L Y O B D O
 C M R E Z O D L L U B O K E C C I I T O
 T A T V S C O O T E R A O I A N N A R L
 O R G N R E D I L G Y N B R I G O A I L
 R T C O L F Q Q Q A A U T M H B F C E A
 O T G C X D T H K C X X M Y D T L L N B

aeroplane
 automobile
 barge
 bicycle
 boat
 bobsled
 bulldozer
 bus
 canoe
 car
 caravan
 carriage
 coach
 convertible
 crane
 cruiser
 dinghy
 elevator
 ferry
 forklift
 glider
 go-cart
 golf cart
 helicopter
 hot-air balloon
 houseboat
 jeep
 jet
 kayak
 lifeboat
 limousine
 locomotive
 lorry
 minibus
 motorboat
 motorcycle
 raft
 rocket
 sailboat
 scooter
 ship
 speedboat
 submarine
 taxi
 tractor
 train
 tram
 truck
 van



5. Travelling by taxi

PLACES

Complete the sentences.

taxi, Sit, never, apps, illegal, street, book, safe



a) Always use a licensed

b) You can stop a taxi in the

_____ if you are in the city,
or you can book them in advance.

c) You can usually _____ a taxi by phone, by email,
or in the taxi office.

d) There are also _____ you can have on your phone
to order a taxi.

e) If a taxi driver stops next to you in the street and offers to take
you home, _____ accept the offer.

f) The driver is probably not licensed and it is _____
to do this.

g) _____ in the back.

h) Then you are at a _____ distance from the driver
if there are any problems. If you need to get out quickly you will
also have two doors to get out of instead of one.

6. Alphabetical order

PLACES

Write these car part words in alphabetical order.

tyre
accelerator
gear
boot
dashboard
fender
hubcap

clutch
windscreen
mirror
window
door
exhaust
wheels

brakes
headlight
bumper
radiator
seat
windshield
indicator



7. Sorting and classifying

PLACES

Sort and classify this set of transport types into a group. Circle the types of transport in red and then give reasons for your grouping. Choose another grouping and circle these in blue, and also give reasons for your grouping. (Items can be in both)



Reason/s for your grouping (red):

Reason/s for your grouping (blue):

8. Car loan

PLACES

Look at this advert for a car loan. Work out how much you will pay on interest if you pay it off in five years.

No credit? Poor credit? WE CAN HELP!

MORRIS MOTORS LIMITED

fantastic economy!

THEY'RE TAILORED INSIDE LIKE A CONJUROR'S HAT

ONLY €5000!

happy-go-lively cars

Mini-motoring in maximum luxury

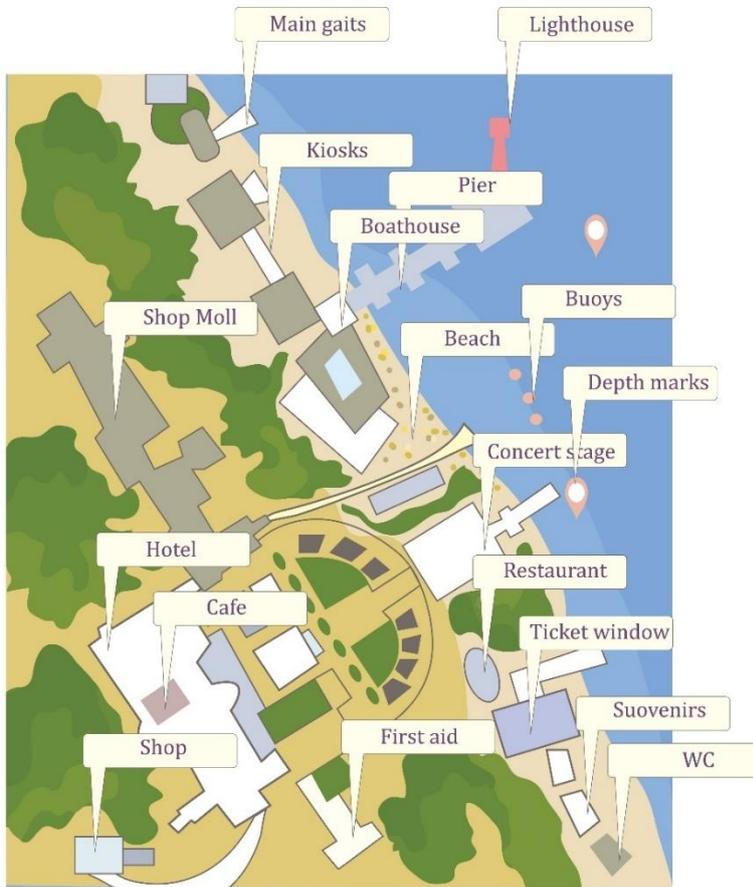
"QUALITY FIRST"
MORRIS
Super Mini-Minor

NO CASH UP FRONT! 100% LOANS.
Call us today on 705-028321.
Loan over 5 years @ 19% APR - monthly payments of €129.70

9. Beachfront map

PLACES

Look at this map of a beachfront and answer the questions.



a) Spot three spelling mistakes. Circle them and write them correctly:

b) Where would the music show take place? -----

c) What are the buoys for?

d) Where is the restaurant?

e) What is a kiosk?

f) Find a map and write 6 questions, the answers of which can be found on the map. Plan, draft and edit your writing.

10. At the airport

PLACES

Look at the Arrivals board and answer the questions:

Arrivals			
FLIGHT	ARRIVING FROM	TIME	
MW 1020	MOSCOW	10:30	
PS 4038	PARIS	10:40	
NK 9189	NEW YORK	11:20	
FT 1234	FRANKFURT	11:40	
BS 7639	BRUSSELS	12:30	
SY 1740	SYDNEY	12:50	
LN 1345	LONDON	13:10	
AA 9826	ATLANTA	13:40	
MD 4523	MADRID	14:20	
BS 1845	BUENOS AIRES	14:40	

a) What is the number for the flight going to Brussels?

b) To which city is flight FT1234 going to?

c) What time is the flight to Moscow?

d) What number is the flight going to Australia?

e) What does LN start for on the board?

f) How many flights are going to cities in Europe?

11. Signs at the airport

PLACES

You will need coloured pencils.

- Circle in blue the sign for Arrivals.
- Underline in red the sign for the Information Centre.
- Draw a black box around the sign for Keep going straight.
- Draw a blue cross through the sign for Wi-Fi.
- Circle in green the sign for Passport Control.
- Underline in blue the sign for the Food Court.



12. Countries

PLACES

Which **countries** has this person visited?



13. Time zones

PLACES



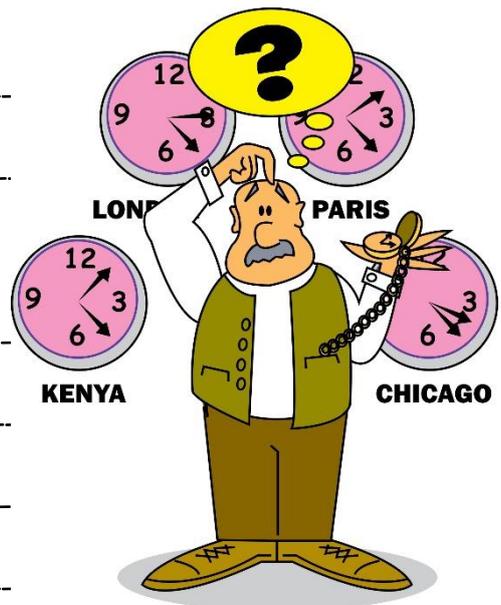
Look at one of these websites to find the times in cities around the world. Write the times and the time differences, compared to Ireland.

<http://www.thetimezoneconverter.com/>

www.timeanddate.com



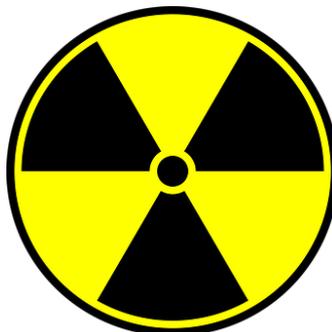
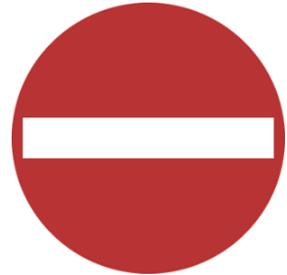
- a) Tokyo _____
- b) Mumbai _____
- c) Sydney _____
- d) New York _____
- e) Berlin _____
- f) Mexico City _____
- g) Moscow _____
- h) Oslo _____
- i) Toronto _____
- j) Madrid _____
- k) Rio de Janeiro _____
- l) Cape Town _____



14. Warnings

PLACES

What do these signs mean?



15. Poster

PLACES

Read the poster. Imagine that you went to this event. Write six sentences about your experience. Plan, draft and edit your writing.



16. Hotel facilities

PLACES

What facilities does this hotel have? Answer the questions.



- a) Can I get some laundry done while I am at the hotel? _____
- b) Are there babysitters I can hire here? _____
- c) Do I get a free cocktail on arrival? _____
- d) Is there a café and a restaurant? _____
- e) Which two forms of exercise can I do in the hotel? _____
- f) Is there a hairdresser in the hotel? _____
- g) Can I get a taxi from the hotel? _____
- h) Are there horse-riding facilities? _____
- i) Will I be able to use the Internet? _____
- j) Can I order a meal and have it delivered to my room? _____

17. Menu for kids

PLACES

Conduct some research about the prices of kids' meals. (online and/or in town) Write a sensible price list for this menu. Work in your group.



Prices

Meals

- Hot dog _____
- Pizza _____
- Spaghetti _____
- Pasta _____
- French fries _____
- Hamburger _____
- Chicken nuggets _____
- Mac and cheese _____

Desserts

Ice-cream _____

Cookies _____

Apple _____

Drinks

Juice _____

Milk _____

Soda _____

18. Adding Prefixes

PLACES

A prefix is a letter or group of letters that is added to the beginning of a word.

Common prefixes include: bi-, tri-, inter-, pre-, semi-, under-, anti-

Add the correct prefix to the incomplete words below using the word bank provided.

extra- bi- inter- semi- under- ex-

1. _____ordinary trip
2. _____national flight
3. _____truck
4. _____cycle
5. _____section
6. _____weekly
7. _____private
8. _____estimate
9. _____hale
10. _____pass
11. _____finals
12. _____ground



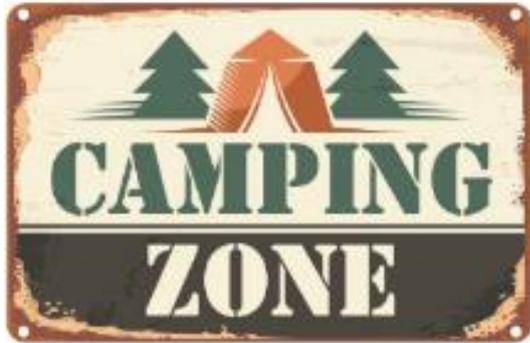
Which prefix can you add to both of these words?

_____way _____marine

19. Camping (Comprehension)

PLACES

Read the text and answer the questions:



Camping is an outdoor activity where you stay overnight in a shelter, such as a tent, a caravan, or a motorhome.

Usually, campers spend time outdoors in nature. Camping can be enjoyed through all four seasons, if you are well-prepared.

The history of camping for leisure is often traced back to Thomas Hiram Holding, a British travelling tailor, but it was actually first popularised in the UK on the river Thames. It is possible that the first commercial camping ground in the world was Cunningham's Camp, near Douglas, Isle of Man, which opened in 1894. Adventure camping is a type of camping for people who race, for example, mountain biking, during the day, and camp in a basic way at night.

Glamping (glamorous camping) is camping in luxury. Glamping goes back to the early 1900s. Wealthy travellers, who were used to comfort and luxury, camped glamorously, to suit their lifestyles!

a) Use two words to describe camping.

b) To whom is the history of camping often traced back?

c) What was the first camp in Douglas called?

d) Where is Douglas?

e) Who takes part in adventure camping?

f) When was glamping first popular?

g) If you were glamping, what luxury items would you want?



20. Resort Hotel

Answer yes, no or don't know.



- a) This hotel is situated on the beachfront. _____
 - b) The bedrooms are en-suite. _____
 - c) There is a mini bar in your room. _____
 - d) There are 72 rooms. _____
 - e) It is a five-star hotel. _____
 - f) The hotel has a restaurant. _____
 - g) There is free Wi-fi. _____
 - h) You will be given a key card to access your room. _____
 - i) The hotel is open only in the summer time. _____
 - j) The pool is for the use of guests only. _____
- *Design an icon for a hotel, showing that pets are allowed.

22. Why Paris is popular (Scanning)

PLACES

Scan the text for the reasons people visit Paris.

Why do people go to Paris on holiday? Here are some reasons:

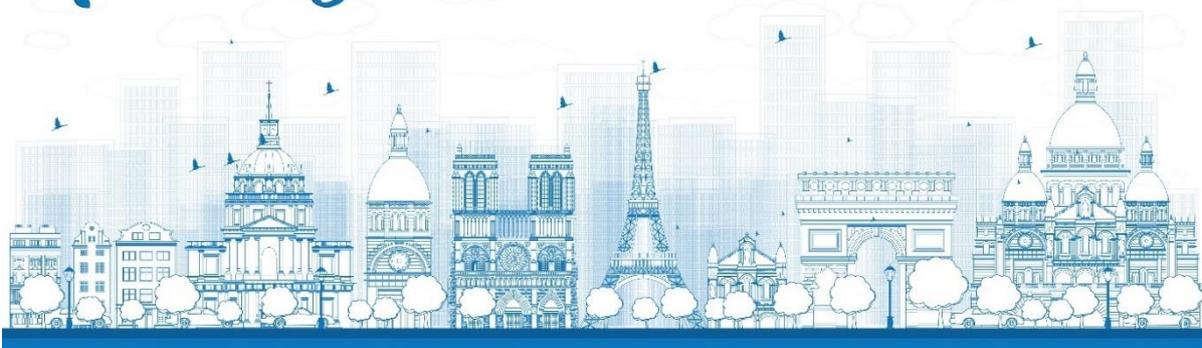
- To be tourists, and visit The Eiffel Tower and other sights
- To explore Parisian culture, e.g. the markets and museums
- To go on a boat on the River Seine and see a view of great buildings, e.g. Notre Dame, Musée d'Orsay, the Louvre, etc.
- To enjoy the sights and sounds of the city, e.g. a visit to the Arc de Triomphe, then the Champs Elysées
- To walk about in the city's beautiful parks and gardens. ...
- To sample French cuisine - to try the many delicious cheeses, bread, patisserie, pates and great French wines
- To enjoy some good old-fashioned theme park fun, e.g. Disneyland
- To shop for high fashion
- To see the historical sites, e.g. The Palace of Versailles

Write key words neatly below:

Paris



Look at Paris on Google Maps.
Can you find the Eiffel Tower?



23. Going on holiday

PLACES

Read the special offer. Underline the abbreviations. Write them out in full below.



The Hotel Sunshine is located in the area of Spain's best beaches! The Hotel Sunshine is renowned for its quality and the excellent service offered, as well as for its all-inclusive package. During the summer months, our Activities Team organise many recreational events, entertainment and shows for your enjoyment, e.g. surfing, snorkelling, water-skiing, kayaking, etc. The airport is just 10km away. Special offer valid for Aug and Sep only. €512 pp, Price includes DBB.

24 Beach Rd

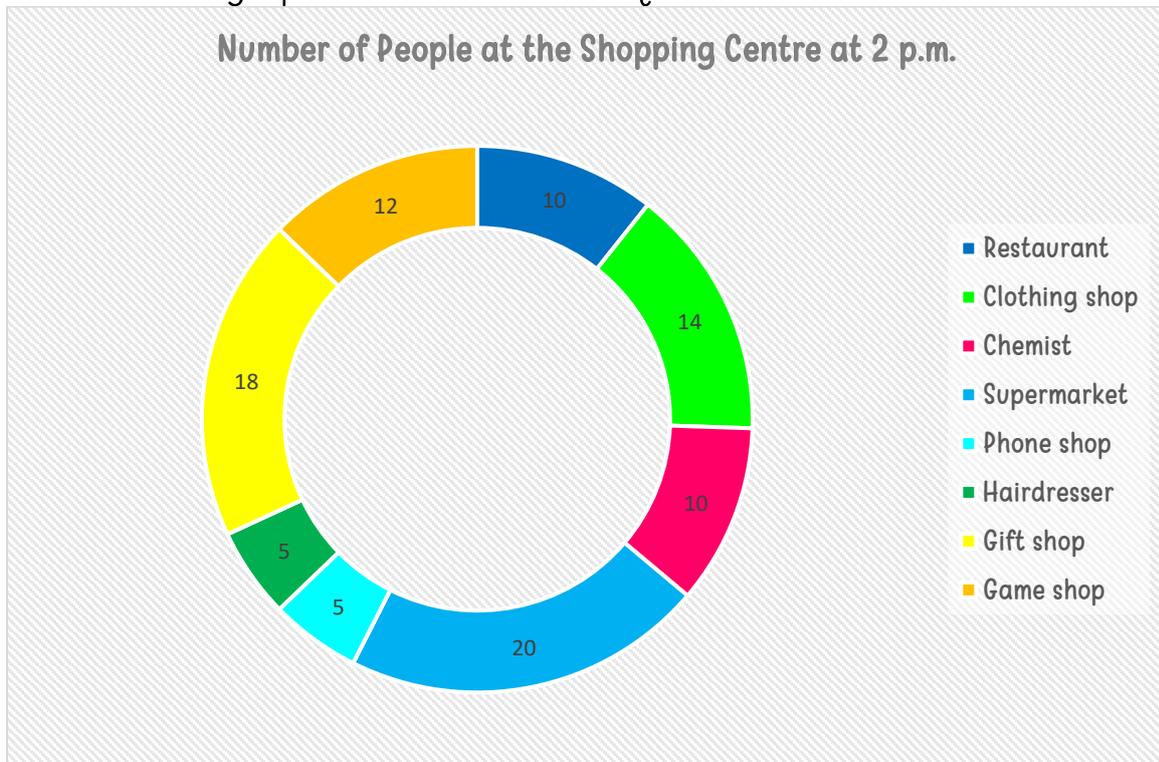


*Type up a short advert for a holiday. Include details, prices and images. Save your work and print it.

24. Shopping centre

PLACES

Look at the graph and answer the questions.



a) Name two shops that had the same number of people in them.

b) Were there more or less than ten people in the game shop?

c) Which shop had the highest number of people?

d) What is the difference in the amount of people in the hairdresser and the clothing shop? _____

e) Which shop had the second-highest number of people?



f) How many people were in the shopping centre altogether?

25. Movie review template

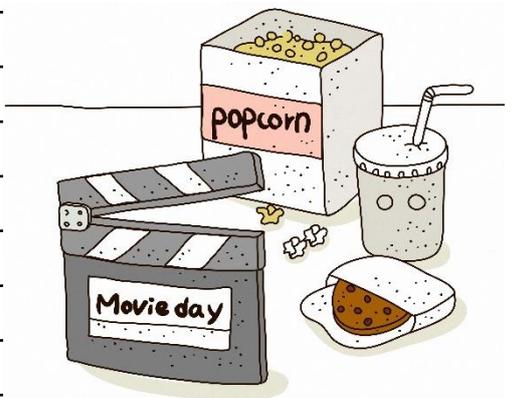
PLACES

Choose a movie that you have seen. Write a review of it, using these headings:

Title of movie: _____

Paragraph #1: Introduce the movie, e.g. type of movie.

Paragraph #2: Summarise the plot (story). Where and when did it take place? Who are the main characters? What is the story about? Do NOT include spoilers!



Paragraph #3: Talk about what you liked about the movie and what you didn't like.

Paragraph #4: What was the theme/moral of the movie?

Paragraph #5: What is your final word on the movie? Is it good or bad?

Rating system:



26. Gym Membership

PLACES

Look at the price list for gym membership. Choose a package and work out how much it will cost you per month, per week and per day.

Single Membership

	3 Months	6 Months	12 Months
Gym & Pool	€135	€235	€400
Pool only	€100	€175	€325
Gym Only	€100	€175	€325

Student / +55 Membership

Gym & Pool	3 Months	6 Months	12 Months
	€99	€170	€300

Off Peak *

Gym & Pool	3 Months	6 Months	12 Months
	€100	€175	€325

**Off peak times - Mon -Friday 9am-5pm*



27. Onomatopoeia

PLACES

Give examples of where you may hear these when you are out and about!

A yellow, bubbly, comic-style font for the word "SPLAT!". Below the text is a white splash with a black outline.

A red, slanted, comic-style font for the word "WHOOSH". To the left are three horizontal lines indicating motion. Below the text is a black shadow.

A yellow and blue, comic-style font for the words "RING RING!". Red wavy lines surround the text.

A yellow, oval-shaped, comic-style font for the word "BEEP!". Red dashed lines radiate from the bottom.

A yellow, comic-style font for the word "BOING!". Below the text is a green oval with white clouds and lines indicating a bounce.

A yellow, comic-style font for the word "ZAP!". The text is inside a red, jagged, starburst shape.

A yellow and red, comic-style font for the words "KER-THUD!". White clouds and lines radiate from the bottom.

A red, comic-style font for the word "WHIRRRR". Yellow and blue swirls surround the text.

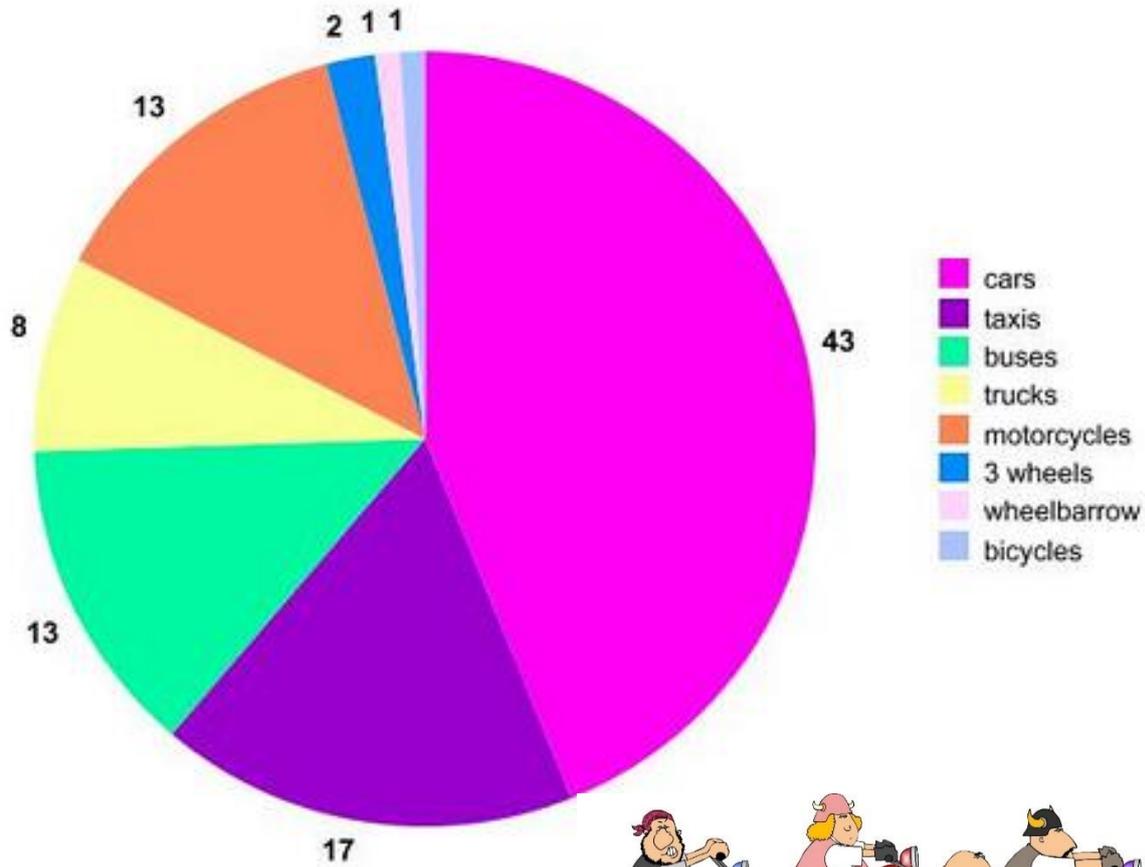
A teal, comic-style font for the word "GULP!". Below the text is a white splash with a black outline.

28. Reading a pie graph

PLACES

I was sitting in a café, looking out of the window, and I counted all objects with wheels. These are my results.

WHEELS FROM THE WINDOW



Answer the questions:

- What did I see most of? _____
- How many trucks did I see? _____
- Did I see more motorcycles or more taxis? _____
- What does the green segment stand for? _____
- How many wheelbarrows did I see? _____

29. On the Street

PLACES



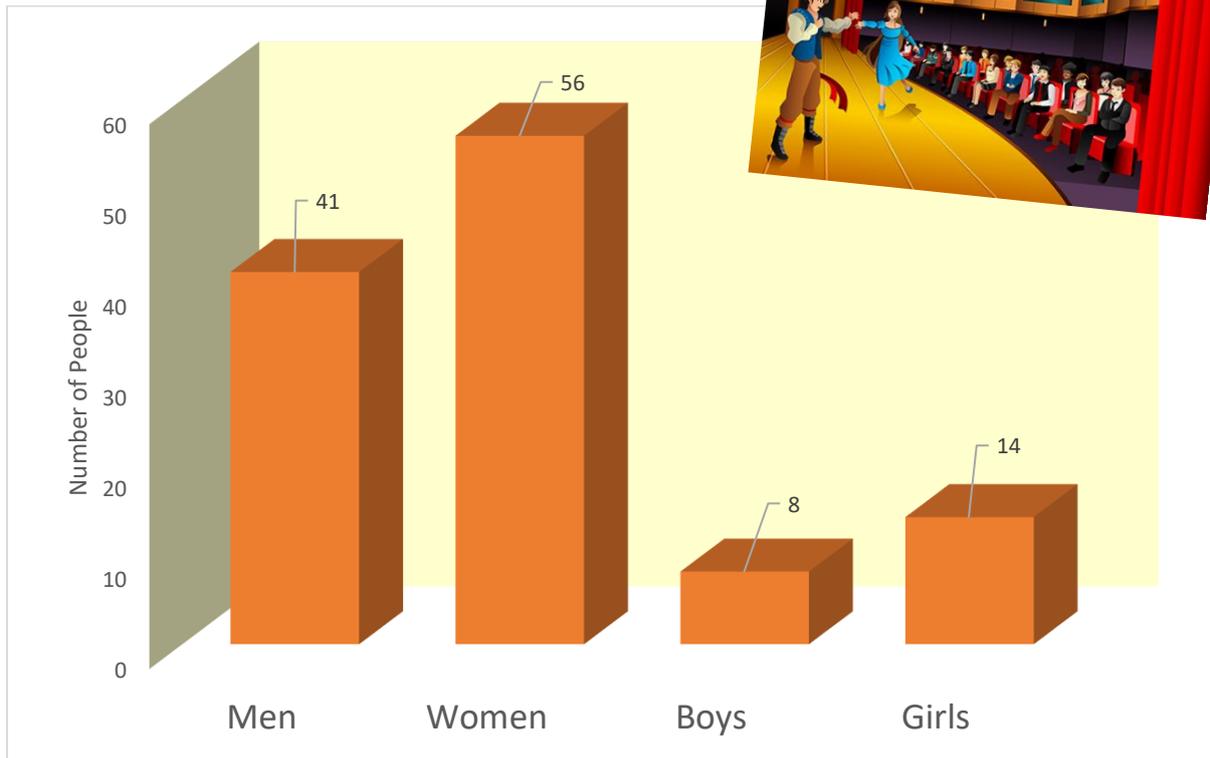
Which of these safety tips do you follow when you are out and about?

- I avoid walking alone, especially at night or in remote areas.
- I dress in clothing that allows freedom of movement.
- I walk purposefully, in an alert and confident manner.
- I walk on the outside of the sidewalk, facing traffic.
- I check routes to my destination before leaving.
- I never hitchhike.
- I carry valuables in a secure place and take special care at ATMs.
- I have my keys ready when I approach my vehicle or home.
- I carry a mobile phone and fare for public transportation.
- I stay alert for suspicious behaviour by others.
- I keep a safe distance from strangers.
- I don't text while I am walking.
- I know what to do if I am followed.
- I stick to public, well-lit areas.
- I am alert to my surroundings (staying sober and well rested helps).
- I always tell someone where I am going.

30. Going to a show

PLACES

Read the graph and write 5 pieces of information that the graph gives you. Plan, draft and edit your writing.





2. Negative numbers

Ireland

Work out the following problems:

a) A deep-sea exploring ship off Ireland is pulling up a diver at the rate of 25 feet per minute. The diver is 200 feet below sea level. How deep was the diver 10 minutes ago?

b) If it is 5° outside my home in Meath and the temperature drops 7° in the next six hours, how cold does it get?

c) Josie has €47 left in her bank account. If she writes a cheque for €55, what will her balance be?

d) The average temperature at the South Pole is -45° F. The average temperature on the Equator is 92° F. How much warmer is the average temperature on the Equator than at the South Pole? What is the answer in $^{\circ}$ C? (calculate it or convert online)

e) The elevation of Mt. Everest is 29,028 feet. The elevation of the Dead Sea is -485 feet. What is the difference in the elevation between Mt. Everest and the Dead Sea? What is the answer in metres? (calculate it or convert online)

f) Pythagoras was born about 582 BC. Isaac Newton was born in 1643 AD. How many years apart were they born.?

g) A company in Cork had a budget of €8,000,000. The company actually spent €12,000,000. What is the company's deficit?

3. Some Irish counties

Ireland

a) Complete the county words.

1. K_lk_nn_

2. T_r_n_

3. M_th

4. F_rm_n_gh

5. W_stm_th

6. _rm_gh

7. K_rr_

8. Cl_r_

9. L_ngf_rd

10. C_rl_w

11. K_ld_r_

12. _ntr_m

13. D_rr_

14. W_ckl_w

15. W_t_rf_rd

16. L_s

17. L_tr_m

18. G_lw_

19. Sl_g_

20. L_m_r_ck

21. M_n_gh_n

22. W_xf_rd

23. D_bl_n

24. T_pp_r_r_

25. D_n_g_l

26. C_v_n

27. R_sc_mm_n

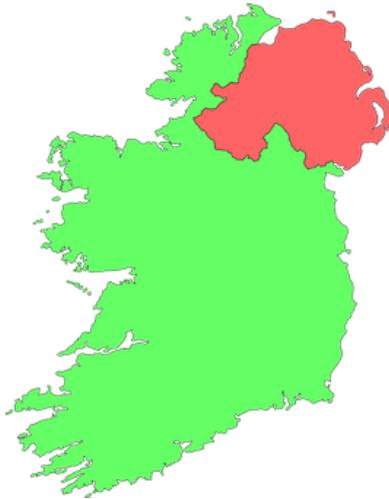
28. C_rk

29. D_wn

30. M_

31. _ff_l

32. L_th



b) Which county do you live in? _____

c) Have you lived in other counties? If so, which ones?

4. Irish slang



Put these words in alphabetical order. Look up any words you don't know!

- a) snog
- b) craic
- c) jammers
- d) noodle
- e) chancer
- f) shebang

- g) yoke
- h) fierce
- i) well
- j) gaff
- k) clatter
- l) coddin



Write a few more Irish words and/or sayings.

5. Remembering what you have read

Ireland

Read the poem below.

The Lake Isle of Innisfree

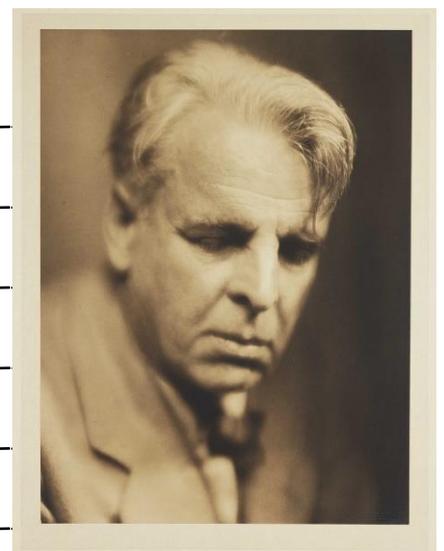
I will arise and go now, and go to Innisfree,
And a small cabin build there, of clay and wattles made:
Nine bean-rows will I have there, a hive for the honeybee,
And live alone in the bee-loud glade.

And I shall have some peace there, for peace comes dropping slow,
Dropping from the veils of the morning to where the cricket sings;
There midnight's all a glimmer, and noon a purple glow,
And evening full of the linnet's wings.

I will arise and go now, for always night and day
I hear lake water lapping with low sounds by the shore;
While I stand on the roadway, or on the pavements grey,
I hear it in the deep heart's core.

W B Yeats

What do you remember?



6. Road sign

Ireland

Look at the road sign and answer the questions



- What is the name of the road to Limerick?
- Write 'Kilkenny' in Irish.
- What does the 'M' stand for in M9?
- What does the 'N' stand for in N10?
- Which way will you go to get to Newbridge?
- Write Luimneach in English.
- What kind of road is this?
- How many lanes can you see?

8. Lakes of Killarney

Ireland

Proofread and mark the text.



The Lakes of Killarney are famous for their beauty. The Lakes of Killarney consist of three main lakes- Lough Leane, Muckross Lake & Upper Lake. They are all part of Killarney National Park

spectacular views of the lakes can be experienced from both Aghadoe and Ladies View. Located just 12 miles outside Killarney, there are facilities such as Bathrooms, a gift shop, a café, and Bar.

One can also take a lake tour or cruise. There are shorter one-hour trips and full-day trips. Bicycles can be hired at several locations in Killarney. There are many cycling tours and paths to suit all levels and it's a great way to experience the beauty of the location?

The Meeting of the Waters is where all three lakes converge. Dinis Cottage and The Old Weir Bridge can be found here.

Ross Castle sits on the edge of the Lower Lake. The 15th Century Tower House was built by O'Donoghue Mor and is an impressive historic landmark

Muckross House, a 19th century Victorian mansion lies on the edge of Muckross Lake or the Middle Lake. The GARDENS and mansion are interesting places to explore

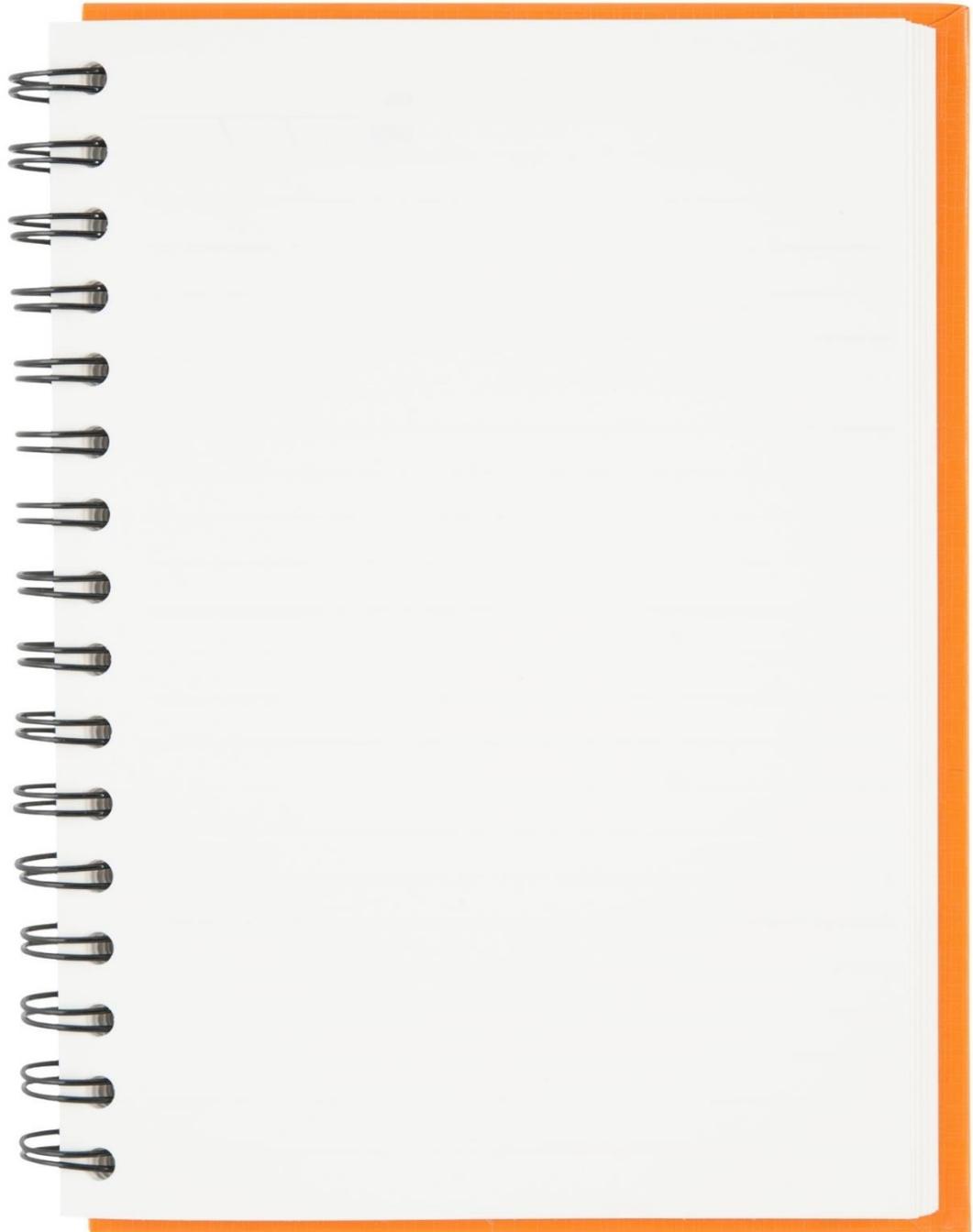


9. Irish recipe

Ireland



Write down a short traditional Irish recipe. Include ingredients, method and preparation time.



*You can look up recipes online, both printed and in video!



10. Adjectives

Ireland

Adjectives are describing words.

Write 20 positive adjectives to describe Ireland.



11. Measuring tools

Ireland

Which tools could you use to measure the following?

(There are a few possibilities for some.)

a) Number of kilometres from Dublin to Cork

b) The temperature in Galway

c) The speed at which you are driving

d) The amount you spend on your bills each month

e) The length of your kitchen counter

f) The amount of stock to add to your soup

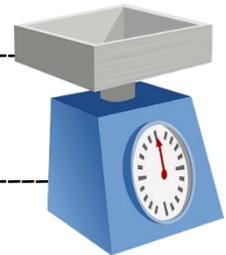
g) The weight of a parcel to post

h) The cost of 3 tickets to the Abbey Theatre

i) Your height

j) The amount of salt to add to your Irish stew

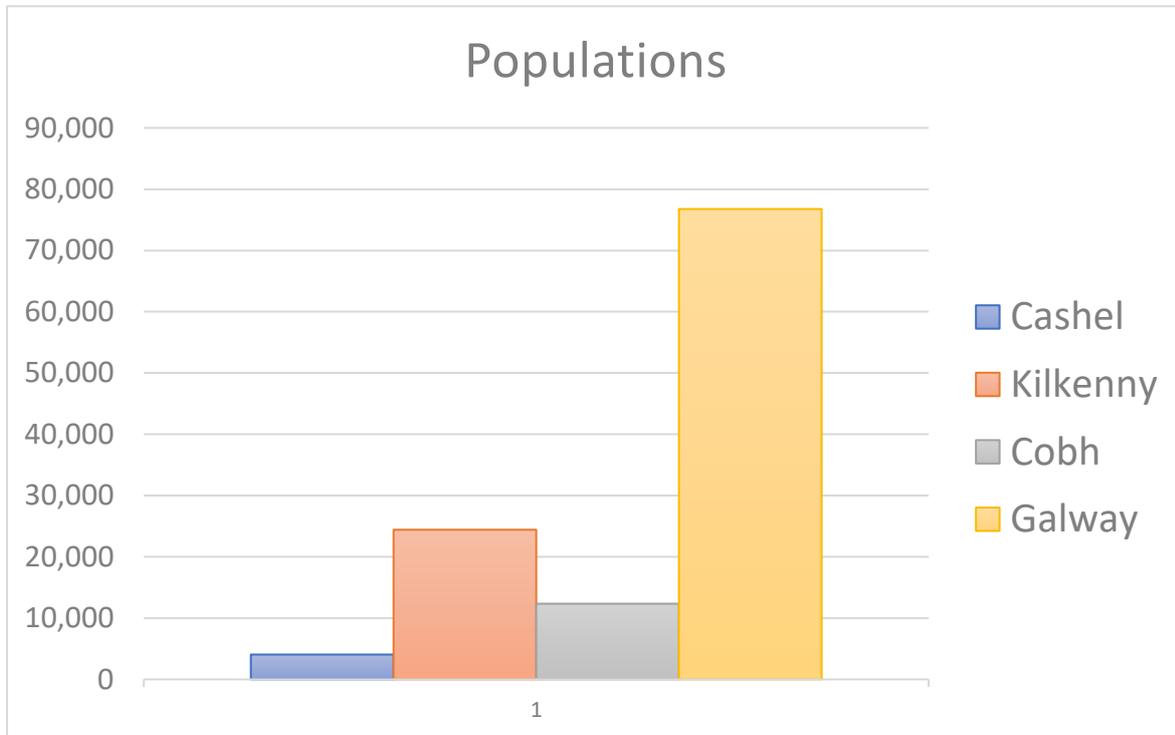
k) The time it takes to make a cup of tea



12. Populations (Reading a graph)



Read the graph and write five sentences, comparing populations in these four counties. Plan, draft and edit your writing.





* Check the CSO website and draw a graph showing statistics for your county and a neighbouring county. You can use Excel on the computer or draw by hand. Do this as a group.

13. Holiday in Ireland

Ireland

Choose a place in Ireland to go away for the weekend.

Go online and find the price for the following:



- A weekend away for two people in a hotel or B&B
- Meals for two days for two people
- Petrol and/or transport costs
- Going out to a show / movie / pub / match
- Drinks, snacks, souvenirs, etc.

Itemise all your costs and work out the total cost. Write what notes/coins you will pay with and how much change you will get.



*Write an email to a B&B requesting information. Send the email to your tutor.

14. Spelling

Ireland

Read the text and find the spelling mistakes. Use a red pen to show the spellings and write them correctly below the text.



Ireland is an ireland off western Europe, in the Northen Atlantic Ocean. The Republic of Ireland (also called Ireland or Eire) ocupies most of the island of Ireland. Ireland is an independant county. The northern part is Northern Ireland, witch is a part of the United Kindom.

The capitil of the Republic of Ireland is Dublin.

The official languges are English and Gaelic.

The Republic of Ireland covers 70,280 square kilometers.

The populasion of Ireland is about 4.773 milion (2016).

Ireland's flag is made of three equil-sized rectangles of orang, whit and green. The green is buy the flagpole.

Ireland has a cool, often-clowdy climate.



Major rivvers in Ireland include the Shannon River, the Blackwater River, the Suir River, the Lee River, an the Inny River.

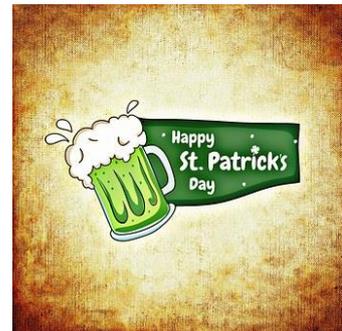
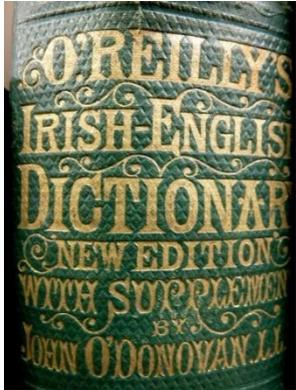
The hiest point in Ireland is Carrauntoohil, which is 1,041 meters tall. Carrauntoohil is in southwestern Ireland, near Killarney.

The lowest points inn Ireland are at see level (the level of the Atlantic Ocean).

15. Types of texts

Ireland

What types of texts are these? Write them below.



16. Stadiums (Rounding)

Ireland

These are stadiums and their capacities. Round these numbers as indicated:

Stadiums	Capacities	Round to...	Your answers
Croke Park, Dublin	82,300	To the nearest 1,000	
Semple Stadium, Thurles	53,000	To the nearest 10,000	
Aviva Stadium	51,700	To the nearest 1,000	
Gaelic Grounds, Limerick	49,500	To the nearest 10,000	
Páirc Uí Chaoimh, Cork	43,550	To the nearest 100	
Fitzgerald Stadium, Killarney	43,180	To the nearest 1,000	
Dr. Hyde Park, Roscommon	33,612	To the nearest 10	
Pearse Stadium, Salthill	26,197	To the nearest 100	



17. Standard posting

Ireland



Go to the *An Post* website to find the price of posting charges. Find the answers to the questions.



a) How much would it cost to post a parcel in Ireland, that is more than 500 grams in weight, but less than 1 kg?

b) If I want to post this parcel above to Germany, how much would it cost?

c) If I want to post this parcel to America, how much would it cost?

d) It cost me €12.25 to post a packet to the Netherlands. How much does the packet weigh?

e) To post a parcel in Ireland, what is the price difference between a parcel that weighs between 4.5 kg and 5 kg, and a parcel that weighs exactly 5kg?

f) How much would it cost to send a large envelope to China, with a weight of between 500 g and 1 kg?

g) I paid €5.50 to send a large envelope to London. How much did it weigh?

h) What is your nearest post office?

i) Correctly address an envelope.



18. Fact, fiction or opinion

Ireland

Read the sentences. Write if each is fiction, a fact or an opinion.

a) The goldcrest is one of the smallest birds in Ireland.

b) The actor, Colin Farrell, is from Ireland. _____

c) A border collie is by far the best dog you can have.

d) Cu Chulainn was the son of the God Lugh and was born at Newgrange. _____

e) People under the age of twenty-one should not drink alcohol.

f) Jonathan Swift wrote Gulliver's Travels in 1726. _____

g) Oranges contain Vitamin C. _____

h) For 900 years the Children of Lir were doomed to live as swans by daylight. _____

i) Pizza made with artificial or processed cheese is not as good pizza made with natural cheeses. _____

j) The new Star Wars movie was a big disappointment.

k) Croke Park is a stadium in Dublin. _____

l) Fionn's wife had been transformed into a deer by a druid.

m) Fruit and yoghurt is the easiest breakfast to prepare.

n) Cork is the biggest county in Ireland. _____

o) The Leprechaun is a cobbler by trade, but he has a secret stash of gold. _____

p) The more money you have, the happier you are.

q) Students have a harder time than tutors. _____

r) Eating fast food isn't bad if you only eat it once a week.



19. Typing up information

Ireland

Type up the information below.



- Use a clear font.
- Make numbers red and bold.
- Set it out neatly.
- Proofread your document.
- Add a suitable image.
- Save and print your document.



Education in Ireland

The education sector is the second largest sector of the Irish public service. It has 96,432 employees working in primary, post-primary and third level institutes.

A break-down of numbers is as follows:

Primary schools: 44,595

Post-Primary: 34,470

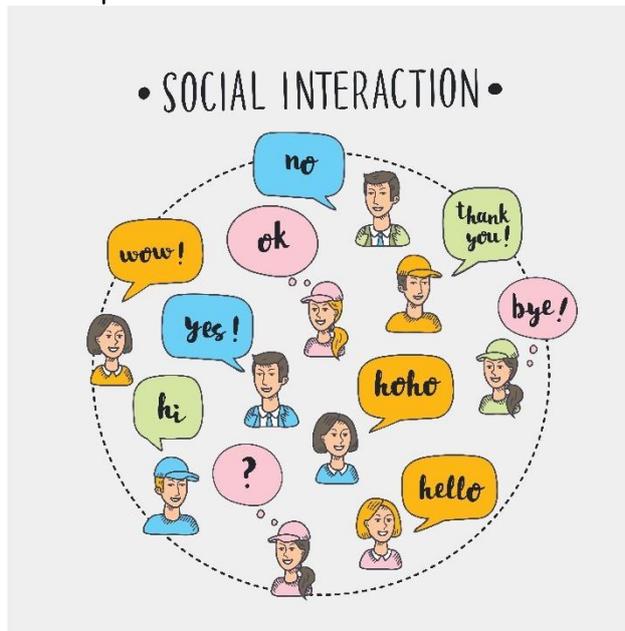
Third-Level: 17,367, most of which are in universities (9,991) and Institutes of Technology (7,249).

Public spending in 2016 on education totalled just over €8.3 billion.



There are rules to follow when communicating online. (netiquette)

Examples:



- Begin messages with a salutation and end them with your name.
- Respect others' privacy. Do not quote or forward personal email without the original author's permission.
- Return messages promptly.
- Do not send on spam, e.g. chain letters, rumours, etc.
- Keep messages clear and to-the-point.

- Use appropriate language; do not use rough, or rude language.
- Use good grammar and spelling.
- Do not type in capital letters.



- a) Join a social networking site, if you have not already done so. Examples are: Facebook, Twitter.
- b) Bookmark a social media site.
- c) Send someone a message, using social media. Follow the netiquette rules.
- d) Send an email to someone in your class. Respond to an email sent to you.
- e) Find an online Irish forum and type in a question.



1. Looking up words

education

Read the story. Look up the underlined words.

THE BUNDLE OF STICKS

A certain Father had a family of Sons, who were forever quarrelling among themselves. No words he could say did the least good, so he cast about in his mind for some very striking example that should make them see that discord would lead them to misfortune.

One day when the quarrelling had been much more violent than usual and each of the Sons was moping in a surly manner, he asked one of them to bring him a bundle of sticks. Then handing the bundle to each of his Sons in turn he told them to try to break it. But although each one tried his best, none was able to do so.

The Father then untied the bundle and gave the sticks to his Sons to break one by one. This they did very easily.

"My Sons," said the Father, "do you not see how certain it is that if you agree with each other and help each other, it will be impossible for your enemies to injure you? But if you are divided among yourselves, you will be no stronger than a single stick in that bundle."

In unity is strength.



a) quarrelling

b) discord

c) misfortune

d) moping

e) surly

f) certain

g) injure

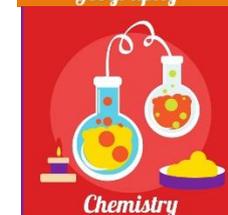
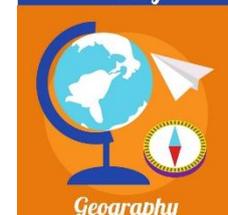
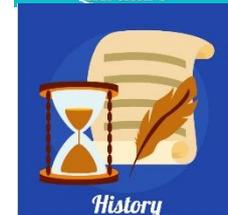
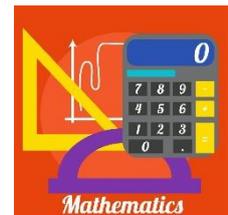
2. Wordsearch

education

Find these university subjects:

ALGEBRA, ANATOMY, ANTHROPOLOGY, ARCHEOLOGY, ARCHITECTURE, ART, ASTRONOMY, BOTANY, CALCULUS, CHEMISTRY, ECONOMICS, ENGINEERING, GEOGRAPHY, GEOMETRY, HEALTH, HISTORY, LAW, LITERATURE, MATHS, MEDICINE, PHILOSOPHY, PSYCHOLOGY, SCIENCE, SOCIOLOGY, STATISTICS, TRIGONOMETRY

Y T P E X A S T R O N O M Y P
 U V R V R Y R O T S I H W R S
 S H T A M U E C N E I C S T Y
 B O T A N Y T G H H S H Y E C
 E C O N O M I C S E G E G M H
 M E D I C I N E E Y O A O O O
 A S C I T S I T A T S L L N L
 P H I L O S O P H Y I T O O O
 E R U T A R E T I L M H I G G
 Y G O L O P O R H T N A C I Y
 Y R T S I M E H C L E H O R W
 G U K Y H P A R G O E G S T A
 Y N Q E N G I N E E R I N G L
 C A L C U L U S A R B E G L A
 Y R T E M O E G A N A T O M Y



3. Exercise.... your brain!

education

Here are some tips to exercise your brain. Read the information and make your own notes. Discuss your notes in your group.

Read as much as you can. Reading is great brain exercise. Try reading books that will teach you something new, such as books about history or another subject that interests you.

Increase your vocabulary, for example, use a dictionary or a word-a-day calendar.

Write something. Writing requires loads of thinking!



Learn a new language. Languages are a great way to keep learning new things and challenging your brain.

Problem-solve. Think about how you can solve current problems.



Turn off the television. Television tells you what to think.

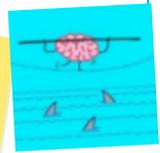
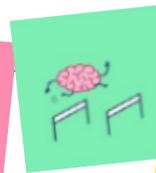
Do daily crosswords and puzzles.

Talk with people. Talk with people about things you or they know about. Talking can be a great basic brain workout.

Put away your phone when talking with people. Phones can be a distraction.

Doing volunteer work will not only improve your social connections, it will also provide you with opportunities to build new neurological pathways.

Making learning lifelong. Take a course.



Your notes

4. Contents page

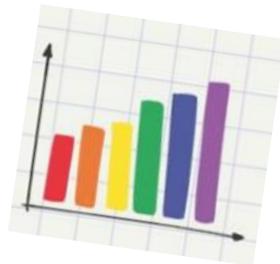
education

Read the Contents of a book. Answer the questions.

CONTENTS

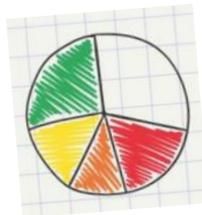
Note to the tutor, Page 3

Course overview, Page 4



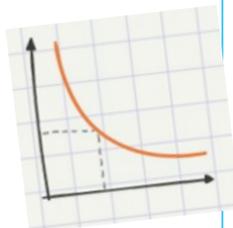
Assessment Brief 1: Data Handling Introduction, Page 5

- Introduction, Page 6
- Data in everyday life, Page 7
- Ways to collect data, Page 9
- Types of data, Page 10
- Sorting data, Page 12



Assessment Brief 2: Describing Graphs, Page 14

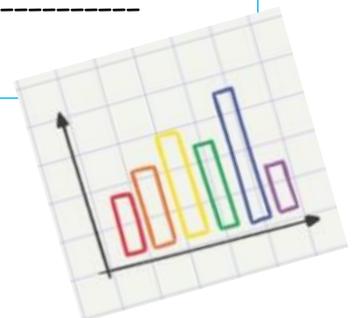
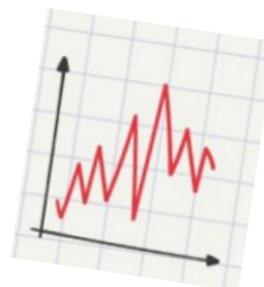
- Describing data – pictograph, Page 15
- Describing data – tally marks, Page 16
- Describing data – bar graph, Page 18
- Describing data – pie graph, Page 19
- Describing data – general, Page 20
- What does the data say?, Page 21
- Reading pictographs, Page 23
- Reading tally marks, Page 24
- Reading bar graphs, Page 25
- Reading pie graphs, Page 29
- Reading other graphs, Page 32



Assessment Brief 3: Constructing Graphs, Page 34

- Adding parts of a graph, Page 35
- Finishing the graphs, Page 36
- Collecting information, Page 42

Graph paper, Page 44



a) On which page is the Note to the tutor?
.....

b) What is on the last page of the book?
.....

c) What will you find on Page 10?
.....

d) How many assessment briefs are there?
.....

e) On which page will you find Reading pie graphs?
.....

f) How many pages are there in this book?
.....

g) What kind of text is this?
.....

5. Parts of a book

education

Choose a book – fiction or non-fiction. Find the parts of the book.

Tick the parts you find. Make notes below.

- acknowledgments
- appendix
- author
- bibliography
- chapter
- contents
- copyright
- dedication
- explanatory notes
- footnote
- illustrator
- index
- introduction
- page
- page number
- preface
- publisher
- text
- title



6. Educational jobs (Syllables)

education

A syllable is a single unit of written or spoken word, an unbroken sound used to make up words.

Example: education – ed / u / ca / tion - 4 syllables

How many syllables do these words / phrases have? Write the numbers.

- graduate assistant
- librarian
- social worker
- career advisor
- learner
- inspector
- sports coach
- graduate student
- secretary
- educational publisher
- tutor
- headmaster
- secondary school teacher
- coordinator
- instructor
- lab assistant
- educational psychologist
- lecturer
- president
- youth worker
- teaching assistant
- principal
- counsellor
- pupil
- education welfare officer
- student
- caretaker
- professor
- teacher
- undergraduate
- administrator
- vice-president



7. Reading and writing numbers

education

Write the numbers represented by the number words:

a) The annual costs of the college were one million, six hundred and fifty-two thousand, seven hundred and forty-three.

b) My project had five thousand, one hundred and forty-seven words. _____

c) Our Computer Studies Class is in Room Nine Four Eight.

d) The course ran for fourteen weeks. _____

e) The book was four hundred and ninety-nine pages long.

f) The test had seventy-five questions. _____

g) There are six billion, eight hundred and fifty-nine million, sixty-eight thousand and seventy-five students studying right now!

h) There were sixty-one thousand, seven hundred and forty-two files in the science folder. _____

i) The telephone number for the centre is five-eight-three-six-zero-zero-one. _____

j) The distance around the college is two point fifteen kilometres.

k) The music class is on the third floor. _____

l) My calculator cost seven euro and thirty-three cents.

m) The students have tea at half past ten in the morning.

n) I catch the seventeen A bus to get to class. _____

o) Classes break up on the twenty second of December.



8. The newspaper

education

Can you find the following?



- | | |
|----------------------------------------|-----------------------------------------|
| <input type="checkbox"/> advertisement | <input type="checkbox"/> edition |
| <input type="checkbox"/> advice column | <input type="checkbox"/> feature |
| <input type="checkbox"/> back page | <input type="checkbox"/> front page |
| <input type="checkbox"/> caption | <input type="checkbox"/> headline |
| <input type="checkbox"/> cartoon | <input type="checkbox"/> interviewer |
| <input type="checkbox"/> classifieds | <input type="checkbox"/> lead story |
| <input type="checkbox"/> column | <input type="checkbox"/> obituary |
| <input type="checkbox"/> columnist | <input type="checkbox"/> photographer |
| <input type="checkbox"/> comic strip | <input type="checkbox"/> reporter |
| <input type="checkbox"/> correspondent | <input type="checkbox"/> sporting news |
| <input type="checkbox"/> editor | <input type="checkbox"/> TV guide |
| <input type="checkbox"/> editorial | <input type="checkbox"/> weather report |



What is the difference between a tabloid newspaper and a broadsheet?



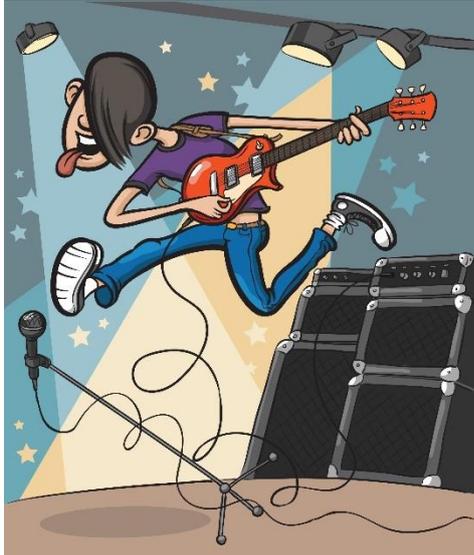
*Look up the news online.



9. Fact or opinion

education

Read the extracts from a newspaper article. Write F (fact) or O (opinion). For this purpose, assume Blinking Park is a real band!



a) Blinking Park is a new rock band. _____

b) The members met while they were at school. _____

c) They formed their band when they were in Junior Cert. _____

d) Blinking Park has six members – Jake, Ian, XS, Woody and Babs. _____

e) XS is the best singer in Blinking Park. _____

f) Woody's favourite foods are curry and lasagne. _____

g) Babs likes playing the xylophone. _____

h) Blinking Park has recorded 3 singles so far. _____

i) Their first song was the best. _____

j) Their third single was awful. _____

k) Blinking Park are number one in the charts at the moment. _____

l) They are the best band in the world. _____

Choose music as your topic and write one fact and one opinion.

Fact:

Opinion:

10. Class times (Time word problems)

Work out these time problems:

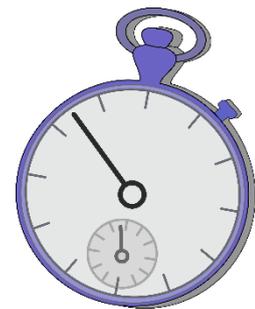
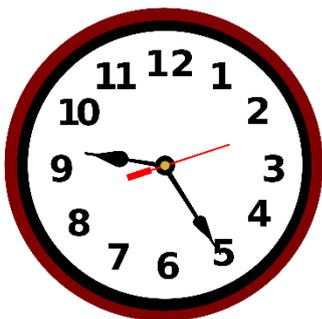
a) The computer class was 2 hours and 35 minutes long. It ended at 1:15pm. At what time did the class start?

b) The exam lasted from 1:50 P.M. to 3:40 P.M. How long did the exam last?

c) Martin's class finished at 3:15 p.m. and he started walking home. He arrived home 47 minutes later. At what time did Martin get home?

d) The maths class started at 4:00 pm and ended at 5:30 pm. There was one 15-minute tea break. How long was the actual maths class?

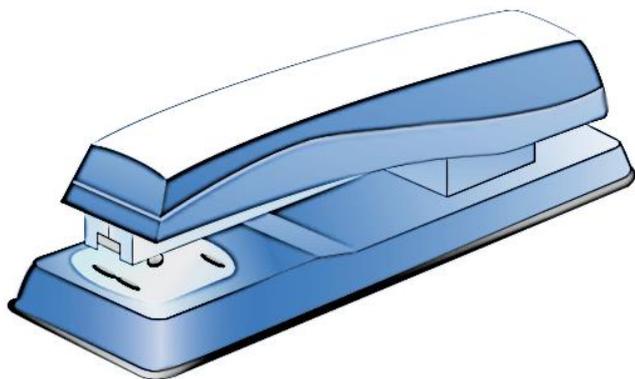
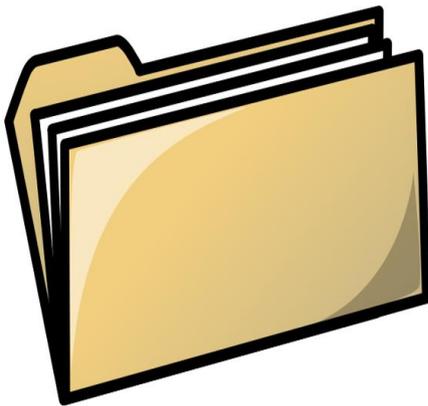
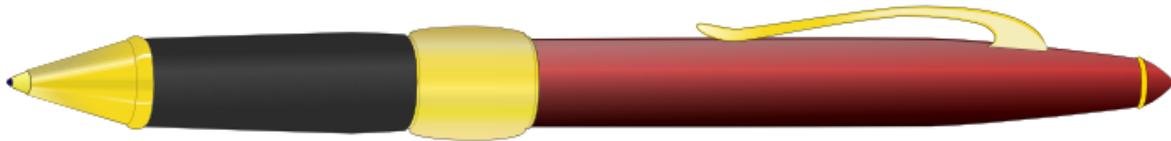
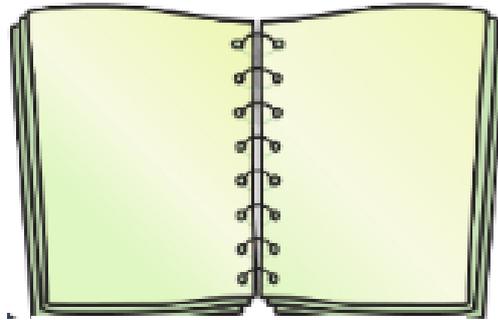
e) Kate arrived at class at 2:35. The class finished 2 hours and 25 minutes later. What time was it when Kate's flight left?



11. Education tools

education

Look at these tools I need for my course. Round each to the nearest 10c and then to the nearest euro.

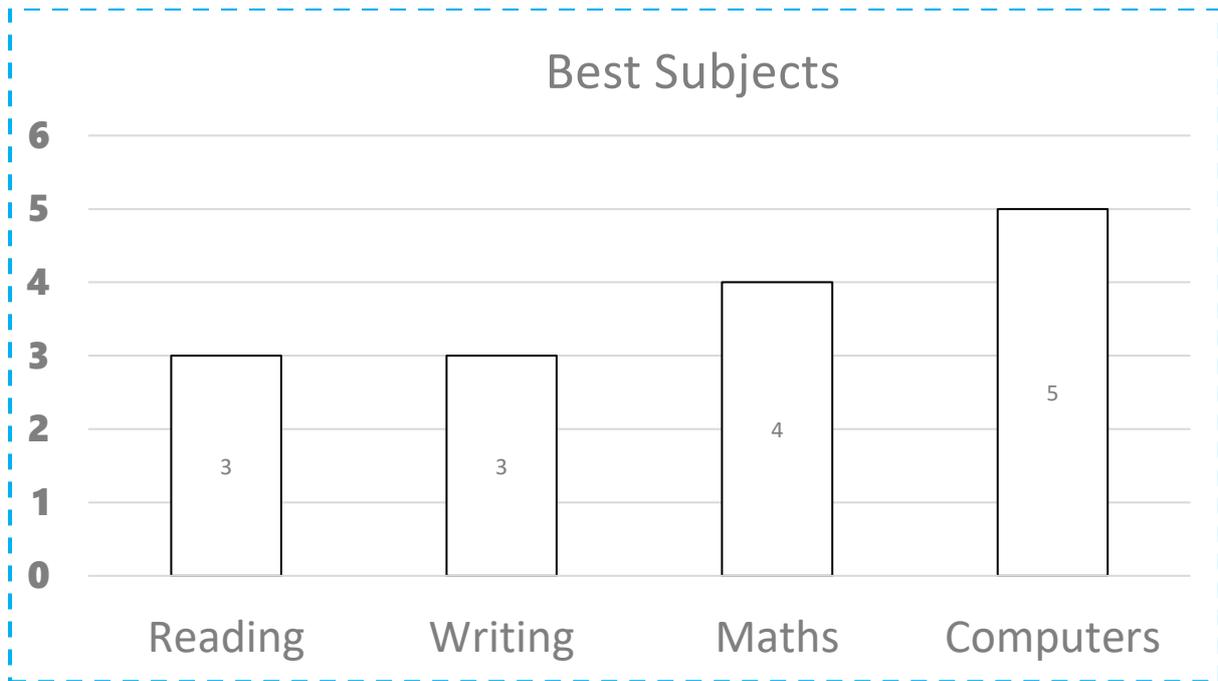


Write from the biggest to smallest price:

12. Making a key

education

Students in my group were asked what their favourite class was. Look at the graph below. Add a key to make the information clearer.



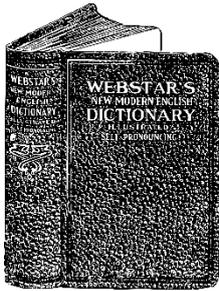
KEY:



Write 2 pieces of information from the graph.

13. Word challenge!

education



Underline the odd word out in each row. Use a dictionary if you need to. You can also use an online dictionary!

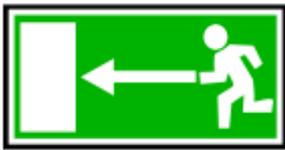


- | | | | | |
|----------------|------------|-------------|-----------|---------------|
| 1. defeat | abundant | overthrow | conquer | vanquish |
| 2. pardon | absolve | excuse | forgive | assemble |
| 3. faithful | robust | loyal | devoted | true |
| 4. feeble | weak | frail | faint | ruthless |
| 5. still | corrupt | tranquil | serene | placid |
| 6. plunder | quiver | shudder | vibrate | shake |
| 7. forsake | abandon | prophecy | desert | leave |
| 8. clasp | dash | clutch | grasp | grip |
| 9. lustrous | courageous | bold | brave | daring |
| 10. slothful | zealous | fervent | ardent | zestful |
| 11. rare | scarce | unusual | moderate | extraordinary |
| 12. detest | entice | hate | loathe | abhor |
| 13. sturdy | tough | hardy | stalwart | vivid |
| 14. linger | revolve | rotate | spin | turn |
| 15. abolish | eliminate | expel | discharge | engulf |
| 16. false | fake | counterfeit | genuine | bogus |
| 17. voyage | riddle | journey | excursion | expedition |
| 18. myth | legend | tale | festive | fable |
| 19. jerk | yank | pull | snap | tug |
| 20. hamper | seize | take | snatch | capture |
| 21. illusion | dream | derision | vision | fantasy |
| 22. attempt | try | endeavour | muffle | essay |
| 23. strike | assault | deter | punch | pound |
| 24. astonished | elated | shocked | amazed | flabbergasted |

14. Signs

education

Label the signs we may find in an educational environment:



15. Smallest to biggest

education

Write each set of numbers from the smallest to the biggest.

581,141

861,869

449,061

526,437

624,333

132,833

130,183

699,271

695,601

442,876

846,625

657,012

370,963

897,063

145,208

400,056

16. Acronyms in education

education

What do these acronyms stand for? Research those acronyms that you do not know.

a) QQI _____

b) ADHD _____

c) ESOL _____

d) FAQ _____

e) IQ _____

f) CAO _____

g) ETB _____

h) NALA _____

i) DES _____

j) ICT _____

k) CSO _____

l) PPS _____

m) CSO _____

n) EU _____





17. Common spelling errors

education

These words are often misspelled. Write them correctly!

Misspelled words	Words spelled correctly
accomodation	
apparently	
arguement	
begining	
buisness	
comming	
commitee	
completly	
embarass	
enviroment	
fourty	
foward	
freind	
goverment	
independant	
knowlege	
neccessary	
peice	
realy	
recieve	
remeber	
sence	
seperate	
succesful	
suprise	
tommorrow	
untill	
wich	

18. Things to do

education

You are holding a small party for your classmates. Write a list of things you have to do to organise it. Write your list in order of priority. Plan, draft and edit your writing.



Checklist



- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

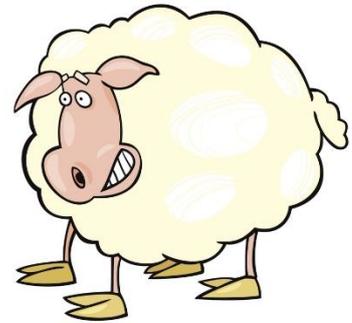
19. Childhood poem (Synonyms)

education

Write synonyms for the underlined words, so that the meanings remain the same in the context. Use a dictionary or a thesaurus online.

Mary's Lamb

Mary had a little lamb,
Its **fleece** was white as snow, _____
And every where that Mary went
The lamb was sure to go;
He followed her to school one day—
That was against the **rule**, _____
It made the children **laugh** and play, _____
To see a lamb at school.



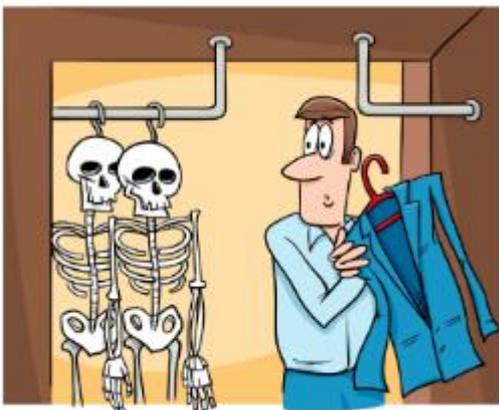
And so the Teacher turned him out,
But still he **lingered** near, _____
And waited patiently about,
Till Mary did appear; _____
And then he ran to her, and laid
His head upon her arm,
As if he said—"I'm not **afraid**— _____
You'll keep me from all harm."

"What makes the lamb **love** Mary so?" _____
The **eager** children cry— _____
"O, Mary loves the lamb, you know,"
The Teacher did reply;—
"And you each **gentle** animal _____
In confidence may **bind**, _____
And make them follow at your call,
If you are always kind."
By Sarah Josepha Hale

20. English sayings

education

Write the sayings as shown by these pictures:



21. Problem solving

education

a) Read about problem-solvers:

Problem solvers are good thinkers. They don't give up. They look for answers. They look for ways to make things better. They do their best to get themselves out of sticky situations. Problem solvers usually have good attitudes. They are willing to try over and over without giving up, and stay positive.

b) As a group, try these problem-solving questions. Work as a group.

Look up:



<http://downloads.bbc.co.uk/skillswise/maths/mal5solv/quiz/mal5solv-ll-quiz.pdf>

(Your tutor can click on the link.)

c) In pairs, look up riddles online and try to figure them out. Write one of the riddles below.



22. Problem-solving questions

education

Can you solve these? Work in pairs if you want to.

- a) The sum of three consecutive odd numbers is 75. What is the smallest of the three numbers? _____



- b) Conor had €245 to spend on 7 tickets to the music concert. After buying them, he had €14 left. How much did each ticket cost?

- c) Peter sold half of his cows and then bought 6 more. He now has twelve cows. How many cows did he begin with? _____
- d) 245 books were packed in six boxes, with the same amount in each box. There were five books left over. How many books were packed into each box? _____

- e) Eve bought 4 new pens to add to her collection. The next day, she threw away half her pen collection as these pens were dry. She now has 44 pens. How many pens did Eve start with?

- f) I bought a bathmat for €4 and 7 towels. I spent a total of €39. How much did each towel cost?

- g) The sum of three consecutive numbers is 126. What is the smallest of the three numbers? _____

- h) The Surf School charges a €12 fixed fee plus €8 an hour for renting a wetsuit. Kelly paid fifty-two euro to rent a wetsuit. For how many hours did Kelly keep the wetsuit? _____



23. Problem solving action plan

education



Do you often increase your stress level by stewing over problems, small and big? You can write up an action plan in just a few minutes by going through a formal process of problem solving. Try it out! Think of something that is worrying you and

complete the following:

State the problem in one or two sentences:

Identify the key causes of the problem:

List three possible solutions:

1.

2.

3.

List the consequences, good and bad, of these solutions:

✓ Choose the solution that you think will work best for you:

✓ Make a list of what you will need to do to carry out your decision.

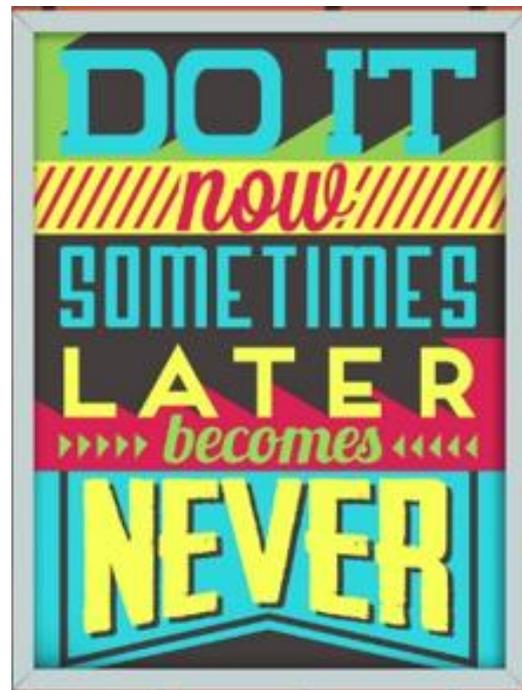
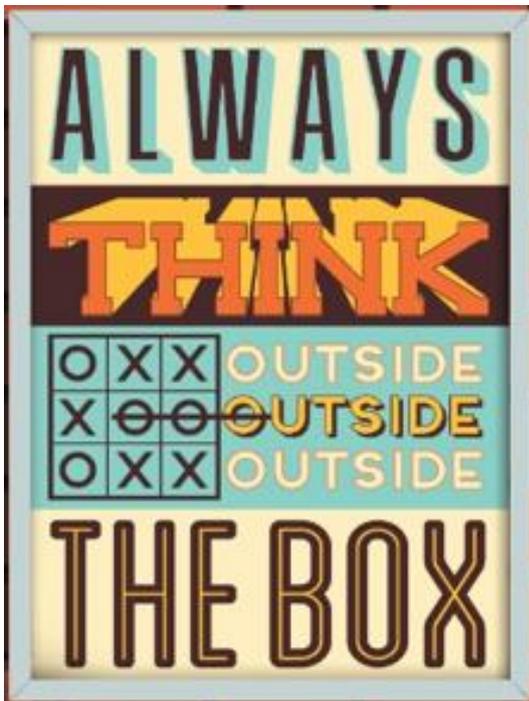
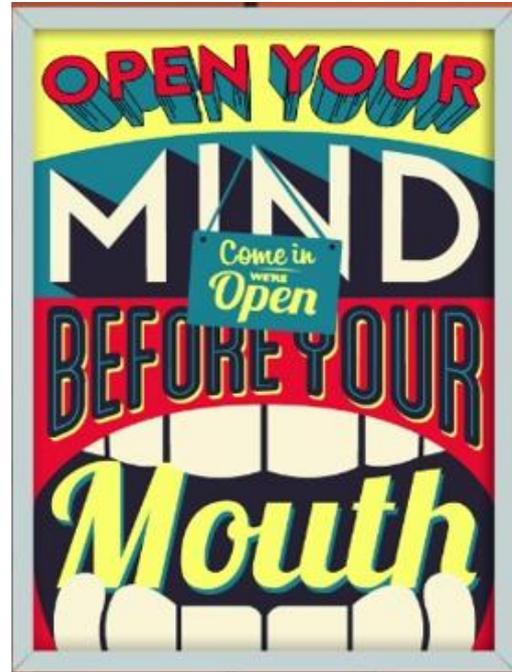
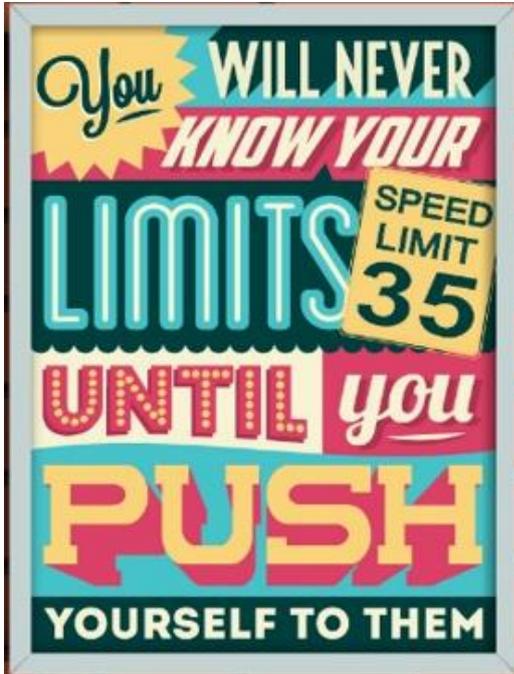
✓ Designate a time for doing each item on your list.

✓ After you have tried your solution, evaluate it. Ask yourself: Was it entirely successful? What will you try differently next time?

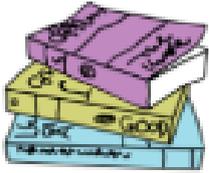
24. Wise sayings

education

Consider and talk about these wise sayings:



Write your favourite:



25. Texts in education

education

What types of texts have you read during your course? Fill in the table below:

What you read	Where this type of text could be found	How easy was it to read? 1 = very easy, 10 = very difficult
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10
		1 2 3 4 5 6 7 8 9 10

26. Listening to instructions

education

Listen to and follow the instructions.

A large rectangular box with a black border, designed for writing. It features a vertical red line on the left side, creating a margin. The interior of the box is filled with horizontal blue lines, providing a guide for text alignment. Three black dots are positioned on the red line at the top, middle, and bottom, likely serving as markers for the start of a paragraph or section.

27. Plagiarism

Read this:

Plagiarism is using someone else's work or ideas as your own, with or without their consent. If you use other people's work, then you must acknowledge what you are using, and to whom it belongs. This applies to all published and unpublished material, whether in manuscript, printed or electronic form. Plagiarism can have serious consequences.



Is it plagiarism?

- a) Copying or sharing assignments Yes No Not sure
- b) Using quotes in your writing and including all references
 Yes No Not sure
- c) Getting ideas by reading articles Yes No Not sure
- d) Paraphrasing the work of others you find in books, magazines, websites without documentation Yes No Not sure
- e) Asking another student to write a paper for you Yes No Not sure
- f) Using information from books, but using all your own words
 Yes No Not sure
- g) Listing works in your bibliography list that you have not used or read
 Yes No Not sure
- h) Mixing the words of an author with your own without acknowledgement
 Yes No Not sure

EXAMPLES OF LIFE SKILLS OBJECTIVES

READING

OBJECTIVE	PAGES
identify different sorts of text	50, 199, 209, 213, 214, 230
use non-textual cues such as images or layout to provide meaning	11, 15, 16, 20, 42, 43, 47, 59, 69, 81, 115, 158, 161, 162, 169, 173, 190, 219, 225
use context to predict meaning	14, 42, 48, 57, 58, 66, 85, 94, 97, 99, 125, 128, 135, 138, 147, 189
use punctuation marks to help understanding	22, 32, 61, 67, 78, 80, 98, 106, 116, 124, 128, 133, 138, 139, 146, 155, 172, 189, 206, 208, 224, throughout
manage volume of text and remember what has gone before	24, 38, 41, 61, 154, 172, 189
identify the main points from a page of text	23, 24, 28, 41, 61, 118, 131, 142, 201
read and understand information from graphical material e.g. tables, price lists, maps, diagrams, pie charts, bar charts	5, 6, 8, 12, 13, 17, 19, 25, 29, 45, 58, 59, 62, 71, 74, 100, 112, 117, 118, 121, 128, 134, 148, 154, 156, 162, 163, 168, 170, 173, 177, 179, 181, 183, 196, 200, 201, 209, 217

Life Skills

follow written instructions	35, 139, 164, 201, 231
report accurately on the information read	7, 15, 17, 28, 29, 41, 59, 92, 105, 111, 116, 119, 137, 142, 143, 146, 150, 154, 163, 166, 172, 177, 181, 196, 197, 201, 209
find out the meanings of any unfamiliar words or phrases	20, 29, 30, 61, 188, 206, 218, throughout
take notes from the material read	44, 111, 126, 142, 146, 150, 196, 208
use a reference source e.g. index, manual, dictionary, online dictionary, suitable blogs & websites	20, 29, 37, 52, 62, 78, 83, 84, 131, 142, 143, 150, 166, 170, 197, 201, 210, 224
predict	58, 116, 124, 144, 168, 214
skim	60, 106, 116, 131, 137, 155
scan	54, 67, 80, 89, 106, 117, 138, 142, 146, 150, 157, 163, 175, 201, 209
thorough reading/reading for detail	22, 30, 32, 33, 60, 68, 70, 72, 93, 95, 114, 138, 148, 151, 179, 182, 192, 198, 201, 227
make inferences	16, 42, 46, 58, 76, 112, 126, 133, 134, 137, 138, 142, 169,

Life Skills

	173, 183, 190, 196, 214, 229
read a key	17, 74, 156, 177, 181, 196, 217
recognise order used e.g. alphabetical, numerical, time, sequence	16, 51, 59, 115
read signs and labels	9, 10, 20, 21, 165, 169, 190
read maps	53, 162, 174
structure information for reference in logical format	51, 62, 83, 86, 146, 197
understand common signs and symbols	20, 31, 104, 127, 140, 152, 164, 167, 219
recognise common abbreviations	18, 21, 26, 132, 136, 144, 176, 221
recognise root words/syllables	171, 211
read common vocabulary	18, 22, 27, 32, 34, 39, 44, 46, 49, 53, 56, 73, 75, 87, 91, 101, 103, 108, 157, 172, 180, 188, 190
read technical vocabulary and abbreviations	17, 18, 20, 29, 30, 31, 57, 59, 147, 159, 207, 218
link reading text to personal experience	5, 13, 15, 16, 22, 25, 32, 33, 34, 35, 36, 37, 44, 49, 50, 52, 73, 83, 92, 93, 95, 96, 109, 114, 120, 122, 123, 126, 133, 134, 137, 142, 143, 145, 148, 168, 178, 182, 187, 228

Life Skills

distinguish between fact, fiction, opinion	148, 202, 214
read everyday texts	5, 7, 9, 10, 11, 15, 16, 17, 18, 19, 21, 25, 26, 28, 29, 30, 31, 33, 34, 41, 44, 48, 49, 50, 52, 53, 58, 61, 62, 63, 71, 72, 78, 81, 83, 84, 92, 94, 95, 96, 98, 100, 103, 104, 106, 109, 111, 117, 118, 119, 121, 122, 124, 126, 127, 129, 131, 132, 134, 137, 138, 139, 140, 142, 143, 144, 148, 150, 152, 154, 156, 161, 162, 163, 164, 167, 168, 169, 170, 174, 176, 177, 179, 189, 190, 193, 197, 200, 201, 202, 206, 207, 209, 210, 213, 221, 228, 229
read and evaluate a variety of media messages.	52, 58, 81, 84, 105, 106, 126, 127, 128, 129, 133, 134, 135, 137, 138, 141, 142, 143, 144, 145, 150, 152, 154, 161, 168, 169, 173, 176, 179, 197, 213, 214

WRITING

Life Skills

OBJECTIVES	PAGES
use abbreviations in different sorts of writing	18, 21, 26, 111, 132, 136, 144, 176, 221
use layout of different sorts of writing appropriately	25, 28, 43, 53, 61, 111, 122, 178, 193, 197, 223
use non-textual cues to predict meaning	20, 31, 59, 64, 79, 104, 112, 127, 128, 140, 152, 162, 167, 169, 174, 183, 190, 196, 217, 219, 225
use context to predict meaning	14, 42, 64, 102, 123, 147, 149
plan, draft and edit writing	11, 25, 35, 42, 45, 47, 50, 53, 57, 58, 59, 61, 63, 64, 66, 69, 77, 78, 84, 96, 97, 109, 111, 120, 124, 162, 168, 178, 183, 193, 196, 223
use conventions of structuring text	58, 63, 69, 77, 174, 178, 183, 193, 196, 208, 223
form letters correctly	20, 165, throughout
use upper and lower case correctly	28, 150, 165, 174, 183, 190, throughout

Life Skills

use basic sentence structure	35, 44, 64, 168, 174, 178, 183, 196, 223, 228, throughout
use basic punctuation correctly	28, 58, 63, 69, 107, 165, 168, 174, 178, 183, 193, 196, 223, 228, throughout
write clearly, concisely and accurately	13, 43, 59, 61, 62, 63, 68, 70, 72, 102, 122, 142, 145, 149, 150, 166, 174, 179, 193, 208, 223, 228, throughout
check and correct grammar, spelling and punctuation	31, 63, throughout
write neatly	37, 51, 61, 175, throughout
fill in forms correctly	52, 96, 145
set writing out correctly for different purposes e.g. letter, report, note format and presentation style	25, 36, 52, 54, 64, 86, 93, 111, 117, 122, 145, 161, 178, 179, 191, 193, 223
use diagrams and sketches to help make a point	11, 23, 34, 53, 61, 74, 93, 100, 104, 128, 140, 146, 152, 162, 173, 197, 217

Life Skills

spell common sight vocabulary and high-frequency words correctly	16, 22, 41, 47, 50, 53, 57, 63, 82, 87, 91, 110, 147, 174, 187, 188, 191, 193, 194, throughout
use appropriate written language styles (or register) formal/informal	11, 29, 38, 64, 142, 193, 201, 223
select and structure appropriate content	24, 59, 93, 120, 122, 189, 191, 193, 196, 208, 223
use correct construction of grammatical sentences, including subject/verb agreement	35, 41, 63, 77, 109, 168, 183, 196, 228
use basic punctuation	63, 69, 77, 98, 109, 168, 174, 178, 193, 196, 228, throughout
use editing skills – proof-read for spelling, punctuation, grammar, for accuracy of factual content and to ensure instructions have been followed	88, 93, 98, 162, 192, 198, 222, throughout
define the meaning and consequences of plagiarism.	232

NUMERACY - USING NUMBERS

OBJECTIVES	PAGES
read, write, say and spell numbers and quantities	19, 52, 212, throughout
do number problems— + - x ÷	51, 52, 54, 62, 68, 70, 72, 74, 83, 117, 121, 141, 142, 161, 166, 177, 179, 181, 185, 186, 197, 201, 215, 227
understand language of maths	17, 51, 52, 54, 55, 62, 68, 70, 72, 74, 83, 100, 117, 121, 122, 141, 142, 156, 161, 166, 170, 177, 179, 181, 185, 186, 196, 197, 200, 201, 215, 217, 220, 227
report numbers accurately	83, 122, 142, 166, 170, 177, 181, 183, 185, 193, 196, 197, 201, 217
round numbers up and down	54, 72, 200
use decimals and percentages	9, 10, 54, 62, 70, 72, 141, 161, 170, 197
use fractions	68, 141
use proportions and ratios	19

Life Skills

use negative numbers	186
identify tens, hundreds, thousands etc.	179, 196, 200, 220
approximate, round, estimate	52, 54, 55, 72, 200
calculate and check place value	51, 62, 70, 72, 83, 141
round numbers and quantities up and down	54, 72, 200
identify a range of formats for presenting data (e.g. pie chart, bar chart, pictogram, graph)	17, 100
recognise method of presentation (e.g. in rows, columns, lists, blocks, symbols)	52, 62, 74, 121, 185
identify how the information has been grouped or classified	100, 160, 163, 177, 181, 183, 185, 196, 201, 217
understand the use of scales to represent sets of data	17, 74, 185
identify the amounts represented by blocks, symbols, pictures	17, 55, 74, 100, 121, 156, 177, 181, 183, 196, 217
extract relevant information	17, 51, 74, 100, 117, 121, 156, 163, 177, 181, 183, 185, 196, 217

USING MONEY

OBJECTIVES	PAGES
calculate money accurately	52, 54, 70, 72, 83, 141, 161,

Life Skills

	179, 197, 201, 227
select suitable coinage and/or notes	197
offer appropriate payment	54, 197
check change	197
check that documentation is correct e.g. cheques, receipts, bills	117
read amounts of money in words and figures	52, 54, 70, 72, 83, 117, 118, 141, 142, 161, 170, 179, 186, 197, 201
understand place value	52, 54, 70, 72, 83, 141, 142, 161, 170, 197, 201, 216, 227
place amounts of money in order of value	216
round amounts of money up or down	54, 72, 216
estimate and approximate amounts	52, 54, 72
add, subtract, multiply and divide amounts of money	52, 54, 70, 72, 83, 141, 161, 179, 186, 197, 201, 227
budget	52, 72, 83, 116, 119, 122, 132, 197
record money accurately	52, 70, 72, 83, 141, 142, 161, 170, 179, 197, 201, 216
record money in a way that is suitable for the purpose	54, 72, 83, 197, 201
calculate simple percentages	70, 141, 161

Life Skills

calculate euro, cents, cash, credit	52, 70, 141, 161, 170, 179, 197
calculate, check	54, 70, 83, 117, 141, 161, 179, 197, 227
Selecting goods and services	
select the best buy	52, 132, 142, 179, 197
check price, quantity and quality	52, 54, 70, 72, 83, 117, 132, 141, 142, 161, 179, 197

USING TABLES, GRAPHS AND CHARTS

OBJECTIVES	PAGES
know how tables and charts are constructed	52, 62, 74, 83, 100, 185
sort data into related groups	52, 62, 74, 100, 122, 160, 185, 193
recognise different styles and importance of labelling	74, 100, 117, 118, 121, 163, 179, 183, 185, 201, 217
use tables, recognise rows / columns	17, 25, 52, 62, 74, 79, 83, 86, 112, 117, 122, 134, 145, 179, 185, 200
identify the information you need	8, 62, 74, 83, 100, 117, 121,

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	122, 156, 163, 177, 181, 183, 185, 209, 217
extract the information you need	74, 117, 121, 156, 163, 177, 181, 183, 185, 201, 209, 217
use the information	74, 100, 117, 122, 185, 217
report the information accurately	17, 62, 74, 83, 156, 177, 181, 183, 185, 201, 209
present information in tables and charts e.g. bar chart, pictogram, diagram, table •	74, 79, 83, 100, 122, 185
develop and use questionnaire, survey	74, 185
sort, share, classify, group	52, 185

USING UNITS OF MEASURE

OBJECTIVES	PAGES
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capacity	54, 55, 62, 132
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identify measuring instruments and timing devices and their uses	195
interpret numbers and calibrations on measuring instruments and timing devices read off times, lengths and other measurements	132
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check units of measure	132
record units of measure	132
express parts of units as halves and quarters	56
express units in decimals	56
know metric units in common use	29, 51, 193, 201, 215
understand and use a.m., p.m., 12-hour clock and 24-hour clock	166, 215
read and use calendar formats	25
add and subtract to reach required amounts	54
measure using metric, imperial, analogue, digital systems	132, 166

DIGITAL LITERACY

OBJECTIVES	PAGES
Understanding digital practices	
be aware of what happens to information you put online: your digital footprint	133, 134, 135, 137, 138, 151, 204
choose the right tool to find, use, or create information	46, 58, 71, 83, 85, 106, 122, 131, 142, 143, 150, 170, 193, 196,

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use online tools and websites to find information online	20, 26, 30, 37, 39, 46, 52, 58, 71, 83, 84, 85, 106, 122, 124, 131, 142, 143, 145, 150, 166, 170, 175, 193, 196, 201, 204, 213, 226
be aware of common digital terms	136, 137, 138, 140, 145, 146, 147, 148, 149, 150, 151, 152, 204
Finding information	
know what information you can find on the web	14, 20, 26, 30, 37, 46, 52, 58, 71, 83, 84, 85, 106, 122, 124, 131, 142, 143, 145, 150, 166, 170, 175, 193, 196, 201, 204, 213, 226

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use a search engine to conduct research online	8, 14, 26, 30, 46, 58, 71, 83, 85, 106, 122, 131, 142, 143, 150, 166, 170, 175, 193, 204, 213, 226
use advanced search options to limit and refine your search	26, 37, 39, 46, 52, 58, 71, 83, 84, 85, 106, 122, 124, 142, 143, 145, 150, 166, 170, 193, 196, 201, 213, 226
use keywords to search for information online	14, 20, 46, 52, 58, 71, 83, 85, 106, 122, 131, 142, 143, 145, 150, 170, 175, 193, 204, 213, 226
use social networks as a source of information	15, 39, 144, 204
filter large numbers of search results quickly	83, 85, 196, 213, 226
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Using information	
use information in different media, for example, podcasts or videos	39, 46, 85, 145, 175, 193
assess whether an online resource (e.g. web page, blog, wiki, video, podcast, academic journal article) or person is credible and trustworthy	71, 135, 137, 138, 142, 143, 150
use other people's work (found online) without committing plagiarism	37, 71, 84, 85, 124, 131, 142, 143, 145, 150, 193
keep a record of the relevant details of information you find online	52, 204
use social bookmarking to organise and share information	52, 204
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create information digitally, e.g. using Microsoft Word, Excel, etc.	74, 104, 176, 196, 203, 204
communicate with others online (forums, blogs, social networking sites, audio, video, etc.)	197, 204
work with others online to create a shared document or presentation	74, 170, 196, 226
use technology as a tool to research, organize, evaluate, and communicate information.	35, 74, 85, 104, 106, 122, 124, 131, 142, 143, 145, 150, 166, 170, 175, 176,

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